

# SCAN

MAY 2012

SHANKILL COMMUNITY NEWSLETTER

VOL. 17, No. 5



## SHANKILL F.C.



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**LOST**

Ladies wrist watch lost near the children's playground in Shanganagh Park on Sunday 1st April.

If found please contact SCAN office 086 106 5264.

### **SCAN CONTACT DETAILS**

C/o ST. ANNE'S N.S.  
STONEBRIDGE ROAD  
SHANKILL

TEL: 086-1065264

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scanshankill10@eircom.net

#### **OFFICE HOURS:**

Monday to Friday  
9.30am - 12.30

## **SCAN DEADLINES**

The deadline for articles and advertisements for inclusion in the **JUNE 2012** newsletter is **12th MAY 2012**.

The editorial board does not accept any responsibility for any views expressed in contributions to the magazine.

**Due to space restrictions publication of all articles cannot be guaranteed.**

### **EDITORIAL BOARD**

Articles/Content: Bríd Meehan  
Barbara Lyons  
Sheila Thomson  
Madelon  
Geoghegan

Advertising: Deborah Keogh

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**SHANKILL  
COMMUNITY**  
who are voluntary,  
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and  
unpaid

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### **OPEN AFTERNOONS AT SHANKILL OLD FOLKS**

MAY 23rd and 30th  
2.30 p.m. – 4.00 p.m.

Many SCAN readers will already know about the monthly **BOOKSALE** which raises funds for the Shankill Old Folks Centre, but may not know that we have a **WEDNESDAY TEA CLUB**, open to anyone over 60 to come along and enjoy tea with sandwiches and cakes, raffle and bingo. We also organise outings and entertainments for our members.

As part of Bealtaine, we are hosting 2 open afternoons on May 23rd and 30th, when anyone can drop in and join us to see what we do. We are hoping to gather some photographs of old Shankill and the surrounding area, and also of our members in earlier years, and have them on display.

So if you would like to come along, or know anyone who might be interested in joining us, do drop in – we'd love to see you. And if you have any old photographs, please bring them along to add to the display.

Looking forward to seeing you.



### **NEW BUSINESS UPDATE**

We are pleased to welcome Andrew Boyce and his new venture,

**SHANKILL ANGLING CENTRE** recently opened in Shankill Village. It's great to see a new local business opening, particularly in these difficult times and we would like to wish Andrew and his colleagues every success in this new venture.

### **ACKNOWLEDGEMENT**

#### **Jen Napier, Shankill**

Jen's parents David and Eileen, sister Loraine, Fiancé Austin (Gus) Whearity and extended family wish to thank all those who sympathised with them in their recent bereavement, to those who called to our home, sent mass cards, flowers, attended funeral mass and burial. Sincere thanks to Jen's wide circle of friends, the palliative care team, Blackrock Hospice, the staff at St. Vincent's Private Hospital, O'Donnells Pharmacy, Shankill,, Jen's colleagues at Blackrock Clinic and Loughlinstown Hospital, The Garda Choir, Fr. Eamonn, Shankill and special word of thanks to Mark Kinsella and the staff at Thomas Murphy Funeral Directors, Bray. Jen's months mind mass was held on Thursday 19th April 2012 at 7.30p.m St. Anne's Church, Shankill.

### **BOOK SALE**

**Book Sale takes place on first Saturday of the month in the Old Folks Centre from 10.00am to 1.00pm.**

**All proceeds in aid of the Old Folks Centre.**

**Book donations welcome on the day**

### **SALTEE ISLAND TRIP**

Join the IWT and Willie Delaney on an exploration of the Saltee Islands. One of the most spectacular sights on the Salties in Summer is the sea bird colonies on the cliffs. Vast numbers of Guillemots and Razorbills pack the ledges and create an incessant din. Visitors will also see Fulmars, Shag and the amazing Gannet city, while the sight of the Puffins congregating in small groups near their nests is a spectacle not to be missed! The Great Saltee also has a breeding population of Grey Seals, one of the very few in eastern Ireland.

**Time 10.30am – 4.30pm**

**Date: Saturday, 12th of May**

Location: Kilmore Quay, Co. Wexford (full details of the meeting place will be available after booking)

Price: €55 euro for IWT members including boat fare. €90 for non-members (*price includes annual membership*).

**Booking: Places are limited and booking is essential.**

**Contact Conn on 01 8602839**

**Email: conservation@iwt.ie to secure your place.**

# SHANKILL TENNIS CLUB



Welcome to a new Membership year in Shankill Tennis Club – if you would like more information on the Club please visit our revamped website on [www.shankilltennisclub.com](http://www.shankilltennisclub.com) or telephone the Office on 01 2825400 and speak to a supervisor. New members are always welcome and the rates represent excellent value for sport for all the family.

Following our AGM at the end of March, we have a new Executive Committee as follows:

<b>Jimmy Cullen</b>	<b>Chairman</b>
<b>Mark Orr</b>	<b>Vice Chairman</b>
<b>Dermod O'Donovan</b>	<b>Hon Treasurer</b>
<b>Trish O'Neill</b>	<b>Hon Secretary</b>
<b>Rita Leonard</b>	<b>Asst. Treasurer (Coaching)</b>
<b>Brian Hogan</b>	<b>Membership Secretary</b>
<b>Maria Dowling</b>	<b>Ladies' Captain</b>
<b>Matt Connolly</b>	<b>Men's Captain</b>
<b>Sean Cassidy</b>	<b>Junior Co-ordinator</b>
<b>Chris Mallon</b>	<b>PRO</b>
<b>Brian Lee</b>	<b>Website</b>

All the very best to the Committee during its term of Office.

## JUNIOR NEWS

Congratulations to club member, Cólín MacNamara who came 1st in the Under 18's National Match Plays, at the age of 15, an excellent achievement.

Congratulations also to the Girls and Boys teams who took part in the recent Under 12 Stars and Stripes inter club competition. The Girls won the Girls' Cup, so well done to all who played.

The Juniors are currently involved in the Under 14 Stars and Stripes competition and Tennis Ireland Summer Leagues at Under 12 and 17 levels. Internally in the club, the children played in an Easter Egg Competition on Easter Saturday in memory of the late Kevin Byrne. There is supervised tennis for 10 to 12 year olds on Friday afternoons, social tennis for teenagers on Saturdays in the early evening and ongoing coaching for all age groups – a lot of activity to keep the children fit and occupied.

The Club will host the annual Dublin Parks Tennis League for the month of July, with registration on Friday 29th June in the Club. The Junior Open, held annually in the first week of August is now a Grade 1 Tournament and as always this promises to be a week of excellent tennis and good fun (Club members please note that help is needed with the running of this event – see notice in Club house).

## ADULT NEWS

The Club runs a full and varied programme for our adult members from social tennis with Men's (Thursdays and Sundays) and Ladies' mornings (Wednesdays), Mixed tennis on Wednesday evenings (all of these are open to non-members so come along and give it a try), to league competitions - the Club enters teams in all the DLTC Leagues and the Summer League will commence in early May. Adult coaching is available both on an individual and group basis.

In recent months we have competed in an inter-club Blue and Gold Mixed Competition, Charity Leagues for ladies, Easter Cup for men and our Vets and Graded Club Competition.

The Men's and Ladies Ladders are up and running and members are encouraged to challenge and play as many matches as possible. Shankill Tennis Club offers something for everyone – we also have a Bridge Club which is proving hugely popular and the club is host to a wide variety of outside community groups too.

Why don't you come down and check us out for yourselves?



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## MEET OUR COMMUNITY

## Dr. Patrick Irwin

Following 21 years of service to the people of Shankill Dr. Patrick Irwin has decided to retire from General Practice on the 2nd May.

Last week I was privileged when Dr. Irwin generously gave of his time and invited me into his surgery to discuss his career to date and answer some questions I wanted to put to him.

Patrick Irwin, a native of Galway city, was the eldest of eight children born to Paddy and Dell (Dehlia) Irwin. A neighbour and childhood friend, Ann, later went on to become his wife. He received his general education in Galway and later went on to NUI Galway where he trained to be a doctor.

As was common in those days his mother wanted to have a priest in the family but Pat decided that a doctor would be the next best thing.

I asked Dr. Irwin if anyone had influenced his decision to become a General Practitioner and he told me that he had been very impressed by a local GP Dr. McHale (there is a seat erected to him in Galway) who was a 'good old-fashioned' doctor who cared more for his patients than about making money.

Reading books about the lives of GP's also played a part in his decision, mentioning 'How Green is my Valley' as an example. But basically Pat always wanted to be a General Practitioner.

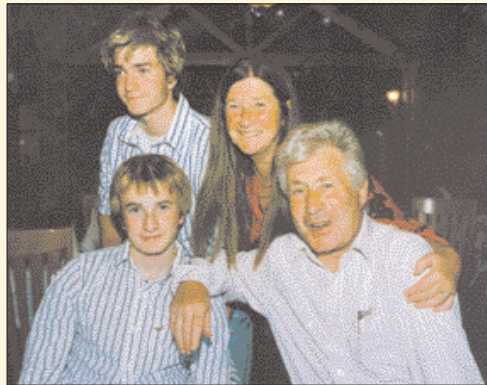
Following graduation in 1975 Pat spent 6 months as an intern on a surgical speciality in Limerick Regional Hospital. After that period there were no places available in Limerick to enable the completion of his training and Pat moved to Preston in England where he successfully completed his training. Thereafter followed 4 years specialist training to become a General Practitioner both in Preston and Bolton.

Once qualified as a General Practitioner Pat commenced working as a GP in Stillington, Stockton-on Tees and remained there for 10 - 12 years before returning to practice in Ireland. Pat was very much in favour of the English medical system where everyone is treated equally and no money changes hands between patient and doctor. Some of the best doctors he knew were those he met during his time in England.

During his time in England Pat lost contact with Ann but on a return visit to Ireland their relationship was re-established and marriage followed. Ann and Pat returned to England where their first son Pdraig was born.

Pat always wanted to return to work in Ireland and that wish was fulfilled approximately 22 years ago. He saw an advertisement in a paper for a small practice in Shankill which he was successful in acquiring. Pat, Ann and their family of two children moved into the house where the present surgery is and commenced practising in a small way. The surgery was in the front room and the family occupied the rest of the house.

Also at this time his now receptionist Mags came to work for the family. She was indispensable to the family helping Ann with the children and also when necessary greeting the patients on their visits to the surgery. Ann's help was vital to the development of the practice.



At that time Dr. McCusker was the other GP in the village and almost everyone attended his surgery. Although Shankill was a small, quiet village at the time the nearness of the Shopping Centre brought the presence of the surgery to the attention of the inhabitants.

The practice which was and is a family practice was run single-handedly initially and took quite some time to build up. It was about 5 years before Pat felt that he was finding his feet and 10 years before he really felt secure. Pat acknowledges that without the help of

Ann and Mags he might not have stuck it out. The total income for the first year was £2,000. (In comparison a General Medical Practice in England would have been paid more in one month). In Ireland Pharmacy practice was much more profitable than GP practice.

As the practice grew an extension was put on to the house for the surgery and eventually the family moved to their own home in Shankill and rented out the top floor to tenants.

At that time GPs worked long hours Monday to Friday and also provided a surgery on Saturday mornings until 12 midday. All outside hours were covered by a rota of GPs within a defined geographical area. Pat joined a walking group and if he was not on-call on a Sunday went walking on the Wicklow Way which provided relaxation after a long weeks work. Later on he took up golf and now plays off a modest handicap. Ann is also a golfer and sometimes joins him on the golf course.

As the size of the surgery increased Pat was anxious to take on a partner in the practice and although it took a long time he is now happy to have a husband and wife team take over the practice and grow it in line with the HSE Development plans for Primary care teams. Pat believes that one of the best ways forward in planning for the future lies in the provision of medical cards for everyone.

On asking Pat if he had prepared himself for retirement in any particular way he said that he hadn't but had first started thinking about it some years ago when one of his sons was seriously ill. His son made a full recovery but it was an extremely stressful time for Ann and himself. Both sons are now in college pursuing their own career paths but neither of them is following him into the medical profession.

Pat's main regrets are around the lack of involvement in the future of the practice but mainly he will miss the people - partners, staff and the many patients he has come to know over the years. One thing he will not miss is the paperwork.

Besides playing golf Pat is a social member of the National Yacht Club and hopes to develop his interest in sailing of which he has done a little. Winter golf breaks may also feature in the future. Pat has always said he would like to buy a vintage car - 'just to get from A to B'; so watch out for your former GP gliding elegantly down the main street in his vintage motor in the future!

I wish to thank Dr. Pat for all his years of caring for the sick and needy in Shankill and wish him and Ann many happy years as they open a new chapter in their lives together.

— Madelon Geoghegan

## LETTER OF THANKS FROM DR. PAT IRWIN

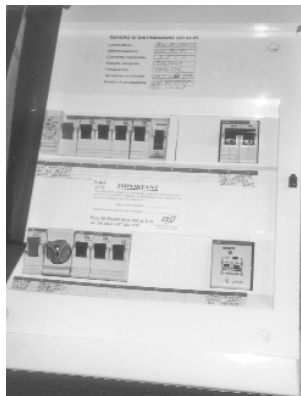
## Athgoe Surgery

*Dr. Pat would like to thank all the patients who attended and supported him over the last 20 years.  
Many thanks from Dr. Pat, his wife Ann and Secretary Mags.*

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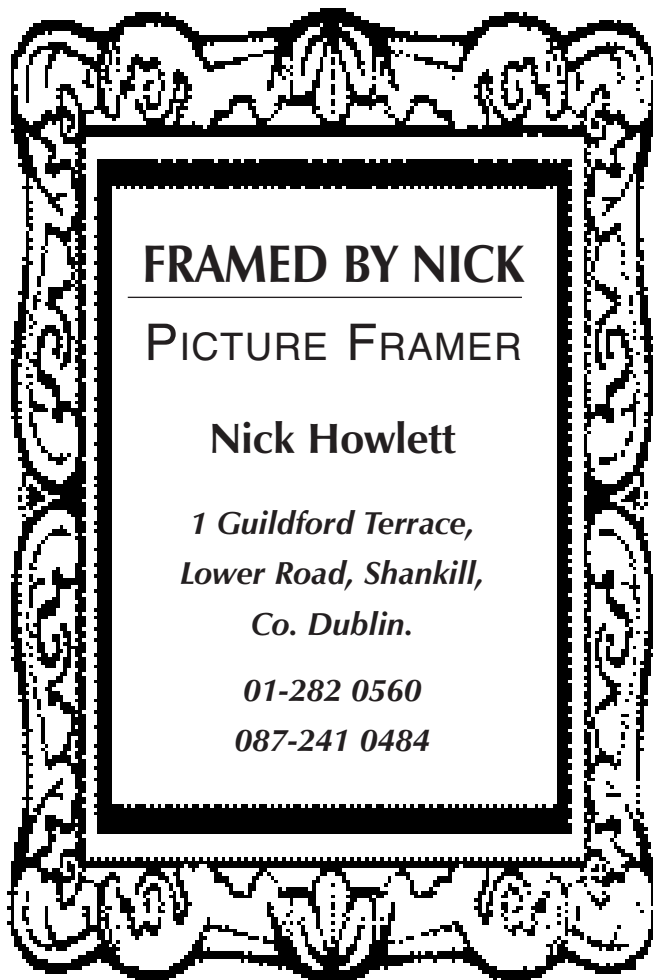
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# SHANKILL CLASSICAL MUSIC CLUB



## *Spanishry, literature and more*

We were sad to learn of the recent death of Mary O'Rourke, a member for several years. She introduced two or three most interesting and well researched programmes, sometimes with the help of her husband, Richard. Mary had a huge knowledge of music and clearly loved to impart this to others. May she rest in peace.

### MARCH AND APRIL 2012 MEETINGS

Twenty-four pieces, twenty-one composers, four presenters: there was no lack of variety at the March and April meetings of the Shankill Classical Music Club. The Spanishry turned up in both halves of the March session, presented by Sheila Thomson and Triona McGarry, in the form of a violin piece by Sarasate, a solo guitar piece by Turina and the spectacular *Alborada del Gracioso* for full orchestra by Ravel. The sunshine of the Sarasate habanera gave way to the chillier waters of the Scottish Isles, in a strikingly atmospheric choral setting by Michael Tippett of the familiar *Over the Sea to Skye*. Solo voices surfaced in an aria by Donizetti and songs by Grieg and by Schubert (the well-known Ave Maria). A complex fugal finale from an early string quartet by Haydn, a Brandenburg concerto by Bach, a piano concerto movement by Beethoven, a thumping scherzo from a Bruckner symphony, and the languid flute of Debussy's *Prélude à l'après-midi d'un faune* all contributed their differing moods and textures to a varied mix. And the less said about Triona's yodelling surprise piece the better!

For the April session, Bruno Orsi and John O'Hagan drew on music inspired by literature. Bruno concentrated on music associated with the many Shakespeare plays set in Italian cities. So we had grand romantic tragedies set in Venice, in the form of a love duet from Verdi's *Othello*, and in the Verona and Mantua of *Romeo and Juliet* (the searing *Death of Juliet* scene from Prokofiev's ballet). There was



William Shakespeare

lighter relief in movements from a suite of incidental music to the *Merchant of Venice* by Arthur Sullivan (of G&S fame), and a colourful and engaging orchestral overture on *The Taming of the Shrew* (Padua and -again - Verona) by the splendidly named Mario Castelnuovo-Tedesco (more Spanishry!).

Bruno's programme had begun with another Verona reference, the setting by Schubert of the song "Who is Sylvia" from *Two Gentlemen of Verona*. Not surprisingly, Schubert lieder turned up again in John's half of the programme, devoted to Goethe. This was the famous song *Gretchen am Spinnrade* from *Faust*, which the seventeen year old Schubert launched on a startled Vienna in October 1814. There were also romantic songs by Schumann and Tchaikovsky (how many of us knew that the famous *None but the Lonely Heart* is to a Goethe text?), and two versions of the frivolous *Sorcerer's Apprentice*: a vocal setting by Loewe of the original ballad, and the familiar (from Disney's *Fantasia*) orchestral tone-poem by Dukas. Romantic opera turned up in an aria from Massenet's *Werther*, and the evening ended with the final movements from the incidental music by Beethoven for the grand tragedy of the patriotic hero *Egmont*.

For full details of all the pieces and performers, see our website <http://www.shankillclassical.org>

*Shankill Classical Music Club meets at 7.45pm on the first Wednesday of each month (except July and August) in the Old Folks' Association Centre, Lower Road, Shankill. New members are always welcome. The next meeting will be on Wednesday 2 May. For further information see the website or ring John O'Hagan (087-210 9175).*

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## COOKERY PAGE

By Vivien Reid

# Fish is easy to cook and good for your health

Everyone knows that fish is good for you. The fats found in fish are thought to help our circulation and prevent heart disease. This is especially true for fish like salmon, tuna, mackerel and sardines, which are rich in fish oil (omega-3). New evidence suggests they can even aid in preventing diseases like Alzheimer's and Strokes. But it seems that many people are afraid of cooking fish at home since we eat twice as much fish in restaurants as we do at home. Buying, storing, and cooking fish isn't difficult; it just requires a little knowledge.

### BUYING FISH

**Smell it!** Fresh fish should smell sweet and fresh: you should feel that you're standing at the ocean's edge. Any fishy or strong odours means the fish is not at its best. Fresh fish is moist and delicious.

**Look at it!** Whole fish should look as if they had just come out of the water - bright eyes and firm flesh are signs of freshness. Fish fillets or steaks should be firm and bright looking, with no brown spots or discolouration.

**Freeze it!** Fresh fish should be stored in your refrigerator for only a day or two; it's very perishable. If you need to keep it for longer than that, wrap the fish well in freezer paper and a freezer bag and freeze it. Unless you live near a coast with a reliable supply of freshly caught fish, most fish that you buy will be sold frozen. Keep it frozen until you're ready to cook it. Fish can be thawed in the refrigerator, or under cold running water, or in the microwave. Be sure to cook it as soon as it has thawed.

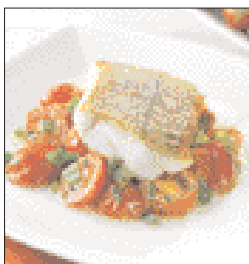
**What about bones?** Many fish, including trout and salmon, have a double rib cage, so the fillets may have small pin bones. You can remove these by pressing the flesh with your fingers, and removing the bones using a tweezer. If you find this hard to do yourself ask your fishmonger to remove any bones for you. You can have the skin removed too if you wish. It usually costs a little bit more but may be worth it to have the fish ready to cook.

A convenient way to buy fish is pre packed and ready for the oven. This is usually in the chilled food cabinet and is ready to put in the oven or microwave - follow the cooking instructions on the pack carefully. This way you will not have to handle the fish and reduce the likelihood of smells in the kitchen.

PM O'Loughlin Foods in the Barbeque Centre, Shankill has fresh fish delivered every Wednesday, Thursday and Friday. For a bigger variety of fish, check out the Coal Harbour outlet in Dun Laoghaire.

### TO MARINATE, OR NOT?

Marinating fish adds flavour and moisture to the flesh, but it should only be marinated for a short time. If fish sits in acidic ingredients for more than 30 minutes, the acid will begin to break it down and you will have a mushy fish



when it's cooked. Even richer fish like salmon and tuna should only be marinated for about an hour.

To make a marinade combine vegetable oil with an acidic ingredient like chopped tomatoes, red wine vinegar or lemon juice, and season with salt and pepper. Depending on your taste, other seasonings can be added such as fresh thyme leaves, parsley, chopped jalapeno peppers or crushed red pepper flakes.

### DON'T OVERCOOK!

There's a delicate balance between perfectly cooked fish and overcooked fish. First of all, remember the principle of residual heat: a pan will hold heat when it's removed from the heat source and continue to cook the food for several minutes. For best results, cook fish until it's almost done, then remove the pan from the oven, microwave, stovetop or grill and let it stand for a few minutes to finish cooking. Because fish has very little connective tissue and fat, it is quite delicate when cooked. A reliable way to test if the fish is cooked is to see if the fish 'flakes'. Insert a fork or knife gently into the thickest part of the fish and twist. The flesh should begin to separate easily.



## Zumba for all levels of fitness

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## COUNCILLORS' QUESTIONS

### Councillor Carrie Smyth

#### PROGRESS REPORT ON LAND BETWEEN STONEBRIDGE ROAD & PEDESTRIAN LIGHTS AT ST. ANNE'S CHURCH

**Question:** Councillor C. Smyth "To ask the Manager for a progress report on the work that is planned to take place on the area of land between the junction of Stonebridge Road and the Pedestrian Lights at St. Anne's Church in conjunction with the Council and Shankill Tidy Towns?"

**Reply:** "The 6 decorative public lighting columns and lanterns for the scheme have been ordered in December 2011 as there is a long delivery period on these. Subject to the delivery of these, it is intended to proceed with this work in February / March."

**FLOODING ON ROAD/FOOTPATH** at the pedestrian access from Quinn's Road on to the green area on Corbawn Drive

The contractor of the pipe laying has been made aware of drainage issues in this area and will liaise with drainage department when re-laying road surface. He has agreed to install new gullies if required, and if agreed with Drainage Dept. Contact: Michael Mangan, Senior Engineer, Projects Office

#### NIGHT TIME LIGHT FROM SHANGANAGH WASTEWATER TREATMENT WORKS

The Contractor (SDD Ltd.) for the new Wastewater Treatment Works at Shanganagh is obliged under the contract to ensure that all external site lighting is suitably designed to minimize and limit spill light interference to adjacent properties. Since the introduction of the new lighting, surveys have been undertaken on two occasions to determine the level of lighting. On both occasions, tests were carried out at night time with readings taken using a lux meter at various locations around the site boundary

and at adjacent receptors. Readings were taken first with all site lighting switched off and then with the site lighting switched on to establish the spill from the site. The level of lighting recorded on both occasions was significantly below what is regarded as nuisance level.

Notwithstanding the above, SDD have recently adjusted the multi-directional lighting pole in the middle of the site so as to minimise any light spill to adjacent properties. Contact: Michael Mangan, Senior Engineer, Water Projects Office

#### KILOMETRE MARKING ROUTES WITHIN SHANGANAGH PARK

There are presently markers/signs in Shanganagh Park delineating the 2 km walking/running route at distances on 0km, 1km, 1.2km, 1.6km, 1.8km and 2km. The route begins at the playground and finishes close by. Arrangements will be made to place a map of the park within existing signs within the park outlining the route.

#### RENEWAL OF LINE MARKINGS FOR DISABLED PARKING BAY IN SHANKILL VILLAGE

**Question:** Councillor C. Smyth "To ask the Manager to renew the line markings for the disabled parking bay in Shankill Village and erect a sign notifying motorists?"

**Reply:** "The renewal of the line markings for the disabled bay in Shankill Village will be put on our lining contractors list of works to be carried out. The feasibility of erecting a sign at this location will also be examined."

## Councillor Carrie Smyth

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## COUNCILLORS' QUESTIONS

### Councillor Denis O'Callaghan

#### O'CALLAGHAN WELCOMES €30m SPORTS CAPITAL FUNDING

The Labour Party Cllr for BALLYBRACK/SHANKILL, Denis O'Callaghan has welcomed the announcement of a €30m fund for sports clubs and organisations to upgrade their facilities over the next four years. The fund is currently open to applicants who can receive grants of up to €300,000 to upgrade facilities or pitches or to purchase equipment.

"This is the first round of Sports Capital Funding in four years, and while the fund may be less than in other years, applicants only have to raise 15 per cent in 'matching funding' which is half of what was required in previous years, while those in Clár and RAPID areas only have to raise 10 and 5 per cent respectively. There is also better value to be had and the funding will stretch much further than it would have in the boom times.

"Any club in the Ballybrack Electoral Area which includes Shankill, Old Connaught and Rathmichael areas can apply for the funding and even more clubs than ever before will benefit as the rules on land ownership have been relaxed. This means that not all applicants have to own the land or have it on a long lease as was previously required.

"The provision of this funding demonstrates the government's commitment to providing quality sporting facilities to the many clubs across Ireland that play such a central and vital role in local communities. The funding will also create much needed employment.

I would encourage clubs in the areas outlined who are



**Labour** 

### Cllr. Denis O'Callaghan

#### Working With The Community

##### ADVICE CLINICS:

**Saturdays: 10am-11am** Playschool  
Coolevin, Ballybrack

**Mondays: 8pm-9pm** Shanganagh Park  
House, Rathsallagh, Shankill

**By Appointment:** County Hall Dunlaoghaire

Mobile: 0862785609

Email: [denisoc@cllr.dlrco.ie](mailto:denisoc@cllr.dlrco.ie)

interested in applying for funds to send in an application which can be found on [www.sportscapitalprogramme.ie](http://www.sportscapitalprogramme.ie).

\*The deadline for applications made online and those made in Irish, including a hard copy of the signed application form and all supporting documentation, must reach the Department by 5pm on Friday 1st June 2012.

#### COUNCIL INVITES IN STAKEHOLDERS FOR FURTHER DEBATE AROUND BEACH BYE LAWS

Dún Laoghaire-Rathdown County Council has announced that following a period of public consultation on Draft Bye Laws proposed to amend the existing regulations regarding the control of dogs on beaches, a range of interested parties will be invited into County Hall to engage in further debate around the issue.

Under the current bye-laws "no person shall take or allow to enter on a beach any animal which is under their ownership or control during the hours of 10.00 a.m. and 7.00 p.m. June to September inclusive." At all other time dogs must be kept on a leash. Under the new Draft Bye-Laws it is proposed that dogs will be allowed off-leash outside of the designated bathing areas at certain times, which is less restrictive than the current regulations.

A spokesperson for DLR says that the Council "is delighted to see a very real engagement with the consultation process, which has generated almost 600 submissions representing a wide and diverse range of opinions." The Council is proposing to invite in a number of stakeholder groups selected from these submissions, to present their views to a meeting of one of the Council's Strategic Policy Committees in June. The Strategic Policy Committee comprises Elected Members of the Council as well as representatives from various interest groups in the County.



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# Improvements to Stonebridge Road junction, Shankill

*Cllrs. Smyth and O'Callaghan*

The Shankill Tidy Towns committee have requested some improvements be made to the approach to Shankill Village. Following a number of meetings a scheme layout has been agreed and funding identified. If you wish, we can give you a brief on the planned improvements on Monday afternoon before the Area Committee Meeting.

The scheme involves conversion of some of the large paved areas to grassed areas, on one side of the Stonebridge Road at the junction with the Dublin Road, and along the Dublin Road from Station Road to the pedestrian crossing opposite St. Annes Church.

Some upgrades to public lighting and tree planting will be carried out. It is also proposed for Dublin Bus to provide an upgraded shelter within the scheme, and DLRCC will provide some cycle parking adjacent to the bus stop.

This is a very small scheme, but will improve the visual impact of the gateway into Shankill village.

Further to informal discussion recently, as this is a scheme proposed by the Shankill Tidy Towns Committee and commented on and facilitated by various sections within DLRCC (Parks, Public Lighting, Roads Maintenance, Traffic, etc.) we are writing to the Tidy Towns Committee to ask them to liaise directly with affected residents.

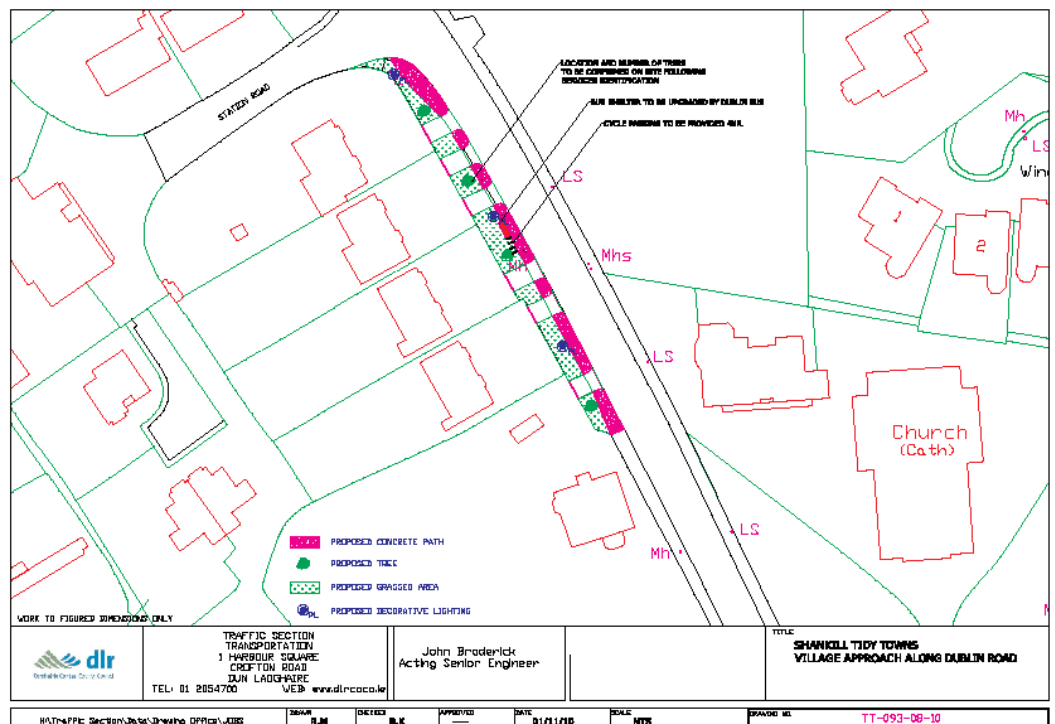
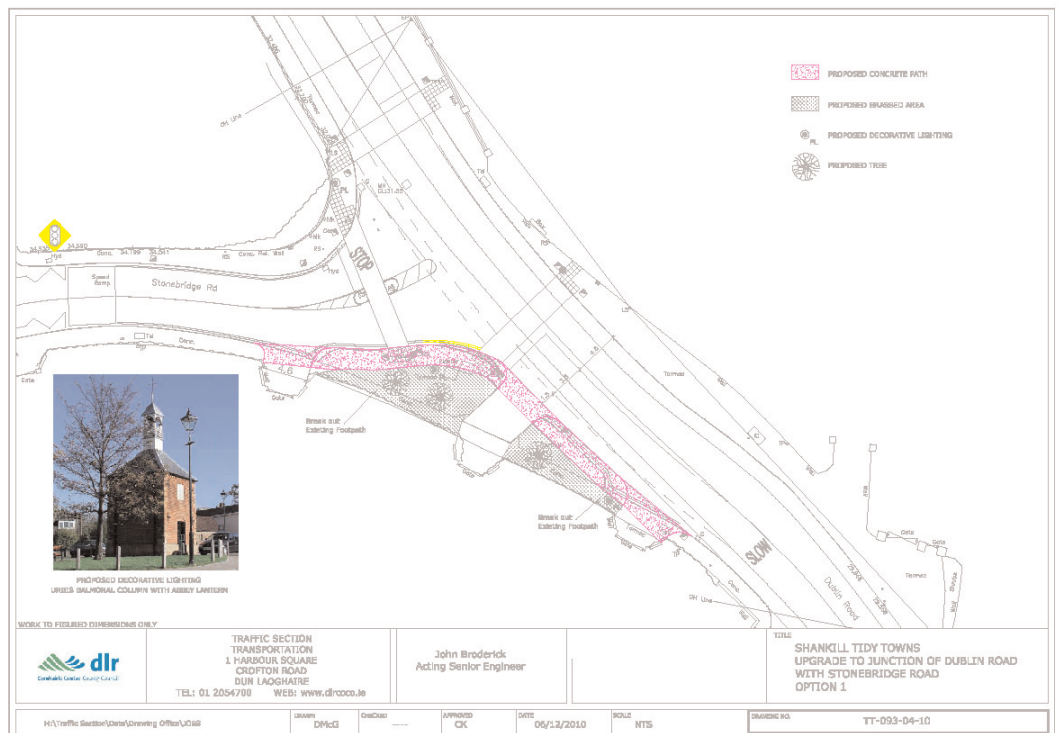
This will afford them the opportunity to put forward their reasons for the scheme, to discuss the concerns of those immediately affected, and to find some common ground agreeable to all.

The proposals should be reasonably representative of the local population.

We will ask that they

meet to discuss this over the next two weeks, and will keep you informed of the outcome. We can certainly arrange for a meeting to be held on site the week of 23rd April to either discuss amendments to their plan or to address any lingering concerns, etc.

*Regards,  
Carol Kavanagh  
Executive Engineer - DLRCC Traffic Section  
Transportation Department*



## EXPLORING NATURE —DLR BIODIVERSITY EVENTS

**Saturday 12th May** - Insects and Plants on Killiney Hill - 2.30pm – 4.30pm - Killiney Hill; meet in the main car park. Join us for a nature walk around Killiney Hill and Dalkey Quarry to explore the animal and plant life and the geology of the area. Bring along a magnifying glass or hand lens if you have one. **Leader:** Katharine Duff, experienced local naturalist. No booking required.

**Saturday 19th May** - Killiney Hill Bird Walk - 9am - Killiney Hill; meet in the main car park. Join us for a walk around Killiney Hill to listen to and observe birds living in the park. **Leader:** Members of BirdWatch Ireland (South Dublin Branch). No booking required.

**Sunday 20th May** - National Dawn Chorus Day - 4am - Cabinteely Park; meet in the main car park. Come and meet the dawn and the chorus of birds that will greet it as we go for a walk around the park. **Leader:** Members of BirdWatch Ireland (South Dublin Branch). No booking required.

**Friday 25th May** - An Evening Bat Walk - 9.15pm - Marlay Park; meet in the main car park. Join us for a walk around the park to observe bats flying and feeding in the area. **Leader:** Tina Aughney, Bat Conservation Ireland. Booking Required: **Contact** Tina on 086 4049468, info@batconservationireland.org

**Sunday 27th May** - Rock Pooling for Families - 10am – 12pm - Meet at Sandycove Beach.

Join us for this family event, looking at life amongst the rock pools. Bring along a bucket and spade.

**Leader:** Andrew Fleming (Mouse), OWLS. Booking Required: Contact Andrew on 087 3299936 or Email info@owls.ie. **Leader:** Declan Doogue, experienced local naturalist. No booking required.

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# HOME SECURITY — Checklist Challenge (Part 2)

## HOLIDAY SECURITY

- |  |                          |                          |
|--|--------------------------|--------------------------|
| 1 Have you a reliable neighbour whom you can notify of your travel plans and give a key to, with a request for a periodic house check? | Yes                      | No                       |
|  | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 Do you have a neighbour collect your mail or newspapers when you are away or do you avail of Mailminder from An Post?                | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 Do you cancel all deliveries?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 4 Do you have your neighbour park his / her extra car in your driveway when you are away from home?                                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 5 Do you arrange to have your lawn mowed?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 6 Do you notify the Gardaí of prolonged absences from your home?   | <input type="checkbox"/> | <input type="checkbox"/> |

## ELECTRONIC SECURITY

- |  |                          |                          |
|--|--------------------------|--------------------------|
| 1 Do you have an intruder alarm system fitted and do you use it?                             | <input type="checkbox"/> | <input type="checkbox"/> |
| 2 Does it conform to the European Norm standard EN 50131?                                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 Is it maintained and serviced annually?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 4 Are you aware of the current Garda Intruder Alarm Policy?                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5 Do you know how to operate and use your alarm system functions?                            | <input type="checkbox"/> | <input type="checkbox"/> |
| 6 Have you considered connecting it to a monitoring centre or your mobile phone?             | <input type="checkbox"/> | <input type="checkbox"/> |
| 7 Have you appointed a keyholder(s) and will they respond appropriately to alarm activation? | <input type="checkbox"/> | <input type="checkbox"/> |

Issued by the Garda National Crime Prevention Unit, Garda H.Q., Harcourt Square, Dublin 2.

This checklist is a guide only; if you require further advice please check, [www.garda.ie](http://www.garda.ie) the crime prevention page.

Remember that all contractors installing alarms should be registered with the Private Security Authority [www.psa.ie](http://www.psa.ie) you are advised to check their website for further information.

In areas with neighbourhood watch please talk with your area coordinator.

As always if you have a specific issue you can talk to any member of An Garda Síochána at Shankill Garda Station or telephone on 01 6665900.

Your insurance company also may be in a position to advise you of measures you could take to improve your security and reduce your premium.

There is a rise in burglaries slightly this year. The main concern is the amount of people who don't set their alarms - in the region of 40-60% of people who have alarms are not setting



them. It is important that alarms are set even when in the house and especially at night or when outside i.e. gardening for long periods. The checklist is just to get householders thinking, when they are doing checklist and upgrading security that they should also think fire safety as well, no point in locking yourself into the house and in the event of fire not being able to get out. All homes should have a smoke alarm installed.

There is also an issue with older people being targeted in neighbouring Garda districts with various types of bogus callers offering building work, services, selling bed linen and claiming HSE will refund them, this is not the case. We haven't had this type of incident locally recently that we are aware of, but this is one of the aims behind the message in a bottle initiative in March edition to prevent these types of crime.

This checklist is a guide only; if you require further advice please check, [www.garda.ie](http://www.garda.ie) the crime prevention page.

**Remember that all contractors installing alarms should be registered with the Private Security Authority [www.psa.ie](http://www.psa.ie). You are advised to check their website for further information.**

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# SHANKILL BOWLING CLUB



Ann Wainwright, President, presenting prizes to Competition winners Eileen Magee, Joe Byrne and Carol Moore.

The "Charity Day" in support of Dylan was a mighty success by any standards, whether it be financial, bowling or social. Over six rinks of bowlers from our neighbouring clubs, Bray, Dun Laoghaire, Greystones, also Blackrock, eleven from Crumlin B.C. and several from Dun Laoghaire Golf B.C. went to make it a very enjoyable day indeed. A sum of €2400 was raised towards the funds required to send him to America for the operation to help him walk. Included in this total is an amount in excess of €500 raised by Brigie Fraser in her own fundraising activities from

flower arranging, etc. It was generally agreed that the event was a credit to the club and Maura Hughes deserves a lot of praise for her part in organising it.

The Winners of the raffle were Ray Carroll, the Stena Line car voucher (1); Brigie Frazer, the crystal candle holder (2) donated by Rita Saunders.

On Wednesday 4th April the Lady members held the final of their "Spring Lamb Competition". With the winner being Joan McStay, congratulations to Joan! This was followed by a meal at "One Café" arranged by Liz Mc Elhinney where a bouquet of flowers was presented to Maura Bannon, social sec. who organised outings and the break in Killarney where we enjoyed glorious weather, good bowls and excursions to the Lakes. A big "thank you" was said to Nuala Shortt who continues to do excellent work as Ladies Captain.

The Clubs competitions are underway now and those involved should arrange to complete their fixtures before the due dates.

Both the ladies and mens Leagues are starting and we wish our teams the very best in the coming weeks and months and also to those members brave enough to represent the Club in competitions.

In conclusion, the Shankill Bowling Club would like to be associated with the condolences offered to the family of the late Bertie Messitt, a true sporting icon. R.I.P

New members always welcome, just call in anytime.

*Paddy Hughes P.R.O..*

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## Champions of Hope Transform Lives in Uganda

Champions of Hope is an initiative started last year by a group of 10 year old children from Crinken Church who have a real heart for children without water around the world and who declare 'It's Not Fair'. Over 1.1 billion people have no access to safe drinking water. The crisis is worst in places like Uganda where 2 in 5 people lack safe water. A baby here is 520 times more likely to die from diarrhoea than one born in Ireland.

Crinken Church's 10 year old Champions of Hope first burst into action in 2011 when they managed to raise enough money to fund the drilling of two wells by Fields of Life. They have repeated their fundraising efforts in 2012 raising money by washing cars, organising bake sales, participating in sponsored runs and running a mini market that itself raised more than €1200. Most impressively the 10 year olds have donated their own money raised by giving up something particularly important to them over the Lenten period. On Sunday April 1st they walked the mile from Shankill Village to Crinken Church carrying bottles of water as a symbolic gesture. Many Ugandan children face treks of up to 10 kilometres daily to fetch water that is often contaminated. Following the walk, a cheque for €5,093 was presented to Richard Spratt, CEO of Fields of Life. Since then, that amount has risen to €5,450!

To our delight, Richard showed us images of the well that was drilled last year. For the first time in her life, Sarah, aged 72, had clean, disease-free water to drink. It is with this image in mind that we look forward to next year to see how we as a community can impact the lives in Uganda through our small sacrifices.

Here are some of the comments from the children having completed the project:

*'We read Isaiah Chapter 58 and I learnt to really think about the poor', Dave, 11*

*'It has changed me to think of others before myself', Jacob, 11.*

*'The well project has taught me not to take water for granted', Calvin, 11*

*'The best thing about doing this was the sense of saving lives while having fun', Jasmin, 12.*

Fields of Life operates in some of the poorest areas in East Africa. Since 1995



it has built 103 schools, 4 health centres and drilled more than 180 wells. Trevor Stevenson, the founder of Fields of Life and now Rector of Crinken Church, said "It is amazing and very inspiring to see what a group of 10 year old kids have achieved and particularly the personal sacrifices they have been prepared to make. Their efforts have literally transformed the lives of 150 households in four villages, in one of the poorest areas on the face of the planet". The goal of Fields of Life is to drill 1,000 wells by 2019, with the aim of bringing safe, clean water to 1 million people. **If you would like to know more about being a Champion of Hope with your community group and participate next year during Lent, please contact Olly Adams (086 0884959) or Trevor Stevenson, Rector of Crinken Church (087 9812025)**

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# SHANKILL F.C.

## SHANKILL FC Upcoming Events

While we are getting down to the business end of the season with the teams playing for titles and/or survival there are many other events on the club calendar, these include:

### April - Under 13 Trip

The team travelling to Barcelona to compete in a tournament.

### May 5th - Panthers Fun Day

This is a tournament hosted by Shankill FC for our newest and youngest footballers. The age group is five to seven year olds with the emphasis being on a fun day out for the both the players and their parents. It is a non-competitive tournament. Other local clubs are invited to take part in the day.

## SHANKILL FC UNDER-10 A1 IN PRIME POSITION TO PUSH FOR TITLE

The Under-10 A1 team, having secured three promotions in a row and advancing from division C to the lofty heights of A1 finds itself in a great position in the league going into the Easter break. They are unbeaten so far and are sitting three points behind the leaders with a game in hand and the leaders to play. So with four games to play it is all in our own hands. If the lads can win all four games they will be champions. No easy task at this level but they are well capable and will I am sure give it their best shot. The players have worked really hard to get to this level and they enjoy their football so much that it makes coaching them a pure joy. They all love playing and training. They play the game with a smile on their faces and are a real credit to both the club and their parents. We play on Sunday mornings in Shanganagh Park and if you make the



trip to watch this team you will not be disappointed. You will witness a standard of football that the Premier league would find hard to match.

## SHANKILL FC IN THE COMMUNITY



Shankill FC Boys and Girls teams took part in the tidy town's community spring clean last month. The pictures are some of the players doing their bit for the community. This is a great initiative and one that Shankill FC is proud to support

## FRIENDSHIP TOURNAMENT

Shankill F.C. welcomed Krusenbusher S.F.V to Shanganagh Park on March the 31st 2012 to play in the Friendship Tournament.

For more details visit our web site  
[www.shankillfc.com](http://www.shankillfc.com)

## PANTHERS

Was your child born in 2005 or 2007? Then why not bring him or her along to our Soccer Academy on Saturday mornings at 10.00 in Shanganagh Park.

The Academy is a new initiative designed to provide coaching for younger children in the basic skills of soccer in a friendly and safe environment. Each coaching session will be for one hour's duration.



Brian, Brendan and their team will be on hand to provide the training sessions every Saturday morning. This will provide a strong base for the club in the future. The Panthers are currently training in Shanganagh Park. Saturday Mornings from 10 am until 11am.

# SHANKILL F.C.



## May 26th - Under Ten Blitz.

One day tournament is kindly sponsored by John Brady and we invite some of our neighbouring teams to compete in a round robin style tournament. Always a great day out and thoroughly enjoyed by the kids.

## June 2nd - Girl's tournament

Details to be confirmed

## June 1st - Under Ten Trip

The U10 AI team are travelling to Cork to compete in the Cork Cup



## July/August – New Season Recruitment

July/August – Pre Season Training Commences

## August – Street League TBC

## September – Season KO



### SHANKILL FC GIRLS

It's being a busy year for girls football in Shankill, with both the U-11s and U-13s doing well in their leagues. Both teams received their new kits from LA Creative Make-Up Academy, many thanks to Lorraine O'Neill for her kind sponsorship.

The U-13s took part in a clean-up around Shanganagh Park House and received a voucher for DLR leisure centres for their hard work, well done girls. Back on the pitch 6 girls were chosen for trials at the Oscar Traynor Centre to go into a Met Girls League Academy, (Isobel, Sinead, Ciara, Aoibh, Lydia & Albhe). Congrats to all the girls but especially to Lydia Cook who was chosen to play against the Arsenal Girls Academy.

Following on from this Shankill FC are planning our own girl's tournament to take place on June 2nd. If you are interested in joining the club checkout the web-site or contact Barry on 0868167487.

### UNDER-13 BARCELONA ADVENTURE

The squad of the U-13 Shankill FC team, parents and supporters headed off to the explore football Barcelona Style recently.

After many months fundraising through cake sales, raffles and most recently cleaning the streets of our beloved Shankill this intrepid group managed to raise enough money to pay for all the children going.

The Shankill U-13s are Ireland's only representative club and they will compete with great pride against sides from Belgium, Germany, France, Switzerland and Sweden amongst others in the Trofeo Mediterraneo III.

It has been a good year for this squad, their best yet. The U-13s are now at the top of their league table of 14 in the SDFL Sunday league and are now unbeaten in 10 games.

Credit is given to all the parents and supporters of our local Shankill Football Club. There are teams of boys and girls from the ages of 5 years plus enjoying football in the park every Saturday and Sunday.

Our U-13s are especially grateful to the sponsors of their new tracksuits and bags, COMMSCOPE.com - and St Raphael's Credit Union. The team head off looking the part.

Shankill FC would like to thank all its sponsors and supporters without which the club could not survive  
[www.shankillfc.com](http://www.shankillfc.com)



## Shankill FC Committee

Chairman:  
Brian Moore

Vice Chairman:  
PJ Keating

Secretary:  
Brendan Yates

Treasurer:  
Tim Cullinane



## Mitchell O'Connor raises concerns over development of Cherrywood

New villages could have negative impact on established areas like Dun Laoghaire, Shankill, Ballybrack, Dalkey, Blackrock, and Glasthule. Fine Gael Dun Laoghaire Deputy, Mary Mitchell O'Connor, has made a submission to Dun Laoghaire/ Rathdown County Council outlining concerns over the impact the Cherrywood Strategic Development Zone could have on Dun Laoghaire and the surrounding areas.

"The Draft Planning Scheme for the Cherrywood Strategic Development Zone details a 264 hectare green field site for development which would consist of three new villages, served by a town centre, with the capacity for three primary schools and two post primary schools.

It is a cause of genuine concern that this massive development will have a detrimental effect on towns such as Dun Laoghaire, Shankill, Ballybrack, Dalkey, Blackrock and Glasthule if this proposal gets the go ahead. Whilst it may have been a good idea to rezone this land in 2009 this is now not sustainable given that shops and businesses are under huge pressure to operate in these difficult trading times.

"Consideration must also be given to how a major population move to Cherrywood will impact on house prices and school pupil numbers in the already established centres. In the last months alone a private primary school has closed in Dun Laoghaire town and I am aware of four other State primary schools in the Dun Laoghaire Electoral Area Ward that are set to lose significant pupil numbers. There is also pupil capacity in a number of our state run Secondary Schools in the area.

"The water supply to the development is also a cause for concern as the security of supply from Roundwood Water Treatment Works which Cherrywood area is totally reliant

upon may not sustain a development of this scale.

"For too long planning authorities have acceded to short term plans because of commercial expediencies to developers. We must ask ourselves if this development is the best strategy for this area at this time. We already have an oversupply of unfinished office blocks and apartment units, many of which are empty, in places such as Leopardstown. It is my strong belief that we should get our existing towns back up and running before embarking on new developments such as this."

### €55,000 in funding for Dun Laoghaire will help tackle litter and graffiti

Fine Gael TD Mary Mitchell O'Connor for Dun Laoghaire has welcomed funding totalling €55,000 for Dun Laoghaire-Rathdown to help tackle the problem of litter and graffiti. The funding has been announced by the Minister for Environment, Phil Hogan, as part of the provision of more than €2 million in grants to local authorities nationwide.

"A total of €35,000 has been allocated to Dun Laoghaire - Rathdown under the Anti-Litter and Anti-Graffiti Awareness Scheme. Using this money, local authorities will be able to select projects that promote greater public awareness and education in relation to litter and graffiti. This includes supporting voluntary initiatives run by community groups, which play such a vital role in the upkeep of our towns and villages.

"We all have a role to play in the upkeep of our own communities. Local authorities, community and voluntary groups all do excellent work to maintain the appearance of streets, roads and scenic areas; this funding from Minister Hogan will help to support them in this work."

## Mary Mitchell O'Connor TD

### Constituency Office:

**No. 24 Main Street, Blackrock**

Please ring to make an appointment to see me  
at Advice Clinic or to visit me in my  
Constituency Office

### Advice Clinics for Shankill/Ballybrack

Alternatively you can contact me in my  
Leinster House office:

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**Tel: 01 6183302.**

**Email: [mary.mitchelloconnor@oireachtas.ie](mailto:mary.mitchelloconnor@oireachtas.ie)**



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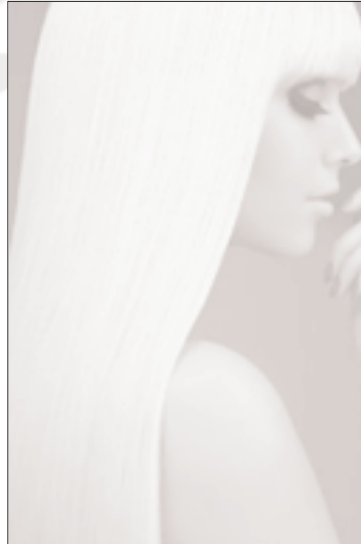


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# News from St. Anne's

A lot has happened since our last bulletin. When we did the sums for our Shave or Dye and Daffodil Day events for the Irish Cancer Society we found that we had raised more than a thousand Euro for this great cause. Well done to all concerned.

The Spring Clean Car Boot Sale took place on a beautiful sunny Saturday in late March. It raised much-needed funds for ongoing school refurbishment. It was such an enjoyable day that it looks like it will become an annual event. All thanks to some very enterprising Fourth Class girls who came up with the idea in the first place.



Once again, our hurlers did us proud, this time by qualifying for the semi-finals in the Cumann na mBunscoil Shield championship. All that after school training with Mick Kileen and Ogie Ryan is paying off handsomely. Our soccer-playing ladies are also making their mark, having seen off their latest rivals four-nil. The important thing, however, is that, win lose or draw, our children enjoy their sport. Our junior and senior infants are certainly enjoying the after-school ball skills sessions. Tennis, basketball and hockey coaching continue at their normal hectic pace. Cycle safety training will also begin soon for our 3rd Class pupils.

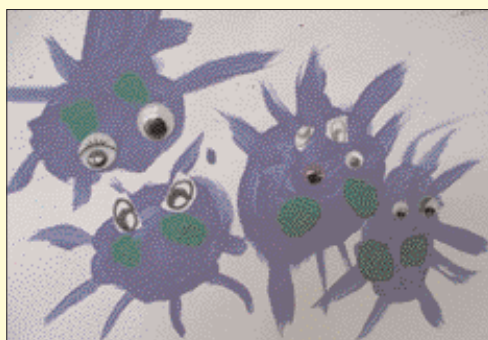
Our new gardening group have begun to get to grips with all things horticultural. It's a great chance for children to try their hand at gardening and for some it could become an interest for the rest of their lives. We hope to see all sorts of wonderful plants growing in our raised beds and in the school grounds generally.

Our annual book fair took place just before the Easter holidays and, as usual, there was a great buzz about the school as pupils browsed for something new to read. There were some fantastic creations for the fancy dress competition... we could have held our very own 'Where's Wally' convention! The fair raised over two thousand Euro, which help go to help schoolchildren in South Africa.



With the Easter holidays over, our senior children from 2nd Class up will be getting ready for our end of year concert, a new venture that we hope will become an annual favourite. Before that, however, our 2nd Class pupils will be making their First Holy Communion. So, plenty for us all to look forward to.

Preparations are well underway for our school art exhibition, which will take place in the school hall on the 25th and 26th of April. Every child in the school will have a work of art framed and on display. That's 482 beautiful pictures! You never know, there might be a few future Rembrandts or Van Goghs on display. Look out for some amazing artwork on the [www.shankids.com](http://www.shankids.com) website. All three local schools will showcase some of the fantastic work that's being done in our classrooms.



## Local History Talks

**Tuesday May 1st** — At 8.30 p.m. Val Byrne will present his lecture 'Travels through the O'Byrne Country (1050 – 2012)' to the Kilmacanogue History Society in the Glenview Hotel, Glen of the Down, Delgany, Co. Wicklow. All welcome – admission €3

**Tuesday May 8th** — At 8 p.m. James Scannell will speak to the Genealogical Society of Ireland on 'DMP Casualties during the War of Independence' in Dun Laoghaire College of Further Education, Cumberland Street, Dun Laoghaire - all welcome, contribution €3.

**Wednesday May 9th** — At 8 p.m. Tom Moran will present his lecture 'The Irish Cottage' to the Killiney-Ballybrack Historical Society in The Graduate Lounge (Upstairs), Rochestown Avenue, Killiney, Co. Dublin. Admission €3 – Students / Unwaged €2.

**Thursday May 10th** — At 8.30 p.m. James Scannell will present his lecture 'Ireland's First Railway' to the Enniskerry History Society in the Powerscourt Arms Hotel, Enniskerry Village, Co. Wicklow – admission €3.

**Wednesday May 16th** — At 8 p.m. Colin Scudds will

present his lecture 'The Martello Towers of Dublin Bay' to the Dun Laoghaire Borough Historical Society in the Kingston Hotel, Adelaide Street, Dun Laoghaire, Co. Dublin. All welcome.

**Thursday May 17th** — At 8 p.m. Professor Mike Cronin will present his lecture 'From Playing Pitches to Stadia – A History of Sport in Ireland' to the Bray Cualann Historical Society in the Bray Chamber of Commerce House, 10 Prince of Wales Tce., Quinsboro Road, Bray, Co. Wicklow. All welcome – admission €4.

### A BOOK TO READ

#### "LOVE ALL IN DEMPSEY'S FIELD"

by Frank Corr

Published by the County Wicklow Lawn Tennis Club.

Founded on Dempsey's Field in 1894, the Co. Wicklow Lawn Tennis Club continues to be one of the most successful sporting clubs along the East Coast due to the many selfless people who have represented and worked hard as volunteers for this excellent sporting organisation. The history of the Co. Wicklow Lawn Tennis Club is now

told by Frank Corr in this fascinating book using an extensive array of illustrations which have been provided by members and their families.

This is a publication that anyone interested in the history of tennis or Irish sport will want to have on their bookshelf and copies price €10, can be obtained from Studio 54 Hair Studio, beside Bray Town Hall, Main Street, Bray, Co. Wicklow, or from the Co. Wicklow Lawn Tennis Club on Vevay Road, Bray, Co. Wicklow – call 01-286 3786.



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# THE RELUCTANT ZEALOT: Part One

By Florence Horsman-Hogan



Mike, Flo (the reluctant zealot) and Joe

Seeing a recent picture of myself doing a bit of promotion with RTE, I gasped at the cruelty of the camera. At 5 ft. 2 in, and 12st 12lbs, even I have to admit that my cuddly little body is no longer well - cuddly. Where once I could jog from Shankill village to Bray roundabout and back without stopping - now I wouldn't even be able to jog from one end of the village to the other without ending up in eternal cardiac standstill. But that's all going to change! Will be 49 next birthday, and I'll be dammed if I'm going to waddle metaphorically towards my 50s and fade into rotundness.

First things first, I rang Loughlinstown Leisure Centre for a fitness assessment by one of their qualified trainers last week. Because it's under the auspices of the DLRCC, it was really cheap - €10 was getting me a fitness assessment and an exercise programme to follow with an aim to achieve for the next assessment in a months' time. Results of the assessment? Bloody disastrous. I've a BMI of 35, 49.8% of my body make up is fat (aaagh!!!). And um - surprise, surprise - I'm a tad unfit. With at least three stone to lose I made the momentous decision to embark on an exercise and diet regime for the next few months.

Having a bit of trouble actually kick starting into it though. The day after the assessment I whinged hubby into taking me to Avoca Handweavers to celebrate my new found 'health wealth' persona. Had a huge fruit salad - with a side order of pasta, and chicken and pork terrine. Naturally had to follow this with a strawberry and cream Pavlova. In all fairness, no one can possibly argue that strawberries aren't healthy. (Yes, I am a mistress of self-deception).

I hate and abhor exercise, the gym made me feel like a cat trying to swim in a bathtub - uncomfortable, unhappy, and way out of my depth. Also, I love food, specially meringues, ice cream, chocolate etc. How in God's name am I going to succeed with this? To cheer myself up I explored my dining out options - in Shankill of course. Was delighted to see that Café Solo have low calorie options and really nice salads etc. (take away also) on their menu.

Check in with me here next month to see how I've gotten on with my struggles. In the meantime, I'm going to explore what other exercise and fun ways there are around our village to burn off those

calories. If there are any nutritionists or dieticians out there who'd like to give a hand in my trying to achieve my Byzantium of human perfection, give me a shout.

Café Solo: 01-2390000

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Florence Horsman Hogan. 086-8762148.

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# ST. BRENDAN'S COLLEGE NEWS

## STUDENT OF THE WEEK

Our Student of the Week initiative continues to prove very popular among the students and has served to recognise many great achievements by our students both inside and outside school. We are very proud of these achievements especially when they relate to the commitment of time and talents to helping others. The winners since the last newsletter were:

February 20	Sam Carroll	2nd Year	Boxing
February 27	Rob McDonald	TY	Music Video
March 5	Rian Greene	TY	Boxing
March 12	Tommy Kearney	TY	Football coaching
March 19	Anton Rives Renedo	1st Year	Maths
March 26th	Aaron Vaughan	6th Year	Darts

## BATTLE OF THE BANDS

A Battle of the Bands competition was organised by Mr McDonald and saw eight acts take to the stage in the hope of winning a €250 music voucher and a one day recording contract worth €3,000. There was a great turnout on the night with the hall full of students, parents and friends and the quality of the talent from the bands was exceptional. The winner on the night was 6th year student – Keith O'Reilly.



*Pictured is Anthony Quill, Eoghan O'Reilly, Jason Kinlan and Michael Byrne who won the regional finals of the Student Enterprise Awards with their business "After School Notes".*

## STUDENT ENTERPRISE AWARDS

The Transition Year students have been setting up and running their businesses as part of the Student Enterprise Awards for the last five months. The ideas were very varied and showed a great entrepreneurial flair among the student population which bodes well for the future prospects of the country. A finals day was held in the school and the overall winners went on to represent the school at the regional finals in March. We are delighted to announce that they won the regional finals and will now go on to the National finals in April.

The full list of winners is:

**Winner: After School Notes:** Jason Kinlan, Michael Byrne, Anthony Quill and Eoghan O'Reilly

**Runner-Up: Advertisement Distributors Wicklow:** Daniel Tilley, Niall O'Leary, Robert McDonald, Rick Walshe

**3rd: TY Trips:** Ciaran Barnes, Aaron Cahill,

**4th: Wristband Connect:** Shane Anders

**5th: Hot Stand:** Niall King, Donal Tuohy, Royce Doronilla,

Sean Tobin.

**Best Report: CBC Christmas Cards:** James Malone, Cian Buckley, Tommy Kearney, John Doyle

**Best Stand: SLAN:** Nathan O'Rourke, Sam de Sousa, Lee O'Donnell, Aaron Mulvey

## HURLING BLITZ

The first years and second years took part in a hurling blitz earlier in the year organised by Mr Kenny. Although neither team took any of the prizes on the day, everyone enjoyed the experience and served as a good way of introducing hurling to some students who do not get an opportunity to play the game outside school.

## ANTI-BULLYING WEEK POSTER COMPETITION

Ms McCann, the Art teacher, organised a poster competition to draw attention to anti-bullying week in the school. The winners were Quentin Crinion; Eldhose Alias and Jamie Leahy.



*Quentin Crinion, Eldhose Alias and Jamie Leahy*

## FREE ECDL TUTORIALS

I am writing the full set of free tutorials for the ECDL - covering modules 2 through 7.

Right now I have completed the following modules:

- THE OPERATING SYSTEM
- WORD PROCESSING
- PRESENTATIONS.
- SPREADSHEETS

Each module is divided into a number of tutorials, which are slow paced but give all the information needed to pass the ECDL in a relaxed manner. The 'student' can access the tutorials free of charge and look at them as often as he/she likes which means that revision is no problem at all.

It shows the screen (in full High Definition) as I use the applications with voice over explaining what I am doing.

Ask questions - as I am sure that I have not described it fully.

They can be accessed at [www.VideoTV.ie](http://www.VideoTV.ie) and select tutorials from the top menu or [www.videotv.ie/Tutorials/TutorialIndex.php](http://www.videotv.ie/Tutorials/TutorialIndex.php)

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# SCOIL MHUIRE NEWS



Phyllis Hogan (Teacher and Science Co-ordinator) helping her children with their Science experiment.

Louise Power (teacher) with her winning pupils.



Sarah Jane McDonagh (teacher) with some of her pupils



Third Class children helping Junior Infants demonstrate their experiments.



Second and Third Class children presenting their findings to a parent on the day.



Stephen Sheridan (teacher) with his winning pupil

Edel Downey, (teacher) with her winning pupil who received a Special Merit Award.



Some of the younger winners of the Write-A-Book Competition show off their entries at Assembly.

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### Shankill Spring Clean Day 31st March 2012

#### A BIG THANK YOU TO EVERYONE WHO TOOK PART!

- Scoil Mhuire, St. Anne's and Rathmichael primary schools,
- Shankill FC, CUALA, Shankill Tennis Club, the Scouts
- Residents from the following areas— Rathmichael, Castlefarm, South Shankill (Quinn's Road, Cherrington, Foxes Grove, Shanganagh Grove, St Anne's Park) Corbawn, Dorney Court, Tilly Gardens, New Vale, Hazelwood, Seaview, Athgoe.
- Special thanks goes to our Community Gardaí, who helped with traffic control and litter picking and provided high visibility jackets.
- Shankill businesses, with special thanks to Brady's, Tesco, and the Credit Union
- Dun Leoghair Rathdown County Council for providing bags, litter pickers, and gloves.
- Panda who donated the two skips.
- Aivin Paterson for taking wonderful photographs
- Edel from Shankill Tidy Towns who co-ordinated the entire day, and the other members of the committee
- And many many more people

A huge amount of work was carried out on the day and many areas were cleared and cleaned including:

- Large areas of the park
- The main street in the village
- The stretch of Shanganagh Road leading to Commons road, with the help of the Community Gardaí.
- Quinn's Lane
- Many residential areas (Rathmichael did a particularly large clear up. SSRA did great job of improving the roundabout as usual. Corbawn helped tidy up the entrance to the beach. Tilly Gardens group helped clear up the pedestrian entrance to Shankill that Wicklow Way walkers experience)
- Most of the bollards/pillars/sign posts in the village were cleaned by Scouts.

**THANK YOU EVERYONE!**



# Fáilte from Aravon

'What a wonderful two weeks! 'Seachtain na Gaeilge' celebrations were in full swing at Aravon School Bray. The children enjoyed many activities 'as Gaeilge' and threw themselves into the festivities whole-heartedly! There was a buzz of excitement at the Tráth na gCeist on Wednesday as the children worked together in teams to figure out the answers, all the time practicing their Irish phrases and vocabulary. Friday saw the children flocking to the 'Siopa Gaeilge' which sold 'málaí milseáin' agus 'criopaí'. There was plenty of conversation between the shopkeepers and the busy shoppers! The celebrations ended on a high with the 'Comórtas Tallinne' (talent competition) on Friday. The children made a wonderful effort to speak Irish throughout the two weeks and certainly entered into the spirit of 'Seachtain na Gaeilge!'



*Infants at 'picnic na téidí-béiríní,' Aravon.*



*Céilí mór with Claire Dowling at Aravon.*

March 2nd 2012 saw the official opening of the Memories Room and the start of the celebrations as Aravon School, Ireland's oldest Preparatory School, celebrates 150 years. The PTA organised a splendid start to the celebrations of Aravon's 150th with a Social Evening that saw Mr. William Mansfield opening the exhibition. It was wonderful to have such a good turnout of not just present Aravon people but past as well.



*The 150th birthday cake*

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# Rathmichael National School



## TREE PLANTING

The three schools, Scoil Mhuire, St. Anne's and Rathmichael joined forces with Tidy Towns to plant Trees at Dorney Court. This was a great experience for the children as they also received lots of information and had a chance to ask questions. The trees they planted were Silver Birch.

## Seachtain na Gaeilge

During Seachtain na Gaeilge we had a lively assembly. Children from throughout the school performed their Irish Dancing for the school. We had children from Junior Infants to Sixth Class. Their costumes were beautiful. It was lovely to see the progression. We are starting Irish dancing Classes in the summer term with 3rd to 6th classes. I hope this has given them some enthusiasm. Our 5th and 6th Classes are heading to Donegal for the Gaeltacht in May so they should feel more competent then.



The assembly was completely in Irish and this was presented by our 5th Class.



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# Shankill Active Retirement Association



Valentine Card winners – 1st Vivien Reed, 2nd Sheila Thomson, 3rd Ada McGovern

About ten people made some very attractive and original Valentine cards for our February meeting but in March only three made St Patrick's Day badges so they were not

judged. Instead Verell Booth read two pieces she had recently written and had published in Women's Way. Those who had not seen her on stage in the Rathmichael theatrical group in earlier times and were not aware of her writing skills or her ability with accents couldn't believe that our oldest member was having us almost crying with laughter!! Well done Verell, I hear a cry of "More, more".

The lunches on the last Friday of the month, usually in Café One, are proving to be a great success – twenty diners in March. It is a good way to meet socially and get to know other members better. The usual evening at PuncHESTOWN is planned for May and a day outing further afield in June.

We meet on the third Monday of the month in St Anne's Resource Centre at 3.00pm. New members are always welcome. For further information phone Pat O'Connor at 2820733, or just come along to the meeting.



Verell Booth reading pieces she had recently written



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# PLANNING APPLICATIONS

## NOTICE from SCAN re PLANNING APPLICATIONS

We are aware that some of the notices about planning applications and decisions are out of date by the time you receive your SCAN but feel that our readers wish to know what is going on in their area. We would like to remind you to keep a look out for new planning notices and, if you feel that they could be of interest to you, go to the Planning Office in Dun Laoghaire-Rathdown Town Hall, Marine Road and request to see the plans.

D11A/0567 PERMISSION GRANTED 8/3/12

**Louise Billings, 23 Corbawn Drive, Shankill.**

Change of use of an existing living room to a Montessori school at the side of the existing dwelling etc.

D12B/0042 PERMISSION GRANTED 30/3/12

**William & Julie McCluskey, 139 Shanganagh Cliffs, Shankill.**

Demolition of existing boundary wall and garage to side of existing dwelling. Construction of 2 storey side extension and single storey rear extension.

D12B/0041 PERMISSION REFUSED 3/4/12

**Mr Michael Duncan, The Quarries, Quarry Road, Rathmichael.**

Erection of split 2 level extension with pitched roof to existing cottage, alterations to cottage and 2 parking spaces.

## PARENTING COURSES

### The Parenting Teenagers Course and The Parenting Children Course

Over eighty parents came together for the five week Parenting Teenagers Course and thirty five for the Parenting Children Course. Each course was for five weeks (one evening a week). One of the most enjoyable aspects to the evenings was the chance to meet other parents in the community and discuss relevant parenting issues together over a cup of coffee. The old African proverb "It takes a village to raise a child" could perhaps be considered in a fresh way as we look at ideas for encouraging and supporting families and family life in our community.

These Parenting Courses were supported by the three local churches working together: Rathmichael, Crinken and St. Anne's.

Unfortunately we could not accommodate all those who wanted to attend the Parenting Teenager Course so hopefully we can put it on again in September. If you are interested in attending this then please email your name to glynisagood@gmail.com and you will be notified nearer the time.

## RATHMICHAEL SHANKILL F.C.



Local senior football club Rathmichael Shankill have been doing very well this season. They are in the semi-final of the Lummy O'Reilly Cup and they are currently 2nd in the Leinster Senior League Premier 1 Sunday.

Recent results and goalscorers have been:

**11 April — RSFC V Spartak (League Game)**

RSFC won 3-1 Ste Mc Shane (2) Eamon Canon (1)

**8 April RSFC V Rathfarnham  
(Quarter finals of the Cup)**

RSFC won 1-0 Graham Gamble (1)

**1 April Castle Park v RSFC  
(League Game)**

RSFC won 2-1

Graham Gamble (1) Bren Kenned (1)

The club play their home games at 2.30pm on Sundays in Shanganagh park beside the graveyard if you would like to go up and support your local senior football side.

The club has a Facebook page and can be contacted at the below e-mail address:

**rathmichaelshankillfc@gmail.com**

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## MAGICAL MINIATURE WORLD *of Tara's Palace*

The magical miniature world of Tara's Palace Museum of Childhood is yours to explore at Powerscourt House, Enniskerry. The Museum is home to Ireland's Largest Period Doll's House, Tara's Palace. Each room in Tara's Palace is finished with miniature masterpieces, hand painted ceilings and hand crafted wooden and marble floors. Perfect for all ages from 5 to 105. Must be seen to be believed!

**ALL PROFITS GO TO  
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## SUPPORTING CHILDREN *in Ireland*

Tara's Palace Museum supports Irish children's charities and entertains and delights generations of children and adults alike. Each year we donate all profits to deserving Irish children's charities. Most recently The Tara's Palace Trust donated €40,000 to various Irish children's charities including Barnardos, Make a Wish Foundation, The Sunshine House, Jack and Jill Foundation, Red Door School for Artistic Children, Rainbows Ireland and Clare Crusaders. The Palace is dedicated to the celebration of the spirit of childhood.

FOR GROUP BOOKINGS & TOURS CALL (01) 274 8090 / 086 405 6171

[info@taraspalace.ie](mailto:info@taraspalace.ie) [www.taraspalace.ie](http://www.taraspalace.ie)

The Museum is open 7 days a week Monday to Saturday 10am - 5pm Sunday and Bank Holidays 12pm - 5pm

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