

# SCAN

NOVEMBER 2012

SHANKILL COMMUNITY NEWSLETTER

VOL. 17, No. 11



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Report from The Society of St. Vincent de Paul on pages 18 and 19





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**MOLLIE TIERNEY RIP**

The family of the late Mollie Tierney would like to express their sincere thanks to all their relatives, friends and neighbours who sympathized and supported them in Mollie's passing. Thank You for all the Mass Cards and letters of Sympathy.

We would like to thank Frs. John and Jack in St. Anne's Church, the sisters, doctors, nurses, carers and staff of the The Little Sisters of the Poor Nursing Home, Sybil Hill, Raheny and to Stephen, Stuart and the staff of Colliers Funeral Directors.

We hope this acknowledgement will be accepted as a token of our deepest appreciation.

**BYRNE (NEE KEDDY) NORA**

Shankill and late of Killincarrig, Greystones.

Nora's Husband Andy, Son Ian, Daughter Gillian and extended family would like to thank everyone who sympathised with them on their recent sad loss. Thanks to those who attended the funeral and burial, to those who called to our home, telephoned, sent cards and floral tributes and all who helped in any way to celebrate Nora's life. Thanks to the Priests of Shankill Parish, the ambulance crew and the staff of

Brady's Shankill and members and staff of Delgany Golf Club. Thanks to Murphy's Funeral Directors and especially to Mark Kinsella and Johnny Murphy for their help and professionalism. As it would be impossible to thank everyone individually we hope this acknowledgment will be accepted by all as a token of our sincere thanks. The Holy Sacrifice of the Mass will be offered for your intentions.

**SCAN DEADLINES**

The deadline for articles and advertisements for inclusion in the **DECEMBER** newsletter is **NOVEMBER 12th 2012**.

The editorial board does not accept any responsibility for any views expressed in contributions to the magazine.

**Due to space restrictions publication of all articles cannot be guaranteed.**

**EDITORIAL BOARD**

Madelon Geoghegan, Barbara Lyons,  
Bríd Meehan, Sheila Thomson

Advertising: Deborah Keogh

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**BOOK SALE**

Book Sale takes place on first Saturday of the month in the  
Old Folks Centre from 10.00am to 1.00pm.

All proceeds in aid of the Old Folks Centre.

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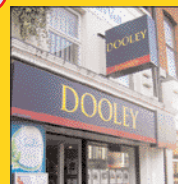
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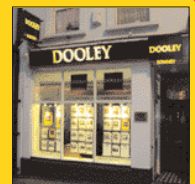
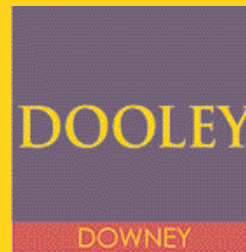
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# THE RELUCTANT ZEALOT: Part Six

By Florence Horsman-Hogan

Sometimes teenagers frighten me. Every emotion is so much more magnified, and too many of them take the wrong road to compensate. Mind you, having had three teenage boys I often wonder at the

speed that their permanent state of ennui is shaken off at times. Lying on the couch, too tired to bring their dinner plates to the sink one minute, darting like a speeding bullet out the door the next when contacted by pals to 'hang out'.

Was sitting on a rock down on Corbawn beach – daydreaming – a few weeks ago. A young girl, probably about fourteen or so walked past me slowly, hands in pockets and head down. She looked so sad, I wanted to go up to her and tell her whatever was causing her such apparent pain would go away, that life would get better and be worth living again. But I didn't, because teenage angst and loneliness are part of our growing up process and to make light of it by saying everything would be ok is just wrong.

Having been the reluctant and untamed only child of even more reluctant elderly parents, I was sent to boarding school when I was twelve in an attempt to 'civilise' me somewhat. I remember after a year or so coming home for the Easter holidays to attend a 'Lawn Meet' at my cousins house prior to a foxhunt. Having found it hard to settle in at school or make any friends, I'd been looking forward to coming home. But when I did – the 'teen scene' in the village had moved on without me. I found myself heading off to the stable yard to sit on an upturned bucket and well – 'angst' away the hour or so waiting for the Hunts Master to allow us start off.

When I returned to my school in Kinvara (Co Galway), I felt even more out of place and used to sit down at the sea wall day dreaming (starting to see a life pattern emerge here!), writing and generally feeling very unwanted. Comfort eating and refusing to participate in any of the school sports became par for the course. Then in one of those 'epiphany' moments, I had a flash of insight. Could either stay miserable and lonely – or could try fitting in and see how that went.

This resulted in my joining the hockey team, debating society and practicing 'being nice' – actually becoming 'civilized'. Having seen the value in talking with others, I then realised I had a wicked sense of humour and could actually make others, but even more importantly – myself – laugh.

We need to be very careful with our teenagers. While needing 'space' and privacy to grow, and yes – to feel miserable, lonely and out of place at times, there's a very fine line where they might get caught up in the moment and end up in A&E having tried to self harm. I've lost count of the amount of teens I've assisted to

stomach pump after taking overdoses.

Trying to fit in, in a world that sometimes can appear a harsh and desolate place is difficult enough for us adults, how much harder can it be for someone just fourteen years or so. Body image is everything, just as is the opinion of peers. For some, this is when eating disorders such as anorexia and bulaemia start. In point of fact, if the whole family embrace sensible nutrition habits and healthy exercise patterns, there shouldn't be a basis for eating disorders. We do no favours to our children by giving them the 'fast food' mentality.

So if you're a teen or the parents of teens, remember to treat them with the respect they deserve. They are, after all, our future.  
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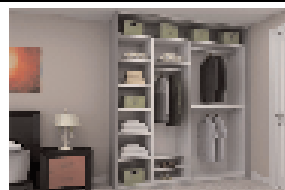
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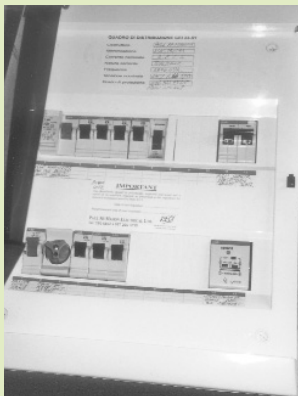
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# COMMUNITY and CHURCH

BY REV. TREVOR STEVENSON

**COMMUNITY AND CHURCH – bedfellows or strangers? While the former should be synonymous with Church, sadly in western society the latter can too frequently be true.**

Where did this community idea come from anyway? Let's say it's in our genes since God created us and recognizing 'it was not good for man to be alone He established us in the context of community. Over the millennia history is littered with attempts to shake God off, creating new models for human interaction. Society has moved to the extended family, to the nuclear family and now in western society to the prominence of individual fulfilment – 'me'! Among Christian people even the most godly can succumb to this spirit of the age.

During Celtic tiger years we were beside ourselves as to how to indulge in affluent pursuits. Yes, we gave money to charity, but was there time for community? And there's a world of difference between charity and community engagement.

What is, or should be the Church's answer? In too many churches community has been mistaken as perpetuating traditional church activities for the benefit of church attendees. What has happened to those who don't or can't participate and for those who do, what effect does that have in their lives as they experience daily living in the world?

Is there a church role model? Surely that person is Jesus Christ. As he ministered here on earth he had compassion on the disabled and they were healed, he understood the hunger of the crowd caught out with no food and they were fed, he challenged hypocrisy and it was exposed, he engaged with the affluent and they were humbled and most of all he saw the need of a guilty human race and in dying for them they were freed from their guilt. It is unlikely many of us today will have to die for others but we can certainly embrace the spirit of the other examples cited.

Community is an experience of giving and receiving from with another so that we can help bear each others burdens – and who among us does not have problems. Is that going to happen inside our churches? Unlikely, as more people are disillusioned and disengaged from church! The church, like many other clubs serves those on the inside, but the challenge must be to lead and motivate our members to move outside our buildings, rituals and prayer meetings, important as those are, and share the blessings God has given each of us with those outside. There are many victims of current recessionary times; there are people living alone, parents under pressure, household finances stretched to breaking point, young people needing developmental activities, disabled needing assistance, public amenities needing maintenance, the list goes on – all

needing expressions of God's love. This will take a bit more time than the couple of hours a week of church activity and sacrifice of time otherwise spent on individualistic pursuits. Just part of our Christian calling to be in the world.

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# Top Tips for a successful Gathering

from Carrie Smyth

## 1. Work with you community

You don't have to work alone. Why not get everyone involved at the planning stage and work together? Pooling all your resources and experience will make your gathering more successful and give the whole community a sense of ownership.

## 2. Identify who you want to target

Set out your connections around the world such as family, friends, school and work colleagues and start communicating with them now. You don't need to have your event confirmed to start the conversation.

## 3. Keep the overall objective in mind

Think about how your event can specifically attract overseas visitors with a connection to Ireland.

## 4. Work with existing events

Your event doesn't have to be an entirely new one. Why not consider ways you can add to an existing local event? Organisations such as the IFA, GAA, Scouting Ireland and ICA are mobilizing members all over Ireland. Find out what's planned in your area and consider ways to work together.

## 5. Schedule your event for maximum impact

If you're organising a unique event, why not schedule it to coincide with a well-established festival or event by offering visitors a richer experience you'll encourage them to stay in your area longer.

## 6. Actively involve the visitor

Think of ways the visitor can participate that will help them reconnect with their ancestral community. For example, being part of a community development project could be a meaningful experience for the visitor and allow them to leave with a lasting legacy to be proud of.



## 7. Seek out sponsorship

Local funding through individual or commercial sponsorship can make a big difference to your event. Talk to businesses in your area today.

## 8. Work with local tourism providers

Let local tourism providers like hotels, B&Bs, activity organizers and visitor attractions

know about your event in advance. They may be able to support it in some way, either by offering packages or promoting it on their websites.

## 9. Keep the local press informed

Stay in touch with your local press. Get to know your local journalists and editors, their deadlines and their particular news interests. Make their jobs easier by providing them with good quality press releases, pictures and captions. Announce events in the community diary.

## 10. Use [www.thegatheringireland.com](http://www.thegatheringireland.com)

There's lots of resources available on [www.thegatheringireland.com](http://www.thegatheringireland.com), including posters, invites and 'how to' guides to facebook, twitter, linkedIn and Youtube. Social media is a powerful and completely free marketing resource. Chose one or two social media tools and use them well.

## 11. Share your experiences

Find us on Facebook where you can share your experiences with us. You can also follow us on Twitter and check out our video online for some inspiration.

## 12. Embrace The Gathering brand

Like The Gathering itself, the strength and success of the brand depends on all of us. Contact [info@gatheringireland.com](mailto:info@gatheringireland.com) to request any of our brand assets including our logo and strapline.

## Lost Island in Shankill?

### Shankill, Dublin on Wikipedia

Some dark autumn evening when it's raining cats and dogs outside, sit down at your computer, open Google and key in 'Shankill, Dublin - Wikipedia'

Here you will find a fascinating and detailed account of our local village from its beginnings in the 13th century through its subsequent history right down to the emergence of the charming village we know and love today.

You will read about all the sites of historical and archaeological interest from the original Shankill, Old Church, on the slopes of Carrickgolligan to the nineteenth century lead mines chimney at Ballycorus which dominates our view to the west.

Scroll down to the section headed 'Local Antiquities and Features' where I came across an intriguing little entry about a drowned village off the coast. Let me quote:

A coastal wall was built from Killiney to Bray to try to stop the erosion, traces of which can still be seen along the beach. The medieval village of Longnon was sited some 200 yards east of Quinn's Road beach, but was completely obliterated by coastal erosion.

Completely obliterated? Earlier this year on a day when a particularly low tide was predicted I seized the opportunity and walked out across the wet sand two or three hundred meters from the cliffs. The pile of weed covered rocks I found there might well represent the last vestige of a medieval village. Or maybe not.

I would love to know if any reader can throw more light on this lost village. Who contributed the Wikipedia article? If the writer of that entry reads this perhaps they could let us know where we can find any further references to the mysterious and tragic village of Longnon.

*Paddy Connolly. Contact address with the editor.*

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# CITIZENS INFORMATION NEWS



## Twelve ways to prevent your identity being stolen

Amongst the biggest fears that people might have is Identity Theft. Identity theft occurs when someone gathers enough information about you to enable them to impersonate you usually with the aim of getting money.

1. Remember that your bank or other financial institution will never ask you for any personal or financial information by email or by phone.
2. The Revenue Commissioners Or Social Welfare will **never** ask you for any personal or financial information by email or by phone.
3. Check your **credit rating** to make sure that it is intact. Under data protection law you are entitled to see your full credit report, which financial institutions use when assessing you for loans. Contact the **Irish Credit Bureau** on 01 2600388 or online at [www.icb.ie](http://www.icb.ie)
4. Change all your **passwords**. One big problem with the increase in online usage is that we are inclined to use the same password for everything. This is not a good idea. Ideally you should have a different password for each account. If that is not practical, add an extra code to your core password.
5. Shred or burn sensitive documents, such as financial statements, before disposing of them. Delete your name and address and account number from catalogues and direct mail offers or shred / burn those pages as well. Do not put documents with your name and address on them in the bin without first obliterating any personal details.
6. Don't share **passwords** or **pin numbers** with anyone else and do not write them down. Also do not use the same password / pin number combination for everything. If something happens to your PC or Laptop (or the organisation you have the online account with has a data breach) having the same password/pin number combination could result in you giving away the "keys" to your all financial affairs.
7. If you **move house or apartment**, be sure to redirect your mail through the post office for at least six months afterwards. Also be sure to notify anyone or any organisation you have regular communication with of your new address.
8. Check with the **post office** if important mail that you have been expecting does not arrive, as it could have been intercepted or redirected. If you have a shared letterbox or communal hallway where post could be taken by others be especially vigilant, or ask for secure, individual facilities. Check your post box regularly.
9. Install the **latest security software** on your PC / Laptop and update these programmes regularly. **Only use secure websites for online shopping** – look for the closed padlock symbol or <http://> at the start of the address.
10. Never reply to emails asking for information such as **ACCOUNT NUMBERS, PASSWORDS OR PIN NUMBERS**. Do not click through to any website they direct you to. Check with the organisation the email appears to come from, using an existing number or email address, the phone book or directory enquiries service. Also, never use the number given on the doubtful email.

11. Do not give personal information to cold callers. This applies to the phone, the internet or face to face. If you get a call telling you that there is something wrong with your PC / Laptop and asking you to provide personal information tell them you do not have a computer - this call is a SCAM.
12. Limit the information you share on social networks such as **FACEBOOK**. Be especially careful about giving out such information as dates of birth or children's names that you may use as pin numbers or passwords for other things.

### How the criminals can get hold of your details

- a. Postal interception, bin dipping and old addresses
- b. Stolen Wallets
- c. Phishing emails
- d. Thieves "changing" your address
- e. "Computer virus" phone calls
- f. Calls telling you that you have won a prize and asking for bank details to enable the prize to be sent to you.

You can get further information from the **Citizens Information helpline: 0761 07 4000** or call in to the **Citizens information Centre at Marina House, Clarence Street, Dun Laoghaire at any time between 9.30 am and 4.00 pm, Monday to Friday. No appointment necessary. Clarence St. is the turning to the right at the traffic lights at the junction of Lower Georges St., Cumberland St. and York Rd., Dun Laoghaire. Citizens Information offers a Free, Confidential and Impartial Service to the citizens of Dun Laoghaire-Rathdown on a very wide range of issues. Or Phone: 0761 07 7400.**

**NOTE – MABS (Money Advice and Budgeting Service) are located in the same building. Private appointments with MABS can be made by phoning: 0761 07 2530**

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# What impact will the gender directive have in relation to your insurance?

Historically women have paid lower insurance premiums for life cover because they have a longer life expectancy on average. When it comes to income protection cover, men pay lower premiums than women because statistically they have a lower rate of long-term absence from work than women.

However, the European Court of Justice has ruled that from December 21 2012 insurers won't be able to use a person's gender as a factor in calculating the cost of their insurance. This means that rates will change and women are likely to pay more for their life cover and men will pay more for income protection cover.

The exact level of the increase won't be known until after December 21 but industry commentators estimate that the level of increase will be significant and could be as much as 20%.

The ECJ judgment only applies to new contracts entered into after the implementation date, December 21 2012.

Until now most consumers and insurers have seemed to be generally happy with how insurance is priced but falling into line with the gender directive means men and women will now have to be treated equally.

The change in the law not only effects the life insurance industry but also the car industry sector, it means that young women will be the most seriously affected in this area and are likely to see sharp increases in the premiums they pay.

Young women have until now paid car insurance premiums that are typically up to 50% cheaper than men. That's because women have fewer and less serious crashes than young men.

The full impact on the price of insurance by the gender directive on December 21 2012 remains unclear as insurance companies are still working out how to deal with the changes, remain profitable and keep their customers. However, what is certain is that women will pay more for life cover and men will pay more for income protection cover. But those who take out these types of cover now will avail of a guaranteed price that will not increase when the directive becomes law on 21 December.

This directive, whilst focusing on the costs, does draw attention to the need for protection, should the worst happen and highlights the importance of not only ensuring that you are paying a competitive premium but more importantly that you have the correct level of cover in place for the correct period of time to meet your personal requirements.

It is important that you review your current arrangements before the implementation to ensure you have the most suitable cover in place. Please feel free to contact Shankill Financial Services to review your current cover or if you have been thinking of getting some family life cover, now would be a good time to take advantage of the lower premiums available before the 21st December.

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## COOKERY PAGE

By Vivien Reid

# Pork and Turkey Meatballs Pear and Rosemary Crumble

### Pork and Turkey Meatballs with Tomato Sauce



A tasty treat that won't break the budget. You can save time by using a jar of tomato sauce rather than making your own.

#### FOR THE BURGERS:

- 100 g fresh breadcrumbs
- 150 ml milk
- 1 onion (finely chopped)
- 1 garlic clove (finely chopped)
- 400 g minced turkey
- 400 g minced pork
- 1 tsp dried oregano
- 1 tsp salt
- 1/2 tsp black pepper
- Olive oil
- 1 egg (beaten)

#### FOR THE TOMATO SAUCE: (makes 750ml)

- 50 ml Olive oil
- 3 garlic cloves (finely chopped)
- 1 tsp tomato purée
- 2 x 400g cans plum tomatoes (crushed)
- 3 fresh basil leaves
- sugar to taste
- salt and pepper to taste

**TO MAKE THE MEATBALLS,** first soak the breadcrumbs in the milk. Mixed the chopped onions, garlic, with the pork and turkey. Add the breadcrumbs, oregano, salt and pepper to the meat mixture and mix well. Add the beaten egg and mix thoroughly. Roll the mixture into balls.

Heat some oil in a frying pan and add in the meatballs. Fry for approximately 5 minutes turning occasionally until browned on all sides. Remove from pan and set aside.

**TO MAKE THE SAUCE,** heat the olive oil in a large pan. Add the garlic and cook for about 1 minute on a low heat until soft. Add the tomato puree and cook for a further minute. Add the tomatoes along with their juice and season with salt and pepper. Bring to the boil, reduce the heat and simmer for about 30 minutes or until the sauce has thickened.

Add the meatballs to the sauce and allow to simmer for about 7 – 10 minutes. Serve with spaghetti.

*Tip:* For some extra spice, replace the oregano with a pinch of chilli powder in the meatballs.

*Recipe by Catherine Fulvio on [www.rte.ie/lifestyle/recipes](http://www.rte.ie/lifestyle/recipes).*

### Pear and Rosemary Crumble



This is an easy recipe – add a herby twist to a classic crumble.

- 6 pears, cored, peeled and sliced
- 5 tbsp sugar
- 2 sprigs rosemary

#### FOR THE CRUMBLE

- 65 g plain flour
- 65 g wholemeal flour
- 90 g butter
- 65 g brown sugar
- 5 walnuts, roughly chopped
- 65 g oatmeal
- 1/2 tsp chopped rosemary

**To serve:** Natural yoghurt or ice cream

Preheat the oven to 190C/Fan 170C/Gas 5. Grease an ovenproof pie dish.

Place the pears, sugar, rosemary and water in a saucepan, cover and cook for 4-5 minutes until the fruit has softened. Remove the rosemary.

To make the crumble topping, place the plain and wholemeal flour in a mixing bowl. Rub in the butter until the mixture resembles breadcrumbs. Stir in the sugar, walnuts, oatmeal and rosemary. Spoon the fruit into the ovenproof dish. Sprinkle the crumble topping over the fruit. Bake for 20 minutes until golden brown. Serve warm with a spoon of yoghurt or your favourite ice cream.

*Recipe by Catherine Fulvio on [www.uktv.co.uk](http://www.uktv.co.uk)*

*Tip:* use apples or plums instead of pears or a mix of whatever fruit you have to hand. You can use spread instead of butter. Leave out the nuts in case of allergies.

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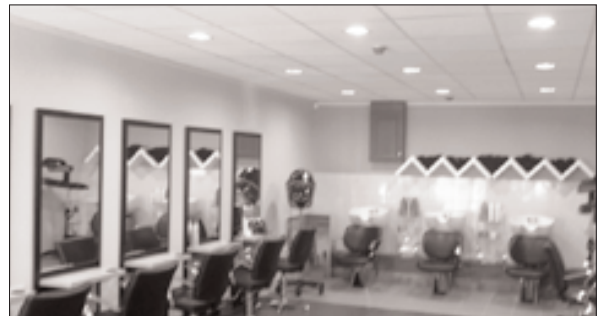
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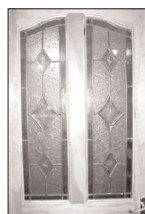
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# ST. BRENDAN'S COLLEGE NEWS

## WELCOME BACK

A big welcome back to all our students and their families as we begin a new school year, indeed we have our first Mid Term over. We especially welcome our new first year students who have settled in well and our 3rd and 6th year students as they face into their examination year. In preparation for these exams, we have organised study skills seminars for all of our examination students as well as a "Study Skills for parents" night to help the parents to understand the best way for their son's to study. We hope they all found these talks useful.

## 3rd LEVEL

Congratulations to all our 6th year students who graduated from St. Brendan's in June. The leaving certificate results were excellent and many of these students have now started the 3rd level course of their choice. We wish all of the class of 2012, the best of luck for the future. To help our current 6th year students to plan their future, a trip to the Higher Options Exhibition in the RDS was arranged for them in September.

## RESULTS AND ACHIEVEMENTS

Sports and other extra-curricular activities are a big part of life at St. Brendan's. Most teams are now up and running in Soccer, Gaelic, Basketball, Chess, Archery and Table Tennis. The first major competitive action this year has been in Archery with some great success.

### Archery

• Congratulations to the St. Brendan's Archery Club which continues to dominate school's archery competitions. Special congratulations to Sean Tobin, 5th Year who was selected to shoot for the Irish Junior Team in the Euro Nations event held during the summer. Sean did exceptionally well finishing 4th in the Cadet Male Recurve division. At the recent schools meeting in St. Michael's College, we scored the following successes:

**A Class:** Aaron Kennedy (Gold)

**B Class:** Ryan Smyth (Gold)

Ross Mitchel (Silver)

Jonathan Doyle (Bronze)

**Beginners:** Santiago Arribas de Renedo (Bronze)

**Elite:** Sean Tobin (Silver)



## OPEN NIGHT

The school open night held recently was a great success. There was a large turnout on the night and everyone was highly impressed with the range of activities and the standard of education which is on offer at St. Brendan's College. As a result of this, many parents have decided to enrol their son at St. Brendan's for entry during the next few years. A few places still remain so if you would like to enrol your son, please collect an application form from the school and return it as soon as possible.

## TRANSITION YEAR

The Transition Year group have been very busy over the last month. Well done to all the boys for the enthusiasm and effort they have shown in the programme so far. Among the activities they have been involved in so far are:

- Trip to Acla Adventure Centre
- Electricians Course
- Environmental Awareness
- Trips to National Gallery and walks around Killiney and Bray Head

## SUMMER WORK

A lot of work was carried out in the school over the summer holidays which will further improve the teaching and learning environment within the school for the benefit of all the students. These improvements include:

- Installation of wired internet access throughout the school
- Completion of our Learning Support Centre
- Installation of new heating system

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Tuesday to Saturday 9am - 6pm



## CARPARK UPGRADE AT SHANKILL DART STATION

### From Councillors Carrie Smyth and Denis O'Callaghan

The Council have agreed to proceed with upgrading the existing carpark and open space at Shankill Dart Station. Provision will also be made for the open space to be used by Scoil Mhuire National School for sporting events. It is envisaged that work will commence before the summer of next year.

#### DESCRIPTION OF PROPOSED WORKS

- The layout of the upgraded car park will be broadly similar to the existing car park
- The final number of parking spaces will be 145 spaces. There will be six disabled parking spaces provided.
- Re-grading of existing hard surface to provide drainage gradients in accordance with Sustainable Urban Drainage System (SUDS) principals.
- Appropriate low-level wooden boundary fence, appropriate landscaping within and around the car parking area.
- Provision of appropriate street lighting designed to meet EN 13201-CE Class for use in car parks. Seven lighting columns will be installed including six, which will carry twin lanterns.
- Construction of islands and landscape areas to regulate traffic flow within the car park and sheltered bicycle racks to accommodate 40 bicycles.
- Provision of two Pay and Display machines.

#### The Open Space development will include the following works:

- Shared macadam cycle/pedestrian paths will be provided to improve circulation and provide linkages from Corbawn Lane to Rathallagh Estate and the Dart Station.
- A large grass area will be provided in the open space for active recreation use by the local schools and community. A hard surface space will be provided adjacent to the recreation space with seating and a sculptural element will be provided here. Re-contouring of the ground and the grass meadow will

provide additional interest and increase the biodiversity in the area.

- Park style railings 1.5m high and a static gate will provide the boundary between Rathallagh Residential Estate and the open space. A grove of flowering fruit and cherry trees will be planted at this entrance point which will provide a parkland type setting at this entrance.
- The existing entrance off Corbawn Lane will be upgraded to include the installation of static gates to allow pedestrian, wheelchair, and bicycle access only.
- Existing woodland trees will be retained with similar suitable species also planted to strengthen the woodland and expand it. The woodland areas will be managed not to create hidden or potentially anti social spaces. The shrub layer will be removed and the crowns of trees will be lifted to ensure clear visibility at all times.
- Planting of standard semi mature trees will be undertaken throughout the open space to include specimen parkland trees and groves of flowering fruit and cherry trees.
- Ground-cover shrubs and semi matures trees will be planted in the carpark along the central median and in the concrete islands at the end of the bays. The ground cover will be maintained at a height of approximately 400mm while the trees will be planted with their crowns lifted to ensure sight lines are clear at all times.

#### Electrically Operated Vehicles:

Initially, there will be eight spaces designed to facilitate battery operated cars.

#### Cycle Facilities:

This car park has provision for 2 bays of ten stands (taking 40 bicycles) in a sheltered accommodation.

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# BRAY LAKERS AND ALPS

My name is Claire Byrne, I am from Shankill and living in Bray now. I am a member of Bray Lakers for 9 years.

BRAY LAKERS is a sports and social club which serves people with special needs and takes part in Special Olympics sports competitions.

Athletes are members of special Olympics and play badminton skills, badminton mainstream, basketball, bowling, skiing, golf and table tennis. Teams are preparing for regional games in 2013.

Bray Lakers are always looking for volunteers and donations **For more info:**  
[www.Braylakers.ie](http://www.Braylakers.ie)



First I want to let you know what ALPS is. It is the **ATHLETIC LEADERSHIP PROGRAMME**. Fifteen people were invited to the Brady Centre on the 9th of June which was a Saturday. The room in the Brady Centre was set up. Chairs were put in a row for the power point presentation. There were four people to present a power point presentation one at a time. The first person was Marian O'Rourke, and she spoke about photography. Then Derek Kelly spoke about bowling. There were slides with each presentation. Tea and scones were served by the Alps Athletes. The afternoon was enjoyed by all.  
*By Claire Byrne*

## WHO ARE BRAY LAKERS?

Bray Lakers Social and Recreational Club is a community-based sports, social and recreation club for children and adults with an intellectual disability. The club provides a wide range of sporting and educational services to members across Leinster from its centre in Bray, Co. Wicklow. We have been in operation since 1989 and currently have 400 members supported by 130 volunteers.

The Special Olympics Athlete Leadership Programme



(ALPs) enables athletes of all abilities, working with a mentor to become socially and personally more confident, have a voice, contribute and participate as leaders and ambassadors within Special Olympics Ireland and in their own community.

ALPs is based on 4 main cornerstones providing a way for athletes to develop and showcase their talents and interests through training and experience, both on and off the sports field.

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# SOCIETY OF ST. VINCENT DE PAUL

The Society of St Vincent De Paul has been working away in Ireland since 1844. We have 9500 volunteers across the country, and the St Anne's group in Shankill has 13 members.

Anyone can contact us on our mobile number 087 696 2785 and we'll get back to callers that day and arrange a visit. We operate in strict confidence and we ask permission if we need to make a call on a client's behalf.

We work very closely with the Money Advice & Budgeting Service in Bray. When one of our clients has multiple financial problems we ask them to go to MABS to get a handle on the bigger picture and begin sorting out all the bills and priorities. While MABS have no money they will often recommend a sum that we provide in order to stabilise household finances - that can be ensuring that the electricity isn't cut off, or that a utility company doesn't begin legal proceedings.

Our priorities tend to be ensuring that families have light and heat and enough money for shopping. We also help with education needs as studies have proven that the higher the level of education attained, the better the prospects of the person and family. Indeed education, including third



level is a priority for SVP National headquarters and they assist us with education grants.

Occasionally a client will say they feel ashamed that they need to approach us, but there should be no shame, it's what we are here for. And no one should feel there is nowhere else to turn. In fact there is a pretty good network of specialist organisations who will help and advise people in distress. Numbers and contacts are at the end of this article.

In SVP we visit a client in pairs to talk through a problem and work out how best we might assist. We are happy to visit people who are lonely, in distress, or experiencing financial difficulties.

We are hugely grateful to the people of Shankill who give to our monthly church collection and our Christmas appeal. 100% of the money collected goes to those in need, we pay for our administration ourselves!

It is a great testament to the generosity of the people of Shankill that our collections have held up despite the economic crisis and because of this we have been able to help the larger numbers of people experiencing financial problems.

## PLANNING FOR CHRISTMAS



Christmas is on the horizon and it can be a very expensive couple of weeks, our Christmas collection helps families with the extra expenses that occur around this time. But it also gives us the resources to be able to help right through the year.

The withdrawal of the bonus week payment for recipients of social welfare has made things even tighter for many families. And formerly self employed people have far fewer entitlements when it comes to welfare making it extremely difficult to cope.

Writing a budget out on paper can help make clear what you will need versus what, in an ideal world, would be nice. Make a plan and stick to it.

The Credit Union are worth approaching for Christmas micro loans even if you're credit record is nothing to boast about. What they like to see is your ability to save consistently, so even lodging ten euro a week will demonstrate a commitment to saving and to actually physically going in each week and this opens up the possibility of a small loan.

Presents don't have to be expensive. Pat Kenny says he has a maximum gift value of 30 euro per person. Another idea to consider is to have a Kris Kindle draw within a large family, so there isn't a requirement for each person to buy for everyone else.

Another possibility is to make gifts and start preparing

now. For example sloe gin is a lovely winter drink and perfect Christmas gift. The sloes can be picked now and be mixed with gin and sugar and the drink will be ready for decanting into long thin bottles with a nice label for Christmas. Two presents for the price of a bottle of gin! Nicely presented jams, chutneys, relishes, or preserved fruits can make tasty presents - bottles and jars are available in Heaton's or Woodies.

Similarly homemade cookies, cakes or chocolates can make thoughtful but inexpensive gifts.

The SOFA book sale on the first Saturday of December is a great opportunity to buy great value books and there are also new audio books for sale for just a couple of euro.

The Rewarding Times website ([www.rewardingtimes.ie](http://www.rewardingtimes.ie)) also has regular restaurant vouchers for sale at a fraction of their real value. A lunch for two in a high class restaurant for 30 euro could make a special gift.

You can also use your Tesco clubcard to buy gifts that family members can enjoy including restaurant vouchers. For example 10 euros of Clubcard tokens can be exchanged for 40 euros in meal vouchers for Milano restaurant or TGI Friday's - ideal presents for teenagers.

But some presents don't have to cost anything - how about making up a voucher book for a daughter "These vouchers entitle you to FIVE free babysitting sessions" or a son to a father "These vouchers entitle you to FIVE car washes" or a son to a mother "These vouchers entitle you to FIVE emergency computer crash callouts".

If you take away some of the financial stress from Christmas, you'll enjoy the festivities all the more.

SVP SHANKILL 087 696 2785

MABS, BRAY 0761072250

MABS, DUN LAOGHAIRE 0761062530

CITIZENS INFORMATION BRAY 0761076780

CITIZENS INFORMATION DUN LAOGHAIRE 07610774000

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# LIVING ON LESS



by Niall Martin



Living on less can be extremely stressful. Every waking moment can be spent checking the coins in the pocket or purse to work out if there is enough for a bus fare or the 5 euro your child says she needs for school the next day.

Living on less can be done without stress, but it takes organisation and planning. It also requires an ability to be open to

changing, sometimes changing habits of a lifetime.

The biggest weekly cost is the household shopping. A family of five might spend 200 euro + on shopping a week which sounds very modest for a house with teenagers. But with an hour's study each week it is possible to get that down to 150 a week and still include treats. Here's how it's done:

Welcome the junk mail! Gather the leaflets that come in the door from the supermarkets, check this week's special offers on their websites or in the newspapers (the Irish Independent contains most of the ads, as do the Sunday newspapers). Make a list of items that appeal from each of the supermarkets and then make a route. In Shankill we are lucky to have a good range of supermarkets in close proximity - Bray area: Dunnes, Tesco, Superquinn, Aldi, Lidl. (Drop into Lidl using their free car park, then leave the car there and nip across to Superquinn or up to Dunnes). Cabinteely area: Dunnes, Tesco, SuperValu, Lidl.

If you don't have a car team up with a family member or friend who has and do the Supermarket sweep. Get in early - start at 8am and you'll be done by 10:30 I promise.



Use the food discount vouchers on **Pigsback.com** to give you extra value.

If you visit M&S in Dun Laoghaire about 10am or 3pm they will have marked down products approaching their best before date

sometimes by as much as 50%. Some of these can go in the freezer. Similarly, Superquinn in Bray put 50% off stickers on their ageing stock by about 10:30am, so that's a good time to pop in if you're in the area. In Tesco Ballybrack an evening visit can pay big dividends in their bakery area. A loaf of fancy bread normally selling for €2.20 for 23 cents! Or a bag of pastries for 10c.

Lidl and Tesco Ballybrack put meats approaching their best before date on special in their fridges and these can often be very good value, particularly if you buy when the price is right and keep in the freezer.

If you like ready meals and fancy a treat, then Butler's Pantry in Blackrock have a two for the price of one offer on whatever is in their freezer on a Monday and Tuesday. Yummy.

And finally discover your loaves and fishes moment; a three meal large chicken - a roast on day one, a chicken curry with the bitty bits on day 2 and a risotto made from the stock on day 3.

There is actually a perverse pleasure in getting the best value possible in the shortest time possible and the most pleasurable thing of all you can have an extra 50 euro in your pocket by 10:30am.

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## COUNCILLORS' QUESTIONS

### Councillor Denis O'Callaghan

#### SHANKILL BUS STOP

A number of residents have contacted me regarding the installation of a bus shelter on the inward journey in Shankill Village.

In response to my further representations to Dublin Bus I am informed by Mr Derry O Leary (Dublin Bus) that Dunlaoghaire Rathdown Co Co refused permission for the Bus Shelter at the current location because of underground services which require accessing. Mr O Leary assures me that in conjunction with the Council they are looking at alternative locations for the bus stop and shelter close to the existing one.

I am conscious that this is a heavily used bus stop and I will continue to keep the pressure both on Dublin Bus and the Council to resolve the issue expediently.

#### NEW BEACH BYE LAWS WILL COME INTO EFFECT ON THE 1st OF JANUARY 2013

Dear Readers of Scan,

Following a period of extensive public consultation, Dún Laoghaire Rathdown County Council adopted new Beach Bye-Laws at its meeting on the 8th October 2012.

The new bye laws amend the existing regulations on the control of dogs on beaches. **They are less restrictive on dog owners and recognise the needs of all beach users by achieving a balance between dog owners, the general public and swimmers.**

While the current bye-laws state that dogs are not allowed off leash at any time, on any beach in the County, the new bye-laws will allow dogs to be off leash outside of the designated bathing/lifeguard control areas all year at Seapoint and Killiney beaches and at certain times at Sandycove beach.

The new bye-laws mean restrictions will now only exist on 300 of the 800 metres of the beach in Seapoint, 400 metres of 5km of coastline in the Killiney area and less than 1 kilometre of the total 17 kilometre coastline in the County.

#### FLOODING

Following the floods of the 24th of Oct 2011 the following remedial have been carried at the following locations

- CORBAWN DRIVE:** Additional road gullies installed on Corbawn Drive and Quinn's Road.
- CORBAWN LANE AT RAILWAY BRIDGE:** Bank has been raised at a low spot in the road beside the railway bridge. This will prevent flooding to properties. Also Remedial works have been carried out to the pipework.

Both locations will continue to be monitored.

#### SHANKILL BOWLING CLUB

It is hoped that work on a new clubhouse for the Bowling Club will commence before the end of the year. I have been informed by Mr Richard Shakespeare, Director of Services Env, Culture Community Development Dept of the Council that a contractor has been selected and final clarifications by the contractor are being processed by the Council after which a contract for the works will be signed.

#### BIO DIVERSITY EVENTS

##### Sunday 11th November — Witches and Wizards

10am - 12pm. Ballawley Park; meet at the playground adjacent to Wesley Heights. Come along to this workshop and make your very own witches broom and wand using natural materials.

**Leader:** Andrew Fleming (Mouse), OWLS Education and Awareness Officer.

**Booking Required:** Contact Andrew on 087 3299936 or Email info@owls.ie.

##### Sunday 18th November — Staying Warm

3pm - 5pm. FitzSimons Wood; meet at the main entrance in Kilcross Estate. Learn how primitive man would have stayed warm whilst living in the forest. A survival event with toasted marshmallows at the end.

**Leader:** Andrew Fleming (Mouse), OWLS Education and Awareness Officer.

**Booking Required:** Contact Andrew on 087 3299936 or Email info@owls.ie.

##### Saturday 24th November — Make an Insect Home

FitzSimons Wood; meet at the main entrance in the Kilcross Estate. Come along to this workshop and learn how to make an insect hibernation home. Then take away your creation and put it somewhere in your garden for insects to sleep for the winter.

**Leader:** Andrew Fleming (Mouse), OWLS Education and Awareness Officer.

**Booking Required:** Contact Andrew on 087 3299936 or Email info@owls.ie.



**Labour** 

### Cllr. Denis O'Callaghan

#### Working With The Community

ADVICE CLINICS:

**Saturdays: 10am-11am** Playschool  
Coolevin, Ballybrack

**Mondays: 8pm-9pm** Shanganagh Park  
House, Rathsallagh, Shankill

**By Appointment:** County Hall Dunlaoghaire

Mobile: 0862785609

Email: denisoc@cllr.dlrcco.ie



## COUNCILLORS' QUESTIONS

### Councillor Carrie Smyth

#### PROGRESS TO DATE ON SHANGANAGH/BRAY WASTEWATER TREATMENT WORKS

The Shanganagh/Bray Main Drainage Scheme consists of two contracts. Contract 1 is a DBO contract for the upgrading of the Shanganagh Treatment Works and the subsequent operation of the plant. The construction works were completed in May of this year following the commissioning of the upgraded works. The contractor is now in the Operation and Maintenance phase. Contract 2 is for the construction of the transfer pipeline from Bray to Shanganagh. These works were programmed to be completed at the end of September 2012. The pipeline will then be commissioned to take the Bray flows to Shanganagh and this will be followed by a period of testing. This is programmed to be complete by the end of the year.

#### SMELL FROM SHANGANAGH TREATMENT PLANT

There were some occurrences of odours from the Shanganagh Treatment Works earlier in the summer during the commissioning phase of the upgrading works. These works are now complete and there have been no reports of odours over the last month. It is a requirement of the contract for the Operation and Maintenance phase that the contractor comply with strict limits for odours. This will be strictly enforced by the Council through the Employers Representative. However there will be a period between now and the end of the year when a second phase of commissioning and testing will be carried out associated with the transfer of flows from Bray. During this period there will be a risk that odours may exceed the operational limits for short periods of time as new plant and processes are brought online. The situation will be monitored by the Site Supervisory staff.

#### SHANGANAGH/BRAY WWTW – CONTINUATION OF MONTHLY MEETINGS

The Local Liaison Group meetings were set up in the spring of 2008 to provide up-to-date information to local residents about the Shanganagh-Bray Project and address issues raised. Over 40 meetings have been held on a monthly basis or as required, with representatives of the Council and the Contractors (SDD and Road Bridge). In between meetings, residents have access to a Project Information Line (1890252793) if there are any issues requiring immediate responses.

When the construction works are complete the purpose of

the Liaison meetings will no longer exist. This has been discussed at recent meetings and residents have been asked to consider what would be the best forum for continued consultation on the operation of the plant. The Helpline will continue to be available 24 hours a day and will be answered during working hours. The contractor SDD will continue to be on site and DLR will continue to have an Employers Representative for the duration of the Operation and Maintenance phase. It has been agreed that the meetings will be continued until outstanding issues have been resolved.

#### FOOTPATH INSTALLATION ALONG BALLYBRIDE ROAD

"A section of Ballybride Road is on the programme for road restoration in 2013. A survey has not yet been done but will be carried out in advance of any road improvement works next year."

#### INSTALLATION OF BUS SHELTER BESIDE DUBLIN ROAD/STONEBRIDGE ROAD

"Dublin Bus intend looking at all possible alternative locations in conjunction with Dún Laoghaire-Rathdown County Council as planning permission at the current bus stop site was refused due to the presence of existing services."

## Councillor Carrie Smyth

Your Neighbour and Councillor



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# Local History Talks

## Tuesday November 6th

At 8.30 p.m. Michael J.Conry will present his lecture 'Picking Bilberries, Fraocháns and Whorts – part of our heritage' to the Kilmacanogue History Society in the Glenview Hotel, Glen of the Downs, Delgany, Co. Wicklow – entry donation €3.

## Wednesday November 7th

At 6.30 p.m. Ms. Rosemary Raughter will present her lecture 'Unbounded charity and unfortunate females: Lady Arbella Denny and the early years of the Leeson Street Magdalen Asylum' to the Old Dublin Society in the Conference Room of Dublin City Library and Archive. Admission free – all welcome.

At 8 p.m. a guest speaker will present a talk on 'Martello Towers' to the Rathmichael Historical Society in Rathmichael School, Stonebridge Road (Dublin Road end), Shankill, Co. Dublin – all welcome.

## Thursday November 8th

At 8.30 p.m. Liam Clare will present his lecture 'Victorian Bray' in the Powerscourt Arms Hotel, Enniskerry Village, Co. Wicklow. All welcome – admission €3.

## Wednesday November 14th

At 8 p.m. Jim Robinson will present his talk 'Lady Nelson: The people of HMS Nelson' to the Killiney & Ballybrack Historical Society in upstairs lounge of The

Graduate, Rochestown Avenue, Killiney. All welcome - admission €3.

## Thursday November 15th

At 8 p.m. Des Byrne, Genealogist will present his lecture 'Wire Ropes and Skipping Ropes' to the Bray Cualann Historical Society in Bray Chamber of Commerce House, 10 Prince of Wales Tce, Quinsboro Road, Bray, Co. Wicklow. All welcome – admission €4.

At 8 p.m. Seamas O Maitiu will present his talk on 'Dublin's First Map – Speed's Map of 1610' to the Dun Laoghaire Borough Historical Society in the Kingston Hotel, Adelaide Street, Dun Laoghaire, Co. Dublin. All welcome - €3.50.

## Tuesday November 27th

At 7.15 p.m. Brian White will present his lecture 'The Brabazons of Dublin & Bray' to the Old Dublin Society in Bray Library, Eglinton Road, Bray, Co. Wicklow. Admission free – all welcome.

## Wednesday November 28th

Between 10.30 a.m. and 12.30 p.m. the November 'Morning Open Meeting' of the Genealogical Society of Ireland takes place in Hardy's Bar, Royal Marine Hotel, Dun Laoghaire, Co. Dublin. Contribution €4

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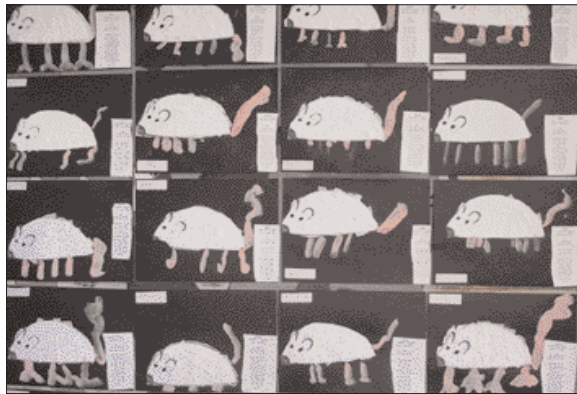


# St Anne's School News

The weeks are just flying by. It seems only yesterday that we were sorting out new books and school bags and uniforms. Now, our Junior Infants are battle-hardened veterans; our footballers have got a few games under their belts and everyone is making steady progress through their work. Senior Infants have spooky witches flying through the school corridors. Third Class have invented new alien civilisations that live on far-distant planets. Morgan Herbst was ranked World Number Two at his class level in Mathematics!!! New after-school activities such as French and Kidz Club have got off to a great start. Music lessons are underway for instruments such as violin, flute and ukulele. In short, the place is buzzing!

There was sadness too as we paid our respects to Mary O'Connor R.I.P. who passed away in October. She was a vibrant and energetic part of our community for many years and will always be remembered fondly.

Potato Day was a great success with lots of different potato recipes being tried out. Many thanks to all those talented parents who gave of their time. This year we really want to get to grips with our gardening and we have got off to a great start thanks to the enthusiasm and support of our



green-fingered parents who are literally putting life back into the class allotments. Our winter crops include onions, cabbages, garlic and pak choi. The annual cake sale and raffle was a great hit with funds being raised to help pay for new laptops for the classrooms. Again, many thanks go to all who helped out.

Our Sponsored Read also took place, raising funds for the school library but also, much more importantly, getting a lot of heads into a lot of books. We've embarked on a number of initiatives to promote literacy among our children: the Wordsworth online phonics training system, a whole suite of extra reading material for individualised reading at Infant level, the new monthly Book Club for 5th and 6th Classes to name but a few. However, one simple strategy works brilliantly and it can be done at home.... READ TO YOUR KIDS EVERY NIGHT.

As you read this article, plans are underway for the 4th, 5th and 6th Class pupils to go on a tour of space.... More of that in our next report.





## *Exquisite children's pedal cars arrive at Tara's Palace Museum of Childhood, Powerscourt*

### CHILDREN'S CHARITIES CONTINUE TO BENEFIT

Three exquisite children's pedal cars were welcomed to their new home in the magical miniature world that is Tara's Palace Museum of Childhood located in the magnificent setting of Powerscourt House and Gardens in Enniskerry, Co Wicklow. Established as a charity in 1994, all profits from admission fees and sales at Tara's Palace Museum are donated to Irish children's charities.

Donated from the Toys of Yesterday Collection, the pedal cars include; a Rolls Royce, a Bugatti and a Hispano Suiza (literally 'Spanish-Swiss').

The cars were built by Hughie McGrath in his workshop in Monkstown where he spent his time building, restoring, designing and inventing, these three were built out of recycled materials.

The pedal cars will add significantly to the magical experience that a visit to Tara's Palace Museum presents to its visitors, old and young alike. The Museum is spread over three rooms and displays antique toys, miniature works of art and dolls houses dating back 300 years. One of the most significant pieces is Tara's Palace, which has 22 miniature rooms containing miniature furniture masterpieces and rare examples of glass, porcelain, silver and ivory collected from around the world.

The project to create Tara's Palace began in 1978 and took 20 years to complete. The Tara's Palace Trust has helped many children's charities including Barnardos, Temple



Street Hospital, Jack and Jill Foundation to name just a few. Recent recipients include the Children's Sunshine Home and Laura Lynn House, The Cleft Lip and Palate Association of Ireland and The Cottage Home.

The Museum opens daily from 10.00 a.m. to 5.00 p.m. Monday to Saturday and from 12.00 noon to 5.00 p.m. on Sunday. Entry fee for an adult is €5.00 and €3.00 for a child. A special family rate of €12.00 is also available which admits two adults and three children. The concession rate is €4.00.

Additional information about Tara's Palace Museum of Childhood can be found on the website [www.taraspalace.ie](http://www.taraspalace.ie), email [info@taraspalace.ie](mailto:info@taraspalace.ie) or by phoning 086 405 6171. You can also follow us on Facebook to receive up to the minute details on all that is happening at the Museum.

## TARA'S PALACE MUSEUM OF CHILDHOOD

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The museum is open 7 days a week  
Monday to Saturday 10am - 5pm  
Sunday and Bank Holidays 12pm - 5pm

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# SHANKILL BOWLING CLUB



Paddy Pegman receiving his trophy for Club Champion



Elizabeth McElhinney, ladies Club Champion



Margaret O'Neill and Brian Dodd (Pairs) receiving their trophy.

The winners of our Club's competitions were presented with their prizes on Sunday 16th September, at the conclusion of the events, by our President Ann Wainright. It must be said, she looked suitably Presidential for the occasion. She was assisted by Men's Captain, Pat O'Toole and Competitions Secretary Paddy Pegman. To have your name engraved on one of our Club's trophies is a very satisfying experience indeed.

## INDOOR LEAGUE

The indoor League has started and we have one team playing in it but we have entered some pairs and trips competitions which we will be keeping up to date with as the season progresses.

The Winter League has commenced and we have two teams competing in it, an "A" and "B", these are of course mixed teams. We expect to do a lot better this year with more commitment than in recent times. It must be remembered that we did actually win this trophy and we should have no great problem in doing so again!

At this stage in December, all our A.G.M.s will be over and new committees elected, so we would like to thank and express our appreciation for work well done to the following;

Ann Wainwright (who we hope is going again), Christy Shortt (same) Mens Capt. Paddy O'Toole and Ladies Capt. Nuala Shortt (who should run again).

We offer our thanks again to Brian Tuite, Club Sec.; Margaret O'Neill our marvelous efficient Treasurer and Joe Gregory, indoor captain and all the committee members, both ladies and men and also those who are involved in securing our new Club House and they include Brian Tuite, Christy Shortt, Jack Gilmore, Jim Kelly and Tom Twomey.

New members welcome, don't delay.

*Paddy Hughes: P.R.O.*

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# Out of School Activities for Scoil Mhuire

While there are always great opportunities for our children in school in every class, every day equally there are terrific opportunities and experiences afforded by out-of-school activities.....

The children take part in various activities and tours over the course of every school year. Among the hardy annuals are Lilliput Adventure Centre, Dun Laoghaire Sailing Club, UCD Sports Complex, Dun Laoghaire Rathdown Heritage Sites, The National Art Gallery, The National Concert Hall, Dublin Zoo and various museums.

## The 50th International Eucharistic Congress

The Second Class children who had received their First Holy Communion had a memorable visit to the Eucharistic Congress in the R.D.S. organised by the school's Religion Co-ordinator, Mary O'Sullivan.

They were particularly thrilled when they met Fr. Eamon Monson from Shankill at the Pallottine Stand. It was from Fr. Eamon that they had received their First Holy Communion....and they couldn't believe it when he was actually on the stand!



*Pictured at the Pallottine Stand are the Second Class children, Stephen Sheridan, teacher, Fr. Eamon with Patricia Slavin, Principal.*



*Pictured at the Pallottine Stand are the Second Class children with Fr. Eamon and the Provincial of the Pallottines, Fr. Derry.*



*Ms. Hunt's happy Junior Infants en route to Sea Life*



*Ms. Hunt's Junior Infants examining the starfish.*



*Ms. Higgins' First Class children at Greenaun Farm*



*Ms. Cronin's Second Class children enjoying their trip to Clara Lara.*



# GARDA REPORT



## FACTS ABOUT BURGLARY:

**27%** of all burglaries occur through the front door.

**32%** of burglars enter your home through an unsecured door or window.

**37%** of burglars enter through poorly secured doors and windows.

**23.5%** of all burglaries take place between 12pm and 4pm.

Thursday and Friday are the most likely days on which to be burgled.

Based on data from 2004 to 2010, there was a 16% drop in residential burglaries during the summer months.

### Personal Safety for the Older Person

If you are an older person you are less likely to be a victim of personal crime.

### Here are some facts about victims of crime aged 65 years and older:

- Overall numbers of older victims of crime has been decreasing in recent years, though the figure for first nine months of 2011 is +1% higher than the same nine months of 2010.
- **Burglary is the crime most committed against older people.**
- **If you are older you are less likely to be a victim of personal crime.** In 2010, 4% of both males and females were victims of personal crime. For both sexes, the lowest victimisation rates were in the older age categories. For males, this age group was the 65+ category, with 2%, while for females these were the 45-64 and 65+ categories, both with 3%. (Crime and Victimisation Quarterly, National Household Survey, 2010)
- **Fear of crime in relation to age:** 44% of those aged 65 years or over reported feeling unsafe or very unsafe walking alone in their neighbourhoods after dark, compared to 21% of those aged 18-24. Similar differences can be seen in perceptions of safety alone in the home after dark. Three times as many in the 65 year or older age group reported feeling unsafe or very unsafe (15%) compared to those in the 18-24 year age category (5%). (Crime and Victimisation Quarterly, National Household Survey, 2010)

### Simple but Effective Crime Prevention Advice for Older People: Home Security

1. Fit a door viewer and a door chain/limiter. These will allow you to safely check callers and retain control over security.
2. Front and rear doors and windows should be kept locked day and night. Keep a list of emergency numbers that you can refer to quickly, if required, e.g. family, neighbours, Gardaí, medical or fire service.
3. If you have a mobile phone, ensure that you have emergency contact numbers recorded under the ICE (In Case of Emergency) system.
4. Keep a Personal Information Pack in your fridge (see Age Action Ireland website for further information [www.ageaction.ie](http://www.ageaction.ie)).
5. Number your house clearly so that emergency services can find you quickly if necessary.

### Bogus Callers

1. Do not open the door to anyone before you've checked who it is and what they want. Use your door viewer and chain/limiter.

2. Check identification, where appropriate.
3. Do not leave strangers unattended at your doorstep.
4. Ensure your back door is locked when you answer a call at the front door.

### Cash/ Financial Security

1. Do not keep large amounts of cash in your home. Use banks, building societies, credit unions, post offices etc.
2. Keep all credit/debit cards in a secure location as well as financial statements/records.
3. Out-of-date cards should be destroyed.
4. Do not give your credit/debit card passwords to anybody.
5. When out and about, avoid carrying large sums of money.

### Out and About

1. Avoid travelling alone, where possible. Go with family, friends or neighbours.
2. If travelling by car, keep all doors locked. Be alert when parking and getting in/out of your vehicle.
3. On public transport sit as close to the driver or exit as possible.
4. Keep cash to the minimum. Carry only credit/debit cards that you need.
5. Keep wallets and purses out of sight; hand or shoulder bags should be kept close to the body and not dangling by the straps.
6. Try to avoid walking at night. If you must, it is advisable to have a companion, walk in well-lit streets and as close to the roadside as possible.

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## Shankill Shopping Centre

An unknown buyer has invested circa €6 million into the purchase of Shankill Shopping Centre which for the most part has been closed since 2007. The owners will refurbish the property and it is expected that over 120 jobs will be created in the centre. This is very welcome news for the regeneration of Shankill Village. Three units operating out of the centre will continue to trade as a chemist, hairdresser and fast food outlet. Over 150 car parking spaces are available at the centre and it is intended that the anchor tenant will be a high-quality supermarket, with other complementary retail units.

### DATE FOR YOUR DIARY

The Children's Referendum  
will take place on

Saturday November 10th 2012.

Information from the Referendum Commission will be posted out to all homes. Many people had contacted me that they wanted a Referendum on a Saturday so that local schools would not be closed on schools days thus necessitating extra costs on child-minding etc.

## Mary Mitchell O'Connor TD

If you have a concern or issue you would like to discuss with Mary or are seeking help or advice please contact Mary at 01 6183302 and she will arrange to meet you in her Constituency Office in Blackrock or in her Dáil Office.

Mary can also meet you in your home if you have difficulty travelling. Please phone for appointment.



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# Shankill Tennis Club



Balcony Scene at Finals Day

Saturday 6th October was Championship Finals Day in Shankill Tennis Club. The large, enthusiastic crowd was treated to some fantastic displays of tennis with matches going all the way to the wire. It was a glorious day, reminiscent of the Summer we nearly had. The Junior members of the club acquitted themselves magnificently with two young men, Jonathan Lindberg and Michael Frawley showing the way in the first match, the Mens Singles Final, which was a thrilling 3 setter, won in the end by Jonathan Lindberg, the number 1 seed. Jonathan was again in action in the Mens Doubles when he teamed up with a veteran of Championship Finals, Ken Tormey, to beat

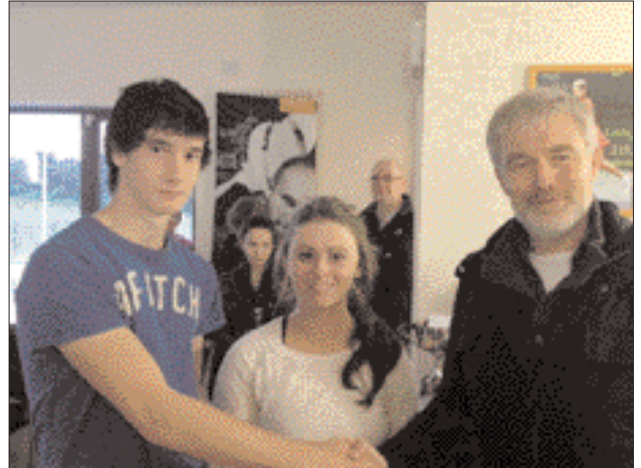


Ronan Troy and Susan Wilson, Mixed Doubles Champions, with Jimmy Cullen, Chairman

Michael Frawley and Jan Freiberger in another nail biting affair which went down to a championship tie break in the third set. Jonathan was thwarted in his bid for a hat trick of titles, when in a real cliff hanger, Ronan Troy and Susan Wilson beat himself and Katie Cassidy in yet another



Photo of Finalists



Jonathan Lindberg and Katie Cassidy, Mixed Doubles Runners-Up, with Jimmy Cullen

Final against Alison Moore while Susan missed out on a second win when herself and her partner, Maria Dowling were beaten by Alison Moore and Marian Caulfield in another thriller. The final of the Plate competition was a tight affair with Peter Cosgrave and Maire O'Meara winning a closely fought encounter with Derek Adams and Jennifer Nestor. Many thanks to the Tournament and Social Committees for all their hard work and energy during over two



Alison Moore and Marian Caulfield, Ladies Doubles Champions



Katie Cassidy, Ladies Champion, with Jimmy Cullen

weeks of competition - as always the Club competitions could not be run without their commitment and enthusiasm.

In other news, the Club is excited about the next phase in its continuing development. By mid-2013, the Club should be able to boast two extra full-size courts, mini courts and a hitting wall

while three of our existing courts will be resurfaced to match the four that were resurfaced in the recent past.



Jonathan Lindberg, Mens Champion



Michael Frawley, Mens Singles Runner-up



# “You need to consider a Nursing Home place for your loved one”

These are the words that strike, worry, fear, guilt, sadness and many more emotions in people when they hear them for the first time. What will be involved? What will it cost? Where will I find one? When will she/he have to move? Hopefully I can help you weave your way painlessly through the process.

With the introduction of Health Information and Quality Authority Standards for Older People (HIQA) you will be able to relax, there are a lot of great Nursing Homes in Ireland to choose from with very high standards of care to offer.

## WHERE DO I START

If the person is in a hospital follow the advice of the social worker who will keep you informed of the process, if not discuss it with your GP or Public Health Nurse.

Initially you should consider the possibility of Nursing Homes Support Scheme, a “Fair Deal”.

This is a new scheme of financial support for people who need long-term nursing home care. It replaces the Subvention Scheme which has been in existence since 1993. Under the Nursing Homes Support Scheme, you will make a contribution towards the cost of your care and the State will pay the balance. This applies whether the nursing home is Private, Public or Voluntary.

The scheme has a number of steps and these are set out in the detailed Nursing Home Support Scheme information Booklet which can be downloaded: **Nursing Homes Support Scheme, a Fair Deal website.**

All the information you require is on this site i.e.

- Applying for the scheme
- Care Needs Assessment
- Financial Assessment
- Nursing Home Loan
- Next Steps
- Contact for your Local Nursing Home Support Office
- Lists of all Public and Private Nursing Homes and their weekly costs

This is a lengthy process.... and not for the faint hearted, my advice would be to start it as soon as you are asked to consider a nursing home.

## CHOOSE A NURSING HOME

You will be given a list of Nursing Homes to look at, and asked to visit some and make a list of your top 5 or 6.

Make an appointment with the nursing homes you wish to view, and you will find that the senior staff will have the time to spend with you. If you arrive unannounced without an appointment you may not get an opportunity to see the home, or a very quick tour which will be insufficient to make a judgement.

Many of these will not be suitable to you for various reasons, so make a short list before you start of your own criteria. e.g.

- **First Impressions** you will immediately know if you like the nursing home or not – my advice is go with your gut feeling
- **Geography** of the Nursing Home, it may be near where your loved one lived, but think about the family and is it convenient for them to visit ?
- **Services offered** what do the nursing home offer in terms of clinical services, physio, Local GP, Speech and Language, Optician, Dental Care, level of Trained Nurses and carers etc?

- **Dementia Care** Is this catered for specifically if it is your requirement.
- **Activities**, does the nursing home have an activity coordinator, and are these services included in the cost?
- **Hairdressing**, This should be offered, particularly for women, or some arrangement to have it included
- **Religious Services** what is available, this is very important to many people.
- **Gardens**, Is there a nice garden to sit outside, or enjoy from a warm spot indoors?
- **Catering**, ask about the food and times of serving, view recent menus if possible?
- **Bed Availability**, is there any availability for you, or is there a waiting list, if so ask how long it is?
- **Room Occupancy**, is it a single room with en suite, or multiple occupancy that is available?
- **Voting availability** this is very important, particularly to older people
- **Costs**, find out the weekly costs, what is included, and what is extra, normal extras would be Hairdressing, Chiropody etc, things you would normally pay for if you were at home.
- **Take the telephone number** of the nursing home, in case you find you would like to ask further questions or visit again.
- **Take the potential Resident along with you if you can**, if not include them in the process and decision making where possible, this will make the transfer easier for them if they have been involved.
- You will find that the Hospital staff will be keen to offer support to you to find a nursing home, however ensure it is the right one for you and your family, don't be pressured into the first one with an available bed, with the intention to transfer on later, it is not advisable from a clinical point of view to move elderly people from place to place.

When you have your short list organised, you can check the last inspection report on the HIQA website, good or bad. Go to the website, put in the details of the Nursing Home(s) you are considering and you can read their last report. This is a good guide if you have a few you are finding it hard to choose from and you want to narrow it down.

Don't worry if they don't appear settled right away, in my experience it takes 3 – 6 weeks for residents to settle in to a New Home. They are meeting new people, sleeping in a strange bed, getting used to others sharing their home, and it can leave them unsettled for a while. Usually by six weeks they are happy and content.

## WHAT HAPPENS IF THEY DON'T SETTLE

Most Nursing Homes offer 4-6 weeks settling in period, so if all else fails and you know this is not the place for them, you can move your loved one to another Nursing Home.

I hope you find this guide helpful to you. Picking out the right Nursing Home is a very hard and emotional journey for any family to undertake, but when you make your decisions and your loved one seems happy and content in their new home, it will all have been worthwhile.

*Anna Paterson, Director of Nursing, Cairnhill Nursing Home, Westminster Road, Foxrock, Dublin*

# RATHMICHAEL NATIONAL SCHOOL



**CYCLING** — Sixth Class have been taking part in some cycle safety lessons in the school. These take place over a 6 week period. They are taught about maintaining their bikes, the use of safety equipment and the rules of the road. The pupils enjoy the lessons and become more confident.

**NEW PITCH GRAND OPENING** — We are very excited about our new synthetic grass pitch. On 5th October we had our Grand Opening. It was opened by Daphne Hall, President of the Irish Hockey Association, and David Judge, who won most caps for Ireland in his day and was in the Guinness Book of Records. We had three matches. Past pupils who have excelled in hockey since leaving Rathmichael, Parents and teachers and pupils in the school. The PTA served refreshments and the weather behaved. We hope to get great use out of this pitch and thank all who have contributed.



## RATHMICHAEL PARISH NATIONAL SCHOOL

### "GERMAN STYLE" CHRISTMAS MARKET

**Date:** Saturday 1st December. **Time:** 1.00 p.m. - 5.00 p.m **Venue:** Rathmichael Parish National School  
 Gifts, Christmas Foods, Baked Goods, Decorations, Jewellery, Clothing, Handmade Items and much more

There will also be entertainment with a Brass Band and Carol Singers

For the Children there will be a Santa's Grotto, Christmas Movie and Games

Come and get into the Christmas Spirit with us



## Shankill



# SHANKILL FC 2012/13 SEASON UNDERWAY

## Owen's Under 8s of to a flyer

Shankill under 8 A1 team has started the season in fabulous form, the first game was away to Kilnamanagh and after a shaky start which saw them go 3:0 behind, the lads rallied and fought back to win 6:4. All part of the master plan says Owen their manager?

The comeback was started by Jamie who broke from midfield to score two excellent goals which brought us in 3-2 down at the break. He went on to complete his hat trick on



the day. Callum then scored for Shankill to take the lead with a class finish. Brandon then scored a screamer of a free kick and Tristan put the icing on the cake with a wonderful individual goal. Ronan, Cian, Tadgh and Gavin worked tirelessly in midfield and defence with Eoghan and Max showing great determination and pace in attack.

Next up were two local derbies versus Cabinteely and Joes. Cabinteely were dispatched 7:2 but the lads came unstuck against a very good Joes side in Sallynoggin, Joes winning 6:2. However winning ways were restored in the next game beating another local rival Ballybrack 6:2

Some of the football these kids are playing defies belief, the teamwork and camaraderie shown by the players is second to none. The coaches must take great credit for the time they give up and the work they do for the players. The lads are playing some great football and it has been a real team effort. Well done to Brandon, Cian, Callum, Eoghan, Jamie, Gavan, Max, Tadgh, Tristan and Ronan.

For further updates on how this team and indeed all of Shankill's teams please visit our website [www.shankillfc.ie](http://www.shankillfc.ie) which is updated regularly. Or even better take a trip down to Shanganagh Park on a Sunday morning to support the teams, you won't be disappointed.



## Under 11 C1 Have a storming start to the season

The under 11 C1 team have so far played four won four. It doesn't get much better than that.

Shankill FC under 11s made the short journey to Cabinteely for a local derby in a match that proved to be keenly contested. After a bright start, Shankill found themselves 2 - 0 down, somewhat against the run of play. Ben then pulled a goal back with a superb individual goal before Stephen scored the equaliser on the stroke of half time. Cabinteely came out strongly at the start of the second half and quickly re-established the two goal lead and at that stage the Shankill boys looked to be in trouble. However displaying great grit and determination Shankill refused to be lie down and be beaten, some superb interplay between Tariq and Stephen resulted in a further two goals for the latter and left the score 4 - 4 with two minutes to go. A quick counterattack resulted in Sean squeezing the ball in off the post to leave Shankill ahead for the first time in the match. Cabinteely then laid siege to the Shankill goal and looked certain to equalize before Conor pulled off a superb save. Stephen Kelly then scored again in the last minute, his fourth goal of the match, to round off a magnificent 6 - 4 victory for Shankill. Well done lads.

### SHANKILL FLOWERS

Shankill FC would like to thank Shankill Flowers for their kind sponsorship of the under 9 teams this year.

We are always on the look out for new sponsors for the club and our teams, anyone interested in getting involved with your local kids' football team please call Brendan Yates on 087 2279586.

## Shankill FC Boots

Shankill F.C. boots are now available to buy from the club, these high quality boots are available in sizes kids 12 to adults 7.5. Orders need to be in before the 10th of November to ensure delivery before Christmas

Contact Brendan on 0872279586.





# Shankill Active Retirement Association

Our meeting on 15th October was the AGM when we reviewed the past year, which was our 10th year in existence. We were as busy as usual going on several outings, talks at monthly meetings, monthly lunches at Café One and taking part in creative competitions. We gladly welcomed some new members and continued our friendships and support within SARA.

The hard work of the Committee was acknowledged and members were urged to join the new Committee for 2012/13. Special thanks were due to Ed Wilkins, who has been our Hon. Treasurer for the past 3 years and to Avril Wardlaw, both of whom are stepping down. Thanks also to Pat O'Connor, who, in spite of the difficulties she has undergone this year has been an inspiring Chairperson.


It was unanimously agreed that the annual subscription should rise from €20 to €25, due mainly to AR Ireland putting up their subscription.

A new Committee was elected as follows"

Chairperson: Pat O'Connor  
 Hon. Secretary: Mary Griffin  
 Hon. Treasurer: Peg Williams  
 Committee: Kay Griffin, Kay Grogan, Clare Kavanagh, Sallie Dickson

We meet on the third Monday of the month at St. Anne's Resource Centre at 3.00pm, and new members are always made welcome. For more information please contact Pat O'Connor at 2820733.

The next monthly meeting will be on 19th November. The monthly lunch will be on 30th November at 12.30pm in Café One in the Barbeque Centre.



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## BOOK REVIEW

### **Dissidents – Irish Republican Women 1923 –1941**

by Ann Matthews, published by Mercier Press.

This is the sequel to Ms. Matthews' earlier work 'Renegades', also available from Mercier Press and in this new work Ms. Matthews explores the role and experience of the women within the Republican movement and their impact on the political landscape between 1923 and 1941. In this fascinating and engrossing study, Ms. Matthews reveals that while around 10,000 Irish women were actively involved in the fight for Irish freedom during the War of Independence, the role of women in Irish politics declined with the outbreak of the Civil War so that by the early 1940's only a handful of women were involved.

This decline is explored in 'Dissidents' ranging from the divisions caused by the signing of the Anglo-Irish Peace Treaty which led to a fatal splintering of Cumann na mBan, the women's Republican organisation, the effects of internment on females during the Civil War, the failure of the leadership to realize the financial conditions that many ordinary members had to endure, ideological dissent and differences, the emergence of Fianna Fail and the relegation of the majority of women in Irish politics to the margins.

During the Civil War over 600 women were interned, at least 12 of whom were from Dalkey, yet during this period Cumann na mBan's effectiveness continued to decline – to the extent that by the 1930s this organisation had become a footnote in Irish history.

Also explored in this book is how the majority of Irish women were sidelined in Irish politics due to the splintering of the Republican political movement caused by internal wranglings and dissent and the rise of Fianna Fáil to power.

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# PLANNING APPLICATIONS

## NOTICE from SCAN re PLANNING APPLICATIONS

We are aware that some of the notices about planning applications and decisions are out of date by the time you receive your SCAN but feel that our readers wish to know what is going on in their area. We would like to remind you to keep a look out for new planning notices and, if you feel that they could be of interest to you, go to the Planning Office in Dun Laoghaire-Rathdown County Hall, Marine Road and request to see the plans.

D05A/0168/E PERMISSION TO EXTEND DURATION GRANTED 11/9/12

**NAMA, Shankill House, Ferndale Road, Shankill.**

Development comprising construction of 15 dwellings. Refurbishment of Shankill House, boundary treatment, and new vehicular access.

D12B/0196 PERMISSION GRANTED 12/9/12

**Mr Michael Cawley, 89 Dorney Court, Shankill.**

Construction of new attic conversion to include new flat roof dormer window to rear, extending existing hipped roof with new circular window in gable end.

D12B/0248 PERMISSION GRANTED 17/9/12

**Gillian Trapnell, 60 Hazelwood, Shankill.**

Upgrade of attic store with additional Velux windows on front, side and rear and change of hipped roof to dutch gable style.

D12B/0259 PERMISSION GRANTED 19/9/12

**Mr Michael Duncan, The Quarries, Quarry Road, Rathmichael.**

Erection of single storey extension with pitched roof to existing cottage, alterations to cottage and 2 surface parking spaces.

D12A/0382 SEEKING PERMISSION 28/10/12

**Lawrence & Jana Weldon, 191 Corbawn Wood, Shankill**

Demolish existing boundary wall and construct new solid concrete boundary wall with external finish to match existing dwelling, convert existing side access into a covered area for new toilet, utility and store with tiled roof

to match existing roof with roof lights in new roof, front driveway etc.

D07A/0776/E SEEKING EXTENSION OF DURATION OF PERMISSION 2/10/12

**Caraghstone Homes Ltd, 193 Library Road, Shankill.**

6 x 4 bedroom detached 2 storey houses over garden basement level with pitched roofs and velux rooflights to rear, with new vehicular and pedestrian access from Library Road. Vehicular and pedestrian access to existing house, also from Library Road. New site road, landscaped areas and car parking to front of houses. New boundary wall to site and existing house all to rear of main location.

D12B/0312 SEEKING PERMISSION 2/10/12

**Eoghan and Tanya Tiernan, 39 Foxes Grove, Shankill**

Demolition of existing garage and erection of new single storey extension to front and side.

D12A/0315 PERMISSION GRANTED 4/10/12

**Bray Emmets GAA Club, Old Connaught Avenue, Bray.**

1. Cover spectator stand located along western boundary of grounds, accommodating 250 seat approx., area 189m<sup>2</sup>, height 6 metres approx. 2. Single storey detached changing rooms, spectator toilets and bicycle system located at southern end of the grounds. 3. Change of use of first floor gymnasium within existing clubhouse to multi-purpose space for use as gymnasium/function room/ meeting room incorporating club members licensed bar. 4. Retention permission for single storey building and hurling practice wall with clubhouse/compound area; minor external elevation adjustment and minor internal adjustment to ground floor toilets of existing clubhouse.

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## Cuala GAA Club News

The Cuala pitches in Shankill have been buzzing over the last month as a number of the club teams got ready for Championship action.

The club scene in GAA really comes to life after the summer season of the All Ireland Championships and Cuala is set for a number of big games.

We had no fewer than seven lads playing in the All Ireland minor finals during September. Conor Mulally played at centre back on the winning Dublin football side while Cian O'Callaghan was the captain of the hurlers who took Tipperary to a replay but came up just short on the day.

Both lads, together with their inter county colleagues have played a big part in Cuala teams making progress in the Dublin Championships as well.

The Senior hurlers knocked out five-in-a-row champions Ballyboden St Enda's in the group stage of the Senior

Hurling Championship and then took out Craobh Ciarán in the quarter finals before facing Crumlin in the semi final in late September. A late penalty save by Sean Brennan was enough to see the lads through to a county final against Kilmacud Crokes. The first at this top level the club has reached for 18 years but it won't be the last.

The footballers also made great progress through to the intermediate Dublin Championship Final with a semi final win over Na Fianna. We will have news of how the club gets on in both those finals in the next issue of Scan.

The younger teams in the club have also been going great with the U14 boys hurlers winning the first league title of the season with two games to spare and the U13 and U14 girls teams both making it to the finals. You can see the Cuala teams playing and training every weekend all year round on the pitches at Shanganagh.



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**Ph: 201 6753**