

Keep warm with Soup

As we head into wintry weather we need lots of warm comforting foods. At this time of year root vegetables like carrots, parsnips and turnips are plentiful as well as celery, leeks and onions and these make a cheap, healthy and satisfying soup (*see recipe*).

Add lots of herbs to give extra flavour. Chop up fresh herbs if you have them. Dried herbs are good too but be careful not to add too much as they can taste stronger than fresh ones. Adding garlic, ginger, paprika, or chilli can 'heat up' the flavour of the soup. Dried vegetables known as pulses including various types of dried beans, peas and lentils are rich in protein. Adding them to a soup will make it more nutritious and satisfying. Alternatively add chopped cooked meat such as chicken, turkey, sausage or chorizo to make the soup into a complete meal when eaten with a crusty roll or wholemeal bread.



If you have bread that needs to be used up make crutons with it. Cut the bread into small squares and fry them until brown. Use just enough oil on the pan to make it glossy so the bread squares move around easily and don't get greasy. Alternatively toast the slices of bread until they are brown, allow to cool and cut into small squares.



Sprinkled on top of a bowl of soup before eating it. Add a little grated cheese for a different and tasty finish.

Using a slow cooker allows you to make a lot of soup in one go. If you put it on in the morning you will come home to a hot tasty nourishing soup. If you cook more than enough for one meal, put it into containers and freeze it so you have a quick tasty soup when you need it. When reheating the soup make sure it comes to the boil before eating it.

The recipe here is for a basic vegetable soup.

- You can vary it with different vegetables – potatoes or butternut squash will help thicken the soup. Use the same amount of vegetables to stock as in the recipe.
- To make the stock you can use stock cubes. Follow the instruction on the packet - usually 2 stock cubes to one and a half pints (or one litre) of water. Cooking liquid from potatoes or veg can be used if salt has not been added to the water (it would make the soup too salty).
- Use a small amount of vegetable oil to fry off the veg – measure it into the pan with a spoon so you don't pour in too much. You can omit the butter, the oil will be sufficient to fry off the veg.
- You can make your soup chunky or put it through the blender for a smooth finish.
- When serving it up, put a spoon of creme fraiche on top of each bowl of soup and sprinkle with chopped parsley or your favourite herb for a professional touch!

Remember to eat warm foods like soup to help keep your body temperature up on cold wintry days. Hot food on the inside + thermals on

the outside = double insulation in cold weather!

Vivien Reid

HOMEMADE VEGETABLE SOUP

Vegetables are an essential part of a healthy diet but also taste fantastic, especially when made into soup. This soup is very easy to make – even if you have never cooked.

Serves four people

Ingredients

- 1 Spanish onion
- 1 leek
- 2 medium sized carrots or 1 large carrot
- 2 sticks of celery
- 1 small turnip or ? of a large one
- 1 clove garlic
- Fresh parsley and thyme (you can use dried but fresh always gives a better flavour)
- Olive oil
- Knob of butter
- 1 1/2 pints vegetable stock

Method

- 1 Heat 1 tablespoon of olive oil and a small knob of butter in a large saucepan
- 2 Chop the onion, carrot, celery, leek and turnip into small pieces (about 1 cm cube – although there is no need to be too precise about this)
- 3 Sauté all the vegetables in the oil for 10-15 minutes over a low heat, stirring occasionally
- 4 Then add the chopped clove of garlic, 1 tablespoon of herbs and 1 ? pints of vegetable stock. Vegetable soup can also be made with chicken stock for extra flavour
- 5 Bring the soup to the boil and simmer for about 40 minutes. Taste it to see if it needs extra salt or pepper
- 6 You can eat the soup as it is or cook it for another 20 minutes and liquidise it to make a smooth soup
- 7 Add some chopped fresh parsley and serve.

Tip: Vegetables are rich in antioxidants and vitamins but also have an incredible range of textures and flavours that can give a boost to any meal.

Recipe taken from The Food Safety Promotion Board website
www.safefood.eu

6 Old Bray Road,
Cherrywood, Co. Dublin
(beside Silver Tassie Pub)

Tel: 01-2825688

Web: www.juhu.ie

Wed - Sat 5:30pm until 10:30pm

Sun 4:30pm until 9:30pm

On the back of a post holiday credit card bill, I decided that it might be a good idea to forgo a visit to a restaurant this month and explore one of the take-away options available in the neighbourhood. I have long been a fan of **LET'S EAT IN** based the Barbeque Centre. That they couple consistently good dishes with a huge selection of options from across their Chinese, Indian, Thai & Italian menus means that, while their number is not on speed dial yet, I no longer have to provide them with directions for the delivery driver.

A relatively new option in terms of take aways is **JUHU MASALA** which has recently opened in what was previously a Chinese takeout beside the Tyre Centre on the N11. When the menu arrived through the letterbox, I decided to give it a go.

The biggest problem in describing Juhu Masala is how to categorise it. It mixes elements of Chinese, Thai, Indonesian, Korean & Malay cuisines to deliver a menu which they accurately characterise as 'Asian Fusion'. If your standing order is a sweet and sour or a curry, Juhu Masala offers you the opportunity to try something new and very different. The menu extends to 7 starters, 9 mains and various side dishes and accompaniments, each marrying elements of two or more cuisines and available in a choice of meat (beef, duck, chicken, pork, monkfish, prawns or veggie). Unusually, perhaps cruelly for a takeaway, hand-made deserts are also available.

There were 3 of us eating so we ordered a starter each – Momos Pork Dumplings (€5), Lamb Lollies (€5) and

the starter of the day, Ginger & Green Banana Fritters (€5). The three plump dumplings served with a simple dressing were devoured, similarly the minced lamb kebabs served with a mint chutney never stood a chance. The fritters were also well received but were the last to go - must be a carnivore thing. For mains we choose one of their nightly specials which was a Chickpea and Potato Curry with aubergine, tomato and a red onion side salad (€10), Black Magic with Beef (€13) which is similar to a black bean sauce but with the twist of sweet mango added and a Prawn Sweet Seoul (€12) which was a prawn dish described as a honey curry with an array of herbs and sweet potato and kangkung (very like spinach), We also ordered 2 lemongrass rice and a masala rice as well as some Roti which is an Indian flat bread offered here as an alternative to naan. All were excellent. There is something very different about the dishes from Juhu. They are light and fragrant, delicate even. I would compare it most to Thai food rather than Indian or Chinese. The special chickpea curry was gorgeous – the chickpeas were nice and firm not overcooked as you usually find when used in a curry and the salad that went with it had a lovely fresh tomato taste. The good thing about eating with a group is you get to try everything and I was equally as impressed with the Black Magic and the Sweet Seoul dishes. We finished our meal with a Madagascar Chocolate brownie (€3), Lime and Ginger Cheesecake (€3) and Rich Chocolate Mousse (€3). The Mousse came out as the clear favourite; mind you all plates were cleared!

It seems that an emphasis is placed on the quality and freshness of ingredients. The beef is indicated as Irish fillet and the chicken is certified organic. Their monkfish, something usually reserved for restaurants, is delivered directly from Dunmore East twice weekly and artificial flavourings and preservatives are outlawed. This attention to detail is not lost in the end product.

A meal for 3 came to €66 - a few euro more than you would pay for a fish supper but not expensive for the restaurant standard food received.

•••• DENIS O'CALLAGHAN
OVERMATTER

a full re-surfacing job." "The potholes at the locations described at (b) and (c) above are being repaired as required. They will continue to be monitored pending the availability of resources to carry out a full re-surfacing job."

Inspection of Footpath on Shrewsbury Road

"This location has been inspected when it was noted that a section of footpath has been uplifted considerably by the action of roots of a tree in the adjoining grass margin. A temporary repair with macadam has been undertaken to diminish the possible hazard to pedestrians pending the availability of resources to carry out a full reinstatement of the footpath at this location. It should be noted that consideration will have to be given to the removal of the tree to facilitate this work. If this turns out to be necessary, the Parks Department will be asked to plant a suitable replacement in due course."

SCATS Traffic Management System on Wyattville Road

Question: Councillor D. O'Callaghan

"To ask the Manager to report regarding the upgrading of traffic signals of remaining junctions on the stretch of the new Wyattville Dual Carriageway to provide free flow of traffic as part of the SCATS Traffic Management System i.e. Wyattville Road/Church Road Junction, Wyattville Road/Churchview Road junction and to indicate a time frame for this completion?"

Reply:

"The Traffic Section are finalising the design of the Wyattville Road/Churchview Road junction with a view to work commencing in October. The Traffic Section have identified the works required at the Wyattville Road/Church Road to put it onto SCATS and subject to funding being available would hope to carry out the work in 2012."

CARRIE SMYTH OVERMATTER

717 fines issued
357 fines paid
113 prosecutions initiated

Graffiti

The programme for graffiti removal continues during 2011 throughout the County. To date the Council has removed 3,172 Sqm of graffiti from public areas around the County. In addition, a substantial amount of graffiti is now being removed by local residents and Tidy Towns Groups. The Council continues to encourage and work with these groups to address the problem of graffiti in their areas. Assistance is provided by way of graffiti-removal kits, paint and equipment, etc.

Dog Control Policy

A group was established to examine issues relating to dog control in the County. The group met on a number of occasions and at the most recent meeting on 12th September 2011, and it was agreed at the meeting to proceed in the short term as follows:-

Continue to monitor use of off-leash areas in Parks and Killiney Beach and consider other off-leash areas for 2012 (subject to finance).

Retain the current Parks and Beach bye-laws and review the success or otherwise of existing off-leash areas before considering any new proposals.

Continue to research and investigate associated health related issues and continue communications with relevant groups and experts.

Foster responsible dog ownership by providing training by DSPCA in a number of Parks.

In the meantime, it was agreed that there was no benefit in the group continuing to meet.

With the agreement of the Area Committees, it is proposed to continue the roll out of off-leash areas in local parks (subject to finance) and continued monitoring of the off-leash area on Killiney Beach

CONSERVATION REPORT: FAMINE CEMETERY/WORKHOUSE BESIDE LOUGHLINSTOWN HOSPITAL

Although undoubtedly of local historical and heritage importance there is no official legislative designation available that could cover the famine graveyard at the site adjacent to St. Colmcille's Hospital Loughlinstown. The graveyard does not fit the criteria to be listed as a Protected Structure and it is also of too recent origin to be considered under Archaeological designations. However, the issue of retaining the graveyard is addressed in current Dún Laoghaire-Rathdown development plan, which contains a specific local objective that relates to this site. It is Specific Local Objective 43 - "To retain the famine graveyard on the site adjacent to St Colmcille's Hospital".

Contact: J. Craig, Acting Conservation Officer
T. Carey, Heritage Officer

PART 8 : DART CAR PARK AND OPEN SPACE DEVELOPMENT – SHANKILL

REPORT CIRCULATED ON NIGHT OF MEETING

SCAN

NOVEMBER 2011

SHANKILL COMMUNITY NEWSLETTER

VOL. 16, No. 11



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Monday to Friday
9.30am - 12.30

SCAN DEADLINES

The deadline for articles and advertisements for inclusion in the **DECEMBER 2011** newsletter is **12th NOVEMBER, 2011**.

The editorial board does not accept any responsibility for any views expressed in contributions to the magazine.

Due to space restrictions publication of all articles cannot be guaranteed.

SCAN MAGAZINE

is produced by members of Shankill Community who are voluntary, part-time and unpaid.

EDITORIAL BOARD

Articles/Content: Bríd Meehan
Barbara Lyons
Sheila Thomson
Advertising: Moyra Garvey

Printed by Opus Print (01) 4057815

**BOOK SALE**

Book Sale takes place on first Saturday of the month in the Old Folks Centre from 10.00am to 1.00pm. All proceeds in aid of the Old Folks Centre.

Book donations welcome on the day

ST PETER'S CHURCH

The renovations of the church have been completed.

New Mass times are Saturday at 7.30pm, Sunday 10.00am and 11.30am.

Our weekday Masses stay the same Mon to Friday 7.30 am and 10.00am. Saturday 10.00am only.

Blessings of the graves Sunday 6th November at 4pm

Acknowledgement

JAMES (JIMMY) HENRY

New Vale

Died September 6th 2011

We, the family of the late Jimmy Henry would like to express our sincere gratitude to all those who helped and supported us during a very difficult time.

We'd like to thank all the staff on the Cedar Ward in St. Vincent's private Hospital for their care and compassion. A special word of thanks to District nurse Margaret Connolly for her help.

To the many family members, neighbours, friends and work colleagues who sent flowers, mass cards, attended the funeral and called to visit to offer their condolences, we thank you sincerely. It meant a lot to us. We know so many of you were very fond of Jimmy and will miss him greatly too.

Thank you for your kindness

"Ar dheis De go raibh a anam"

Cake Sale

Sunday 6th November

After the Masses

St Anne's Resource Centre

In aid of

Focus Ireland (Homeless)

CONTENTS

Re

Re

If you wish to advertise locally for Christmas

SCAN (Shankill Community Newsletter) is delivered monthly to 3,700 HOMES and BUSINESSES in the greater Shankill area.

MOUNTAINS OF THE MOON UNIVERSITY

Dear Patrick

I am greatly honoured and exceedingly humbled to have this chance to communicate to you about the completion of my struggle, but also I take the opportunity to thank you and every one there who had a hand in my struggle. I understand how everything has been out of love and parental care. I thank you for the continued support.



I must say that I am now a proud young lady who is ready to face the challenging business world at any given level. The education and skills I have attained have prepared me to strive for success. Thank you very much for the parental love.

Thank you for the email, and above all your interest to understand what my next step is going to be in terms of business or career. This is an interesting question which I will be greatly honoured to answer later. I do have different business ideas but trying to concertize on one or two then I will share with you, but in all business is the way to go as unemployment levels are sky rocketing in Uganda.

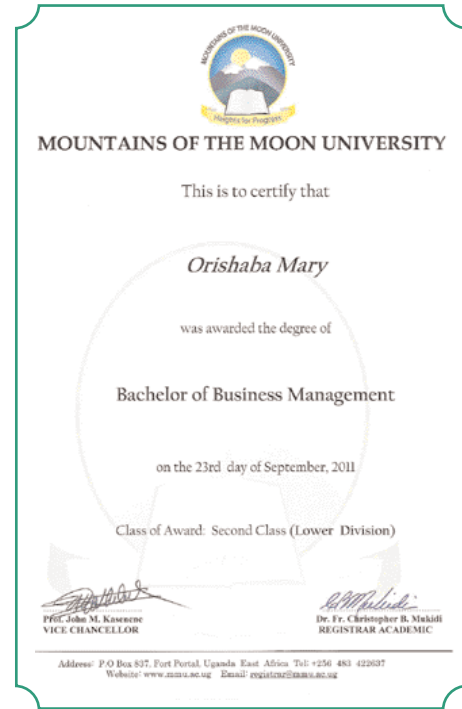
I am glad that the university issued out our transcript at the day of graduation.

I have attached my transcript and a few photos for

accountability but also to share my joy with you. I close here for now, my heartfelt greeting to my mum Kathie and others who know about me.

Kind regards

Orishaba Mary



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Local History Talks

Wednesday November 2nd — At 8 p.m. Frank Tracey will present his lecture 'Glencree' to the Rathmichael Historical Society in the Burton Hall, Rathmichael National School, Stonebridge Road, (Dublin Road end), Shankill, Co. Dublin – all welcome.

Thursday November 3rd — At 8 p.m. John Hamrock will present his lecture 'Researching your Family History' to the Kilmacud-Stillorgan Local History Society in the Function Room, Glenalbyn, Stillorgan, Co. Dublin. Contribution €3.

At 8 p.m. Ed O'Donovan will present his lecture 'Results from Excavations in Swords and Wicklow' to the Ballybrack-Killiney Historical Society in The Graduate Lounge (Upstairs), Rochestown Avenue, Killiney, Co. Dublin. Admission €3 – Students / Unwaged €2.

Tuesday November 15th — At 8 p.m. Nicholas Ryan will present his lecture 'Half a Century of the Stone 1950 – 2000' to the Foxrock Local History Club in the Foxrock Parish Centre, rere Foxrock R.C. Church, Foxrock, Co. Dublin. Tony Suttle will give a short talk on 'The Monuments of O'Connell Street'.

Wednesday November 16th

At 8 p.m. Liam Clare will present his lecture 'From Red Cow Lane to Bull Alley

Street – Dublin Street and Place Names' to the Dun Laoghaire Borough Historical Society in the Kingston Hotel, Adelaide Street, Dun Laoghaire. All welcome.

Thursday November 17th

At 8 p.m. Ms Rosemary Raughter will present her lecture 'Lady Arbella Denny and the early years of the Leeson Street Magdalen Asylum' to the Bray Cualann Historical Society in the Bray Chamber of Commerce House, 10 Prince of Wales Tce., Quinsboro Road, Bray, Co. Wicklow. All welcome – admission €4.

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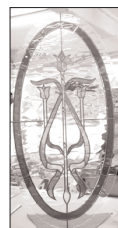
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Road Safety – Driving on the Motorways and Winter Preparations

The Motorways of Ireland have vastly improved over the past number of years. While driving on the motorways please remember:

- To Drive within your own ability, the speed limit is not a target to be exceeded it is the maximum speed allowed. Your speed should also reflect traffic and driving conditions at time of driving.
- You are obliged to drive on the left, the outer lane is an overtaking lane; on three lane motorways the left lane is the driving lane, the other two are for overtaking always return to your left when you have completed your overtaking manoeuvre.
- Never stop on a lane of the motor way never stop in the centre island. If you need to repair a puncture always go to the hard shoulder on the left or if possible exit the motor way to services area.
- Remember to be courteous to other drivers, we all make

mistakes, be alert to all possibilities as different drivers are a various stages of their driving careers.

- Everyone should have a seat belt, the driver should not have possession of any phone or electrical device while driving, never drink and drive and even in heavy motorway traffic concentrate on your driving not on reading the newspaper or fixing your make-up.
- Do not get involved with drivers who engage in dangerous driving; note the registration number of the vehicle, the colour, the make, a description of the driver and place of driving including date day and time. You can report the incident to your local Garda Station or to

Traffic Watch on 1890 205 805,

who will arrange for the matter to be fully investigated.

FOR WINTER DRIVING

Please ensure your car is fully serviced, check and check car equipment wheel brace, car jack and spare wheel. You should also have a reflective Jacket, Torch, car phone charger, First Aid kit and reflective triangle.

DAILY CHECKS

Tyre depth, water in washer bottle, oil, petrol and Bulbs should be checked daily especially with longer colder evenings.

Try to have your car washed and waxed before the winter as this reduces the effects the winter weather has on visibility out of your car and the effect the weather has on the appearance of your car.

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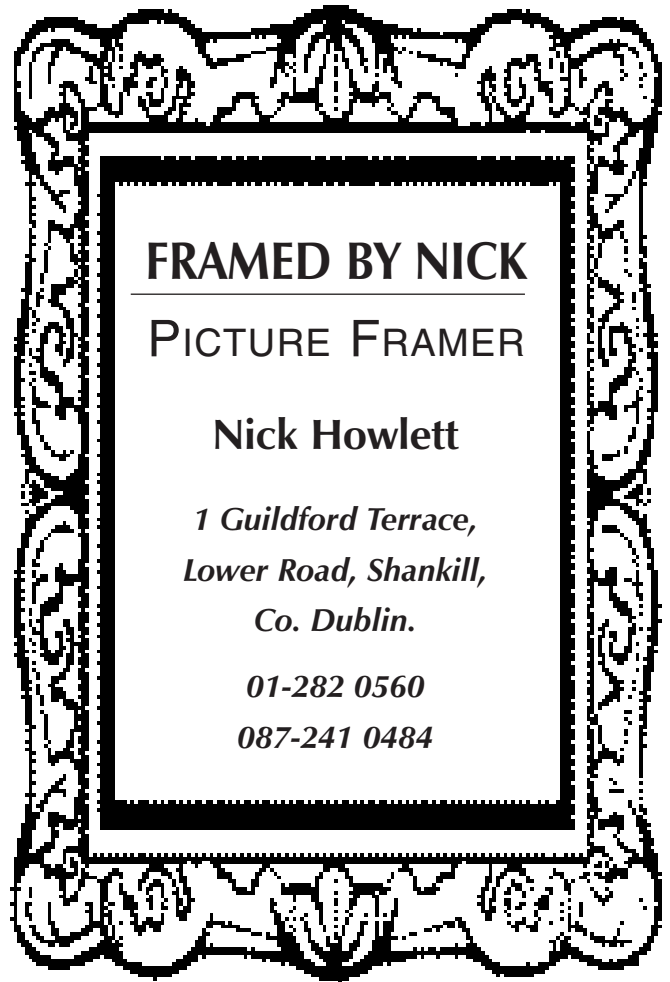
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SHANKILL CLASSICAL MUSIC CLUB



Franz Liszt (1811-1886)

The October meeting marked the anniversary of Franz Liszt, born two hundred years ago this month. He is best known as a composer for the piano, and not surprisingly John O'Hagan included a selection from the massive and very varied piano repertoire. But Liszt was an innovator in many other ways, and the programme aimed to illustrate some of these. It also drew attention to his practice of making several versions or arrangements of many of his pieces, often with different instrumentation from the original.

The piano pieces ranged from the introspective late *Nuages gris* (played by Sergio Fiorentino), through one of the many piano transcriptions of other composers' works (a movement from Beethoven's fifth symphony, played by Cyprien Katsaris), and one of the operatic paraphrases (on Verdi's *Rigoletto*, in a remarkable 1911 recording by Vladimir de Pachmann) to the zany exhibitionistic *Grand galop chromatique*, the piece with which Liszt often finished the solo recitals around which he built his early touring career. This last was played by the flamboyant Hungarian Gyorgy Cziffra. The Hungarian angle also turned up in the best-known of the Hungarian Rhapsodies, No 2, from a concert by the Gipsy-influenced Lakatos Ensemble, complete with cimbalom and fiddles, recalling the style of music in the taverns of Liszt's time.

Liszt's vocal music is not so well known. We heard Dietrich Fischer-Dieskau, accompanied by Daniel Barenboim, in one of the more romantic of his seventy or



so songs, *O lieb, so lang du lieben kannst*, better known in its later transcription for solo piano as *Liebstraum No 3*. The mood was altogether more sombre in an excerpt from the choral work *Via crucis*. This spare and stark work is a setting for soloists, choir and organ of the fourteen Stations of the Cross. It was composed in 1878-79, with Liszt's touring days as a virtuoso long past, and reflects his increasing absorption in religion and his detachment from the celebrity which

continued to surround him. The recording was by a group of Hungarian musicians conducted by Miklos Szabo. The short *Consolation No 3*, also better-known as a solo piano piece, but here played by Guido Schiefen and Eric Le Van in a cello and piano arrangement by a contemporary of Liszt, was a quiet interlude before the evening finished with the only orchestral work, one of the thirteen symphonic poems – another format invented by Liszt himself. This was the dramatic *Hamlet*, played by the Leipzig Gewandhaus Orchestra, conducted by Kurt Masur.

Shankill Classical Music Club meets at 7.45pm on the first Wednesday of each month (except July and August) in the Old Folks' Association Centre, Lower Road, Shankill. New members are always welcome. The next meeting will be on Wednesday 2 November. For further information see www.shankillclassical.org or ring John O'Hagan (087-210 9175).

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RATHMICHAEL NATIONAL SCHOOL

Rugby Morning



On Saturday 17th September we decided to try something a little different and held a Rugby breakfast for both the parishioners of Rathmichael and the School. Ireland were playing Australia. There was a great atmosphere and it was enjoyed by

all. Great thanks to the PTA and the Vestry for helping to prepare breakfast. Thanks also to Andrew Ellis who supplied a rugby shirt belonging to David Wallace for our raffle. Unfortunately the times of these matches prevent us from showing more.



PILOT'S EXPERIENCE

As referred to before the Infant classes are involved in the Aistear programme. This month's theme has been on Travel. As such David Bryce was invited in to speak to the Infant Classes about his job as a pilot. He provided a super powerpoint display and arrived in his full uniform which impressed us all. This is a brilliant way to learn and I must commend both Mrs. Crammond and Ms. Fox on all their efforts.



Food Dudes



The school has started a new programme run by Bord Bia called Food Dudes. The children are encouraged to try fruit and vegetables every day for a sixteen day period. At the end of this time it is hoped that the children will bring in their own fruit and vegetables. We are trying to encourage the children to eat healthily. The children are rewarded for trying with rewards of pencil cases, sharpeners, rubbers, etc. This programme is very exciting and it is hoped that the children will develop a taste for different fruit and vegetables.

SUNFLOWER



This beautiful sunflower was planted by the Junior Infants last year. As you can see it is very

beautiful and being explored by a very interested butterfly. It has prime position outside our front door. Well done Junior Infants!

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Mary Mitchell O'Connor TD

Advice Clinics for Shankill/Ballybrack

Second Monday of Every Month
Next Advice Clinic 14th November
BRADY'S PUB SHANKILL @ 11am
IGO INN BALLYBRACK @ 12.15pm

If I can assist you with an issue or a problem, please visit my advice clinics. Please call 618 3302 to make an appointment.

Alternatively you can contact me in my Leinster House office:

Leinster House, Kildare Street, Dublin 2

Tel: 01 6183302. Email: mary.mitchelloconnor@oireachtas.ie



FINE GAEL



FINE GAEL

Working with your Fine Gael team in Shankill Cllr. Maria Bailey and Cllr. Donal Marren

Commitment from Minister for Health

I recently received a commitment in the Dail from Minister for Health Dr. James Reilly, that he will be contacting fast food operators in Ireland to instruct them to introduce calorie counts on restaurant menus.

The Minister also confirmed to me that the Special Action Group on Obesity is examining the possibility of introducing a sugar tax on sugar-sweetened drinks, which are a leading cause of obesity in children

Dr Donal O'Shea, Director of the Weight Management Clinic at St Columcille's Hospital in Loughlinstown, estimates that there are as many as 327,000 Irish children who are obese or overweight in Ireland. The Government is determined to plot a path out of this crisis. If we do not, we are failing our children.

Obesity is not just something that affects those who are living with the condition. The cost of obesity-related diseases to the Exchequer every year is

immense with severe pressure being put on our healthcare resources and medical staff as a result. It is incumbent on all of us to get involved in getting this phenomenon under control.

— Mary Mitchell O'Connor

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And Then I looked up - and Saw a Rainbow

Can't drive, and won't drive. If I had my way we'd all still be using the donkey and cart method of transport. Four legged and two wheeled transport has a lot going for it. Less road deaths for a start, and the fiscal rectitude and environmental awareness that I so love.

Was cycling home one evening from Foxrock, where I work as a Nurse. I had bah humbugged my way past twenty five presidential election posters in the space of less than five minutes. Considering that I work in the HSE and am part of one of the hardest hit sections - the nurses - it seriously galls me that these people, who benefit from the electronic and print media so much, also waste my hard earned money on environmentally unfriendly and public purse depleating posters.

As usual, I was taking my usual mature responsible adult stance in life as regards cycling, and wearing nothing suitable for an Irish Autumn. Dressed in all white, jeans, t-shirt and shoes - my only concession made to a bit of cold weather was a light pink jumper. The skies opened and Mother Nature gave me one of her smacks on the rear that she so loves to do sometimes. Within ten minutes of leaving the hospital, I was totally soaked in a rain shower - right through my clothes and down to my frilly pink nicks.

Was feeling totally fed up. The cut backs were hitting my salary, the recession hitting hubby's. Work was getting tougher, resources were diminishing. There was a frightening amount of housework and laundry to be done when I got home. I was exhausted and fed up. By mid month I was broke and would have to sidle up to hubby (again), for a loan to carry on with living until I got paid. Numerous 'fleck ups' happening in life, that had they happened in isolation might have felt surmountable - but coming together were a bit too much for my poor little head to get around.

Could life get any worse?

I peddled on laboriously - head down, the weight of the world on my shoulders. Just when I thought I literally couldn't get any wetter I saw a large puddle swamping the road and path. Don't ask me why - but just for the hell of it I decided to plough straight through. As the water careered over my knees I started to giggle. As I giggled, a bus comes along at the same time and sends a flood of water waist high crashing over of me. I was now covered in mud diluted rain water. Made me laugh so much I had to stop cycling.

Then I looked up - and saw a rainbow!

For one breathtaking moment I just stared at the sky in awe. The dark clouds above me stayed where they were, but that corner to my left that held the sun's rays captive was totally enrapturing. The light and colors pulled me by the scruff of the neck into its thrall. I'm not a religious person, but spiritually there was something very compelling for me there.



By [Florence Horsman Hogan](#)

O.K, life still sucks with financial, social and domestic woes - they hadn't gone away. And they won't. But I have to bring a bit of honesty into the equation as well.

I'll always sidle up to hubby mid month for a bit of dosh to supplement my wages, not because of the cutbacks, but because it's what I've always done - for the past twenty seven years. I've always been pathetic at cash management. Yes, work is though, and will get worse before it gets better. But it's a job I love - and if I were able to survive on less salary I'd have no problem working for less. The housework, laundry and domestic 'woes', never were mine. A

bit of whinging, blackmail and if I have to, all out war, and I'll be able to get the offspring and hubby to help out.

Here's the thing - suddenly I'm able to laugh at myself, and shake off the 'poor me' mantle. My troubles aren't 'my life', they're only a part of it. The rest is pretty good actually. A protective hubby, loyal, mischievous and very challenging offspring. One's a Garda, another a scientist, the seventeen year old has an amazing ability to spot a potential sale in items other people would get rid of (Dell Boy eat your heart out), and the thirteen year only girl excels at sports and academics. My family exactly as they are now, make life so much richer, and it's a wealth no recession will ever deplete.

Have you ever met someone whose negative attitude appears to suck the very air out of the room? A person who can rarely take on a task without first voicing their opinion as regards why that job shouldn't be done in the first place. I have - and it's exhausting. Having had one of my rare teeters into the 'dark side' of negativity, think I'll make it my business to keep looking up for that rainbow !.

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Shankill Active Retirement Association

At our September meeting it was good to meet up again with friends after the summer holidays and catch up with what everyone had been doing.

At the business part of the meeting it was announced that Table Tennis is no longer being played on a Monday afternoon as there are now only two people interested in playing. What a shame! Hopefully some of our members will come forward and it can be restarted. Table Tennis, or Ping-Pong, is a great way to take a bit of not too challenging exercise.

Scrabble continues on Wednesday afternoons and members of the Art Group have the brushes out again on Tuesday mornings – both in St. Anne's Resource Centre. Plans are afoot for the Punchestown outing and the Christmas dinner.

There was a good entry for the photographic competition with some very atmospheric scenes among the entries.



Winners of the photographic competition, L to R, Kay Gogan 2nd, Clare Kavanagh 1st, Margaret Cullen 3rd.

SARA meets every third Monday of the month at 3.00pm in St. Anne's Resource Centre. For more information contact Pat O'Connor 2820733

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CITIZENS INFORMATION NEWS



THE MEDICAL CARD



A medical card issued by the Health Service Executive (HSE) allows the holder to receive certain health services free of charge. **It is means tested.**

Medical cards are small plastic cards (similar in size to a credit card). Your medical card will show your doctor's name. It is usually issued for a year, after which it is reviewed.

Medical card holders pay the Universal Social Charge on their income (except for social welfare and HSE payments), but at a maximum rate of 4%. They may also be exempt from paying State exam fees in publicly-funded second-level schools. There may also be financial help with buying school books in certain schools.

If you have a medical card, you are entitled to: Free GP (family doctor) services; Prescribed drugs and medicines (with some exceptions); In-patient public hospital services, out-patient services and medical appliances; Dental, optical and aural services; Maternity and infant care services; Some personal and social care services, for example, public health nursing, social work services and other community care services.

To qualify for a medical card your weekly income must be below a certain figure for your family size (decided by Dept. of Social Protection). Cash income, savings, investments and property (except for your own home) are taken into account in the means test. Lone parents with dependants are assessed under the income limits for couples.

Normally, your total income is taken into account in the means test for the medical card. There are different guidelines for those aged under 70 years and those aged over 70 years. According to the HSE's guidelines, if your income is derived solely from Social Welfare allowances or benefits or HSE allowances you should be granted a medical card even though your payment is in excess of the Income Guidelines for your age and situation. The assessment of a couple for medical card purposes is based on the age of the older person. All capital (savings and investments) is taken into account for medical card purposes for the under 70s. However, income on the savings/investments or property of €36,000 for a single person and €72,000 for a couple is disregarded. In essence, only the interest or income earned on savings and similar investments will be counted as income, not the total value of the savings or investments themselves.

OVER 70S: GUIDELINE ON INCOME AND CAPITAL

Since January 2009 there are **gross** income limits of €700 per week for a single person and €1,400 per week for a married or cohabiting couple. There will be no standard deductions allowable (for example, for income tax). However, if your income is over these limits, you can still apply for the ordinary medical card or GP Visit Card: for example, if you have high medical expenses, such as paying for a nursing home.

Pensions, earnings, interest from capital and all other sources of income are included in the means test. Savings or similar investments of €36,000 for a single person and €72,000 for a couple are disregarded. A notional rate of

interest will be applied to the balance. Income will not be assessed from property (whether a family home, a holiday home or any other property) unless it is generating a rental income. Where one spouse is aged over 70 years and the other spouse is aged under 70 years, they will both qualify for a medical card if their income is below 1,400 a week.

You can apply online for a medical card on www.medicalcard.ie. This is the quickest method of obtaining the card. Alternatively, you can download a medical card application form:

Form MC1 - for people aged **under 70 years** and people aged over 70 whose income is above the €700/1,400 limit.

Form MC1A - for those aged **over 70** whose income is below the €700/1,400 weekly income limit.

You complete the form and bring it to the GP you have chosen from the list of participating doctors. If the GP accepts you as a patient, he/she signs the form. Your employer also has to sign the form and certify your earnings, or, if you are claiming a social welfare payment, the form has to be stamped at the Social Welfare Local Office. You should return the form to the **HSE Central Medical Card Office, Client Registration Unit, P.O. Box 11745, Finglas, Dublin 11.**

Contact your local health centre or Local Health Office if you have any questions about medical cards and eligibility. You can also contact the HSE Info line: Callsave 1850 24 1850.

The above is just a very short summary of the scheme.

Source: www.citizensinformation.ie

You can get further information from the Citizens Information helpline: 1890 777 121 OR - Call in to the Citizens information Centre at Marina House, Clarence Street, Dun Laoghaire at any time between 9.30 am and 4.00 pm, Monday to Friday. No appointment necessary. Clarence Street is the turning to the right at the traffic lights at the junction of Lower Georges Street, Cumberland Street and York Road, Dun Laoghaire. Citizens Information offers a Free, Confidential and Impartial Service to the citizens of Dun Laoghaire-Rathdown on a very wide range of issues.

NOTE - MABS (Money Advice and Budgeting Service) are now located in the same building. Private appointments with MABS can be made by phoning: 01 230 2002.

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SHANKILL BOWLING CLUB

The Annual General Meeting of our club will be held in the Tennis Club, Shankill clubhouse on Thursday 27th October at 8 pm. The positions up for election are:- President; Vice President; Secretary; Treasurer; P.R.O. The outgoing President, Jim Kelly having completed his two year term of duty, will be stepping down and we wish him well in whatever position he takes on and to thank him for all the fine work he accomplished during his term as President of our club.

We also wish to thank our outgoing secretary Brian Tuite and Margaret O'Neill treasurer. Tom Twomey, v/president for their dedication and hard work in the past year. The Ladies Section are having their A.G.M. on Wednesday 2nd November at 12.30 pm in the clubhouse with all the positions up for election and thanks to all including Bea Tyner, Captain; Maura Hughes Secretary; Maura Bannon and all the committee. Well done for retaining their position in the senior division one.

The men will be holding their A.G.M. also early



Left to right:
Carmel, Shirley,
Kay, Pauline
and Patricia

On the green
with our
Rosslare
visitors



November and our thanks go to Pat O'Toole Captain; Liam Saurin, Secretary and all the men's committee for a successful season.

We had a pleasant visit from our bowling friends in Rosslare, Sunday 4th Sept when 16 of their members played a Shankill mixed team for the trophy which we managed to take from them this time. After a nice meal and refreshments in the railway restaurant in Bray they departed by train for home, in the evening.

The plans for our new Club House have been approved by the Dun Laoghaire/Rathdown Co. Co. and the tenders have gone out to builders. Hopefully now it won't be long until we can see it up and running and maybe attracting new members, both women and men to ensure the continuous success of our club,

Our indoor section will also have their A.G.M. shortly and will have, no doubt, a lot to discuss regarding their coming season.

P.R.O. Paddy Hughes

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COUNCILLORS' QUESTIONS

Councillor Denis O'Callaghan

ODOUR CONTROL SYSTEMS AT THE SHANGANAGH WASTE TREATMENT CENTRE

The design, build and operate contract for the Upgrade of the Shanganagh Wastewater Treatment Works being undertaken by SDD Ltd requires a high level of treatment of odours both during construction and in the Operation and Maintenance phase. In order to achieve this, all processes are to be covered and ventilated through an odour treatment system. Construction works are ongoing with completion programmed for Spring 2012. SDD will then be operating the upgraded plant for a period of up to twenty years.

The commissioning of the upgraded works is being undertaken in four distinct phases. Phase One is the pre-treatment process and was completed last year without any major odour issues occurring. The second phase of commissioning is currently nearing completion. This involves bringing the 'primary and secondary treatment processes' on line. It was during the commissioning of this phase of the Works that we had equipment failure, including the odour control units, which prevented the odours created during the process being adequately treated. The Contractor is currently working towards commencing phases 3 and 4, which relate to the sludge treatment process and are due to commence end of September/early October.

Phase 2 started on 4th July when the flows from the pre-treatment building were sent into the primary and secondary treatment units for the first time. These processes typically take 4-8 weeks to build up secondary sludge, during which time malodours can be generated and require treating. These odours will subsequently decrease when the process stabilises. As with all newly commissioned equipment failures can occur, as they did at Shanganagh, which caused the release of untreated odours. In addition to general equipment failure, the Contractor following a review of the Odour Control Units, found a fundamental fault with their construction. This necessitated SDD to invest in the procurement of temporary replacement units to treat the odours being generated.

At the Council's insistence SDD were required to immediately put in place an Action Plan to address all the issues associated with the generation, treatment and discharge of odours. This action plan was overseen by the resident engineering staff on site together with the Council's technical consultants. The Action Plan consisted of modifying the operation of the process to reduce the level of odours whilst the problem with the odour system was identified. A bypass odour control system consisting of the temporary odour control units being installed and which will remain in place until the original designed system has been rectified and thoroughly tested to ensure that it operates to the required standard. With the temporary units now in place we have seen an immediate reduction in even the smallest levels of odours being released from the stacks. However, there were some higher odour levels experienced as one system was taken off line

and the new system brought into action. In addition, SDD have brought extra resources into their Operation and Commissioning teams to address any future odour issues.

The contract with SDD requires that a comprehensive system be put in place to measure and record odours (if any) at various locations around the site. The contractor is carrying out continuous monitoring of air outlet stacks. Levels of odour are measured every 15 minutes in all three stacks and at four locations on the boundary of the plant. In addition, monitoring is conducted on individual process lines twice a day to evaluate the performance of the odour control system.

After all the processes are fully commissioned there will be a three month period, in early 2012, when all processes are tested to ensure that everything is functioning correctly and in compliance with the contract and Environmental Protection Agency's requirements i.e. that there are no odours from the plant beyond the perimeter of the treatment plant site.

REPAIR OF POTHoles AT QUINN'S ROAD, DORNEY COURT/EATON WOOD & SHANGANAGH ROAD

"To ask the Manager to arrange for the filling of potholes at the following locations:

- (a) Roundabout at Quinn's Road Shankill.
- (b) Roundabout at Dorney Court/Eaton Wood Shankill
- (c) Entrance to Rathsallagh Estate on Shanganagh Road?"

Reply:

"The potholes at the roundabout at Quinn's Road will be filled in the next two weeks. They will continue to be monitored pending the availability of resources to carry out

LABOUR



see
over
matter

COUNCILLOR DENIS O'CALLAGHAN

ADVICE CENTRES

Every Monday:

8-9pm: Shanganagh Park House

Every Saturday:

10am-11am: Playschool Coolevin



**49 Rathsallagh Park,
Shankill, Co. Dublin
Tel/Fax: 2822436**

AMBULANCE CENTRE MEMORIAL GARDEN

DUBLIN ROAD, SHANKILL



The staff of The Eastern Region Ambulance Service Station, Loughlinstown District, Shankill, officially opened their **Ambulance Memorial Garden** on the 4th September, 2011 on a rainy Sunday afternoon.

The Garden was installed, designed and planted by Kevin Deithrich and Frank Kennedy who worked together with the ambulance crew on this project. Kevin has a great love of plants which has had a great influence on the crew members in the station who have taken great pride from the project over the last year. They worked hard on the garden in their spare time planting and getting this lovely peaceful space ready for completion this autumn. The garden was blessed by the Rev. Fred Appelbe and Father John O'Connor who represented the local Churches. The event was attended by the families and crew in recognition of all ambulance staff that have served or are still in service over the years, some no longer with us.

The granite stone was donated and the central plaque was engraved by Shanganagh Marble Works, Shankill, other local people donated landscaping material to complete the garden. Seaview Park Residents Association also made a generous donation and Tidy Towns, Shankill donated a Magnolia plant. This memorial garden is a lovely peaceful haven for the crew to sit, relax and contemplate after many a



Front entrance to Ambulance Centre – Raised bed

daunting trip saving the lives of those who need them.

The Ambulance Centre front entrance raised flower bed has looked particularly well over the last two years blooming with colour in the summer with the help of planting, watering and maintenance done by Kevin, the crew and myself from Tidy Towns. Nothing is wasted; the seeds are collected from the annual sunflowers, calendulas, cornflowers, cosmos and various other herbaceous plants every autumn and replanted the following year.

The new memorial garden is a credit to all its staff members in the Centre taking on board a project in memory of all the ambulance men and women in this country.

Congratulations to the crew of the Ambulance Centre for such a lovely Garden and long may it mature.

*Susan Barr, Shankill Tidy Towns
email: wildlife.barr23@gmail.com*



Kevin Deithrich

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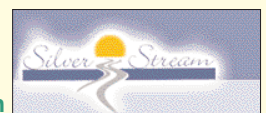
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• COMMUNITY EMPLOYMENT

The FAS Community Employment Project in Shanganagh Park House Community Centre employs thirty one staff. It is mainly a childcare project but we also employ caretakers, coffee shop assistants, and playground assistants.

We in Shanganagh Park House endeavor to continue offering affordable childcare and community services for the foreseeable future and we could not continue without the valuable participation from FAS and our Community Employment participants.

• GOLDEN CRAFTS ART & CRAFTS

Golden Crafts meet every Monday afternoon 2-4 pm in Shanganagh Park House



• DANCE HALL ACADEMY

Irish Dancing Classes

Wednesday 5.30-6.30pm 5-10 years

6.30-7.30pm 10+

7.30-8.30pm adults

Phone: Lori 087-6395150 for any enquires
E-mail: lori_hall@hotmail.com



* LIBRARY SERVICE AT SHANGANAGH PARK HOUSE

— Last Tuesday of the month 2.30-3.30pm

Are you a member of a book club, did you know we can order a number of the same book for your group. Not a member of the library service, just drop into Shanganagh Park House application forms are available from reception desk.

* MEETING/TRAINING ROOMS

Need somewhere to hold meeting or training locally, why not call into Shanganagh Park House.

Opening hours 9am-10pm mon-fri. Very reasonable room rates. Lunch can be provided.

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Class boys and girls under 15 years
Monday and Thursday 6pm

Class for adults Thursday 7pm

New Class self-defence for women only, Monday 7pm
We have classes available for children with additional needs

Contact David/Fred Tel: 2827694
e-mail enquires@kodokanireland.com
www.kodokanireland.com

• SHANGANAGH PARK HOUSE PLAYGROUND

Winter opening hours 12-4pm every day

• RECYCLED TEENAGERS

Thursdays 2-4pm

Came along play a game of bingo

Have a chat and a cup of tea. New members always welcome



• SHANGANAGH CO-OP

First Wednesday of the month 10am-3pm in Shanganagh Park House

Adam's Children Clothes half price, Bakery fresh cakes, scones, brown bread. Arts and Crafts. Knitted toys and baby cardigans orders taken. New Rent a Rail why not de-clutter your wardrobe and earn some cash, Rent a Rail at the co-op to sell your unwanted clothes. Contact Pauline 2823932.

• SHANGANAGH YOUTH PROJECT

—Earth-worx, Art & Crafts, Gardening

—Teen Activity Group

—Boys Adventure Group

—Teen Girls Activity Group

—Girls Activity Group

—Outdoor Pursuits Group

For information and new timetable call Amanda 2722035/085-74038401

• SILVER THREADS ARTS & CRAFTS

Silver Threads meet every Tuesday evening 7-9pm in Shanganagh Park House

New members always welcome.



- **SYG-KNITS**

Knitting circle Monday evening 7.30-9pm. New members always welcome. Contact SWAN 2825932

- **ZUMBA**

Calorie-burning dance class that's moving so many people worldwide and now in Shanganagh Park House starting Wednesday September 4-5pm. €8 drop in or €30 for 5 classes. Call 0853164184

- **SHANGANAGH ESTATE MANAGEMENT**

Shanganagh Estate Management Forum is a group of volunteer residents working in partnership with Dun Laoghaire-Rathdown County Council with the support of the Local Drugs Task Force and the community to improve and enhance your surroundings.

Our vision is to encourage the community to participate in planning and improving the environment now and for future generations.



- **USEFUL PHONE NUMBERS**

Dun Laoghaire Rathdown County Council	01-2054770
Anti Social Section	01-2054700
Litter Warden (DLRCC)	Freephone 1800-403503
	01-2054817
Shankill Garda Station	01-6665900
Local Drugs Task Force	012803335
Shanganagh Estate Management Forum Link Worker	Mary 087-2409840

- **SHANGANAGH PARK HOUSE CHILDCARE SERVICES**
- **CRÈCHE**

The crèche is operated under the guidelines of Aistear (early childhood curriculum framework) and Siolta (the national quality framework for early childhood education). The children follow a curriculum which includes choice time, art, baking, table top activities, dress up (role play) and outdoor play everyday. The children (2-3years) are cared for by a team of qualified childcare staff. The crèche operates Monday-Friday 9am-1.30pm. Children are provided with fruit and drinks everyday.

- **PLAYSCHOOL**

The playschool also operates under the guidelines of Aistear (early childhood curriculum framework) and Siolta (the national quality framework for early childhood education).

Children are provided with toast and drinks for their morning break, and fruit as a snack. Lunch time the children are served with a hot lunch from a varied lunch menu.

We care for children aged 3-4 years from 9am-2.15pm.

- **BUTTERFLY PLAYSCHOOL**

Butterfly Playschool Ballybrack operates under Shanganagh Park House Childcare Service. Butterfly Playschool provides part-time childcare. We care for

18 children aged 3- 4years 9am-1.30pm. Butterfly also operates under Aistear and Siolta framework.

- **ECCE FREE PRE-SCHOOL YEAR**

The ECCE scheme hours are 3hours a day; 5 days for 38 weeks (school year) Both Shanganagh Playschool, Butterfly Playschool and Play Days Playschool offer the ECCE scheme.



- **AFTER SCHOOL**

As part of Shanganagh Park House Childcare Service, we offer after school childcare to children attending Scoil Mhuire. Children are collected by childcare staff from school at 1.30 and 2.30 accompanied to Shanganagh Park House. The children

have a hot snack, do homework, arts and crafts and games. Fridays the children go swimming in Glenalbyn Swimming Pool.



Shanganagh Park House Childcare Service cares for children from 2 – 12 years and is a happy, warm friendly environment for all children.

- **SHANGANAGH SUMMER PROJECT**

Another successful Summer Project!!

This year we had 74 children aged from 5-12 years We would like to thank the Summer Project Committee and all our Volunteers, without them there would be no summer project.



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Top (from left) Ciaran Cullen (manager), Ryan Bell, Paul Morrissey, Sean Larkin, Daniel O' Neill, Gareth Danaher, Carl Cullen, Stephen Cullinane, Conor Gouraud, Brian Larkin (manager). Bottom (from left) Keelan Walsh, Cormac Hayes, Mark Nagle, Mark Walsh, Chloe Rigley, Chelsea Rigley, James Thomson, Daniel Thomson

The Shankill F.C. Under 13's team have had a great start to the season with three away wins on the trot! Most of the team have been playing together for five years now and they will be representing Shankill in the Trofeo Mediterraneo III International Soccer Tournament in Spain in April. The team needs YOUR help! We will be running different sponsorship events in the coming months and would greatly appreciate any and all donations to help us on our way. Please keep an eye out for our special edition Irish made Christmas cards, a bargain at 5 for a pack of 12! Outstanding value and quality! Where can I get these wonderful cards, I hear you ask? **Contact Geraldine Hanley @ 087-6536663.** Thank you for your help...all together now...óle óle óle óle!!!

SHANKILL F.C. - 2011 SEASON WELL UNDER WAY

The new season is now well under way and Shanganagh Park is a very busy place to be on Saturday and Sunday mornings it is well worth a trip to the park to watch and support your local kids playing football for Shankill F.C. There is a very high level of skill on display and more often than not it is far more entertaining than what we are watching on television.

Our newest players on the under 8 teams are all settling in to their first season playing league football and they are really enjoying the experience.

We have three teams this year entered into the league at various levels, and they are all doing great. Match reviews can be viewed weekly on our website at www.shankillfc.ie

MATCH REPORT FROM OUR YOUNGEST TEAM

Shankill F.C. U8 d1 v Ballybrack F.C.

Another fantastic result for the under 8 D1 team on Sunday morning in Shanganagh Park. Straight from the tip off the Shankill side never let the Ballybrack side settle, they showed great determination and teamwork to constantly win the ball and attack the Ballybrack net. Their hard work soon started to pay off as goals from Cian, Eoighan, max, Gavin and Brandon started to flow. It was a great team performance as again they all showed great skill in their tackling, passing and shooting for such a young side. Cian, Eoighan, max, Gavin, Brandon, Harry, darragh, Ronan and James should be very proud of their performance's which resulted in an 8-0 victory.



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COUNCILLORS' QUESTIONS

Councillor Carrie Smyth

SHANGANAGH TREATMENT PLANT UP-GRADE

Residents of certain areas surrounding the Shanganagh Treatment Plant have received update letters from Sisk, Dragados and Drace (SDD Construction Joint Venture), regarding the odour during the commissioning works.

The problem of odour has improved in the last couple of weeks. Should you have a problem with odour or any other problem please contact Siobhan on lo call 1890252793 and <http://www.shanganaghbray.com>

I raised the following items with Frank Austin, Director of Services of the Water and Waste Department:

Q: Is testing been completed on the smell to see if it is a danger to humans etc.?

A: SDD has been monitoring the concentrations of the principal sewage derived gases at the site. All of this is examined by Council staff on site.

SDD have assured the Council that in no case have the gases released from the plant reached any levels which could have an implication on the health of the nearby residents.

Q: Some areas affected by the odour have received no correspondence/notice from SDD Construction Joint Venture i.e. Hazelwood, Shankill.

A: These are the following areas that were distributed to by SDD: Shanganagh Cliffs, Brookdene, Cois Culainn, Cromlech Fields, Castle Court, Bayview, Seafield Court, Bayshore Lane
Printed 1350 letters for distribution, but did not include Hazelwood, SDD are to review the areas and addresses for future leaflet drops.

Q: Are the distributors of the correspondence/notice ignoring junk mail notices?

A: The distribution company respects resident's wishes and do not post leaflets where there is a 'No Junk Mail' sign. SDD will review this.

Q: What is the cost to residents who ring the 1890.252.793 number?

A: Lo-call charge applies (Calls to 1890 numbers are charged per minute, normally at local call rates for fixed line providers. note that the rates charged for the use of 1890 (LoCall) numbers may vary among different service providers.)

OLCOVAR, DUBLIN ROAD, SHANKILL, CO. DUBLIN.

On 1st July 2011 statutory notice was given in the Irish Times of the Council's proposal to take the above road in charge, and to declare the road to be a public road. Maps and schedule were available for inspection for one month.

No objections to the proposed declarations have been received and accordingly it is recommended that the road within the above mentioned estate should be declared a public road and the estate taken in charge.

Accordingly, it is recommended that the following resolution is passed by the Council:

Provision of Allotments/Community Garden on Land to the Rear of Assumpta Park

A Community Garden can be considered at this location if there is a group which is prepared to take on the development of the site with the support of the Council.

Guidelines on the establishment of Community Gardens are available on www.dlrcoco.ie/parks/Open_Space_Strategy/Chapter6.14pdf

UPDATE ON ENVIRONMENTAL MATTERS

Over the past number of years, the Council's Environment Culture & Community Department has strived to improve the overall cleanliness of the county. As a result of a number of initiatives there has been a significant improvement throughout the County. These improvements have been reflected in the recent IBAL report, which saw Dún Laoghaire go from 16th place in the rankings in 2010 to 9th this year with continued improvement in Tidy Districts and Tidy Towns.

CLEANSING SECTION

The street cleaning schedule continues to operate. From February to the end of September the schedule aims to clean the majority of estates on a monthly basis and the main roads fortnightly and from October onwards the focus changes to removing leaves from the roadways and footpaths. Gully cleaning and weed control continue throughout the year.

ENVIRONMENT AWARENESS

The Environmental Awareness Officer continues to ensure that a comprehensive programme of education and information is provided on waste management and litter control, in particular waste prevention and minimization. Under this programme the Environmental Awareness Officer continues to work closely with schools by supporting projects such as "Green Schools". The Environmental Awareness Officer also has continued to work closely with community groups/resident associations in organising clean-ups in their areas and encouraging them to become involved in creating a litter free environment in their areas.

Tidy Districts and Tidy Towns

A record number of community groups (42) entered this year's Tidy Districts Awards, including a number of groups who are new to the awards. Over the past year, the Environmental Awareness Officer has worked closely with Tidy Towns groups throughout the county, providing assistance and advice. This has resulted in new residents' committees forming, the re-formation of Dún Laoghaire Tidy Towns Committee and two new Tidy Towns Committees in Stillorgan and Foxrock being formed. The marks of every entrant in the Tidy Towns Competition increased this year with both Dalkey and Shankill each winning bronze medals.

Litter Control

The Council's Litter Wardens continue to target litter black-spots in the County. They have also increased their patrols on beaches and popular dog-walking areas to ensure that dog-walkers comply with the provisions of the Litter Pollution Acts in relation to dog-fouling. Total fines issued in 2011 to date:-

see
over
matter

Councillor Carrie Smyth

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Scoil Mhuire News

The day the President visited

We were delighted when the day of the Presidential visit dawned that

the clouds had disappeared and the sun was shining.

The gardens were trimmed to perfection, the flags were flying gently and

every pupil looked perfect in their red uniform.

The President arrived with an impressive cavalcade and was greeted by the Chairperson of the Board of Management, Fr. John O'Connor, S.A.C., P.P. and the Principal, Patricia Slavin.

The President walked through the Guard of Honour provided by the 17 Junior Infants in Ms. Hunt's Class and the 17 Junior Infants in Ms. Hogan's Class.



The President was escorted along the corridors to meet each class teacher and two children from each class who explained what their Art Displays were about. They ranged from projects on Aras an Uachtaráin to Shankill to past presidents.



St. Anne's National School News

1st September this year St. Anne's hit the big '50'. 1000's of children have passed through its doors in the last 5 decades and we look forward to another busy year ahead. Thanks to Orla Whooley a past pupil of St. Anne's who designed our 50 year logo.

On the sporting front our football teams have been very, very busy and, win, lose or draw, they have always done us proud – thanks to Mr. Allen, Ms. NíMhurchú and a team of very supportive parents who have been generous with lifts to and from matches.

Our computer whiz kids have plenty to be pleased about, as St. Anne's has begun computing in the Cloud. Mr. Walsh has been working overtime. All classes are tackling the challenge of Mathletics and Destination Maths. Congratulations to Harry Simpson of 1st class who achieved a World No. 1 ranking in Mathletics at the end of September.

Our 5th and 6th class pupils got a chance to glimpse of the wonders of the universe with a visit from Astronomy Ireland. Telescope sales might rocket this Christmas!!

Every child has been munching his or her way through fresh fruit and veg as we took part in the Food Dudes programme.....and it's only the start of the year!

FOOTBALL BLITZ

To celebrate the wonderful achievement of the Dublin Team in winning this year's All-Ireland Ms. Eleanor Ni Mhurchu and her 6th class organised a

football blitz in St Anne's for all pupils from 2nd class up.

It was a wonderful afternoon of sun and fun and furiously contested football ending with Junior, Intermediate and Senior School champions.



To mark Book Week, our 3rd class children visited Shankill Library where they were enthralled by children's author Paul Tubb.

Author Andy Briggs reintroduced our 5th and 6th class pupils to the legend of Tarzan. Many thanks to Children's Books Ireland for arranging these visits. On the subject of books our sponsored read is underway to help raise much needed funds for adding stock to our newly organised school library. Many thanks to the parents who undertook this huge task.



FOOD DUDES

St. Anne's are enthusiastically participating in the Bord Bia Food Dudes healthy eating programme. Every day a portion of vegetables and a piece of fruit are distributed to each child and they are awarded with a prize when they have eaten it all up! The Trojan work of organizing and distributing the Fruit & Veg each day and of collating the results has been undertaken by Ms. Paula Kelly and Ms. Mary-Jo Bell, with the help of 6th class.



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Shankill Tennis Club — The Very Beginning . . .

Little did Diarmuid McAree (the current Men’s Captain) and the late Chris Cuffe realize what they were putting in motion, on the fateful day some 27 years ago, when a chance encounter between the two in the Village resulted in the idea of a tennis club for Shankill being suggested to the Corbawn Lane Residents’ Association. Both men were former UCD tennis players and were keen to set up a club in the area which they felt was bereft of amenities. The late Brian Cautley was the Chairman of the Residents’ Association and was delighted to support this idea. He suggested that a survey of local residents should be carried out to ascertain what exactly people wanted. This was carried out by the Residents’ Association committee members and the results of those questionnaires are actually to hand in Shankill Tennis Club archives.

There was near-unanimous agreement that a Tennis Club should be established and despite some objections that the club might attract “unruly elements and encourage anti-social behaviour” a site was obtained from Dun Laoghaire Rathdown County Council. An enthusiastic tennis committee was

formed, the club came into being in 1986 and as they say— the rest is history.

If you take time to peruse our excellent website, recently revamped by Nick and Sarah Murtagh and Carol McCaffrey, you will see exactly how far we have come from our modest beginnings and what we hope to achieve in the future.



Girls U-14 Class 2 Junior League R-Up 2002

The Tennis Club is one of Dun Laoghaire Rathdown County Council’s flagship sport’s partnerships and we are extremely grateful for all the support we have received from the Council over the course of the last 25 years. The Club is a resource for the whole community, a fact of which we are immensely proud and the facilities are not only used for tennis but for a whole host of other activities from Hip-Hop to Weightwatchers to Pilates, Irish Dancing, Bridge and Zumba to name but a few.

On the Tennis front, the club has something for every age and ability – social tennis, competitive leagues and the opportunity to improve your standard with an excellent coaching team, led by Derek Healy. We are open to new members and details may be found on our website or by contacting the Office on 01 2825400.

As we celebrate our 25th Anniversary, we can look back with pride at our achievements to date and also forward with enthusiasm to our proposed developments which will ensure that the club continues to provide excellent facilities for all those wishing to play the game of tennis.



Shankill Junior Open Committee 1992



Junior Championship Finalists 1992



Ladies Class 3 Winter League R-Up 1993



Ladies Class 6 Summer League Winners 2004



Men’s Class 7 Winter League Winners 1998

Shankill Tennis Club — Some recent highlights

EID Intercultural Family Day



On Sunday September 4th the club hosted an intercultural Family Day in conjunction with the New Communities Partnership, the Islamic Cultural Centre and supported by Dun Laoghaire Rathdown County Council.

The day marked the Muslim celebration of EID, which is at the end of the Holy month of

Ramadan. It was a great success and we were pleased to have over 250 people come to the club for the first time: - to enjoy the facilities, play tennis, benefit from expert tuition from the club's coaching team - Derek & Gordon, supplemented by Dervla and Sarah & enjoy some excellent food from the BBQ!

This followed a similarly successful day where we hosted the Romanian Community of Ireland - with a Family Intercultural day - where the participant's also had the opportunity to try Bowls - courtesy of our neighbours at Shankill Bowling Club! We hope both of them will become annual events.



Championship Winners 2010



Girls U-17 Doubles Finalists Shankill Junior Open 2011



Caption to come

Dublin Lawn Tennis Council Leagues

The Club enters teams in the full calendar of DLTC events, from Juniors through to Over 35s. On the Adult front, this year we had two teams in Finals. The Mens' 4th Team was runner up to Malahide 5th Team in Class 6 of the Winter League and more recently the 2nd Team was runner up to Malahide 3rd Team in Class 3 of the Mixed League.

We have a range of Junior League boys and girls teams from Under 14 to Under 17. We are past winners of leagues at these levels and remain in contention in a number of leagues this year.



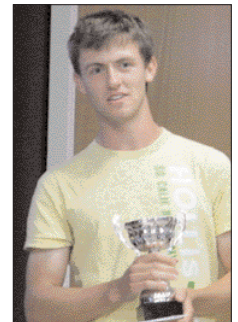
Caption to come

JUNIOR OPEN CHAMPIONSHIP

This year we celebrated the 21st Anniversary of our Junior Open Tournament. This event, established by Gill Owen (who is still the Tournament Referee) and a small band of willing helpers, has grown in stature over the years and is now one of the highlights of the Junior Open calendar, attracting entrants from all over Leinster and beyond. Unfortunately this year we were without our main sponsor and principal benefactor, Kevin Byrne, who sadly passed away the day after last year's event. A trophy in his honour was presented to the winner of the

Boy's Under 18 Singles, Brendan Dempsey.

As always we are grateful to all the local businesses which support us by placing ads in our Tournament brochure, details of whom may be found on in the club newsletter on the website.



Caption to come

NEW DEVELOPMENTS AT THE CLUB

Dun Laoghaire Rathdown County Council approved the Planning permission for the new developments at the club, including some suggestions to take account of observations received during the process to help retain the rural nature of our environment.

The development will include 8 new Junior courts (specifically designed for under 10s tennis) which will be a unique development in Ireland and will also include an additional 3 new full size courts - which will in time become the Indoor Tennis Centre at the club.

The development will be funded by our existing National Lottery Grant, by Dun Laoghaire Rathdown CC and by the club. It is hoped to get works started as soon as possible.

We would like to thank our five local councillors for their support and encouragement for the project. Together with the new developments at the bowling club, and the planned children's playground, which is part of the development, Shankill will have significantly enhanced recreation facilities.

Watch This Space

At time of going to print, the Club has a number of high profile events ongoing - the Club Championships, International Tennis Day (in conjunction with Tennis Ireland), as part of DLR Social Inclusion Week, supported by DLR Sports Partnership and the Department of Justice and Equality and Junior Club Championships. We will also be celebrating our 25th Anniversary in style!

Don't forget to visit our website at www.shankilltennisclub.com

ST. BRENDAN'S COLLEGE NEWS

WELCOME BACK

A big welcome back to all our students and their families as we begin a new school year. We especially welcome our new first year students who have settled in well and our 3rd and 6th year students as they face into their examination year. In preparation for these exams, we have organised study skills seminars for all of our examination students as well as a "Study Skills for parents" night to help the parents to understand the best way for their son's to study. We hope they all found these talks useful.

3rd LEVEL

Congratulations to all our 6th year students who graduated from St. Brendan's in June. The leaving certificate results were excellent and many of these students have now started the 3rd level course of their choice. We wish all of the class of 2011, the best of luck for the future. To help our current 6th year students to plan their future, a trip to the Higher Options Exhibition in the RDS was arranged for them in September.

COMHAIRLE NA nOG

Comhairle na nOg is about young people being included in decision making and having their voice heard. Each year they hold a "Youth Consultation Day" at which young people can say what matters to them and what the Comhairle should concentrate on for the coming year. Six students from St. Brendan's College - Nathan Johnson; Luke Carroll; Karl Murphy; Conor Bracken; Jordan Campbell and James Malone - represented the school at the convention. We thank these students for their attendance on the day and congratulate Nathan, James and Jordan who were elected on to the Bray Youth Council. The three students will receive training and will meet as a group once a month. We wish them the best of luck in this project.

RESULTS AND ACHIEVEMENTS

Sports and other extracurricular activities are a big part of life at St. Brendan's and already there has been a number of great successes.

RUGBY

Congratulations to Josh O'Rourke (6th year) who has once again been selected to play on the Leinster under 18 Rugby squad. He is currently playing in the interprovincials and has already helped Leinster towards

victories over Connaught and Ulster. This is a huge honour for Josh and we wish him the best of luck in the forthcoming matches.

ECDL

Congratulations to all of the 5th year students who received their European Computer Driving Licence (ECDL) awards recently.

GOLF

Hard luck to our senior golfers - Iain Collins, Aaron Vaughn, Niall King and David Sullivan in the Inter Schools strokeplay in Tulfarris GC. Although the team did not qualify for the knockout stages, they did finish in the top ten schools on the day. Hard luck also to the golfers on a narrow defeat in the Inter Schools Matchplay in Druids Glen.

SOCCER

Congratulations to Hugh Douglas on his selection to play for the senior UCD soccer team. The team have made an excellent start to the season and we wish them continued success.



Hugh Douglas Student of the Week

Congratulations to Ger Pender (6th Year) who has been selected to play for the Irish Schools under 18 soccer team in the upcoming inter provincial matches. We wish Ger the best of luck with this.

Congratulations to the senior soccer

team on a decisive 3 - 1 win over Presentation Bray in the first round of the Leinster Cup. Goal scorers for St. Brendan's were Hugh Douglas and Ger Pender x 2.

GAA

Well done to the 1st year Gaelic footballers on a well-deserved 4 : 4 to 2 : 10 draw with St. David's, Greystones in a match played in very windy conditions. Man of the match was Ian Kirwin. James Hanway and Stephen Cahill also played superbly for St. Brendan's.


OPEN NIGHT

The school open night held recently was a great success. There was a large turnout on the night and everyone was highly impressed with the range of activities and the standard of education which is on offer at St. Brendan's College. As a result of this, many parents have decided to enrol their son at St. Brendan's for entry during the next few years. A few places still remain so if you would like to enrol your son, please collect an application form from the school and return it as soon as possible.

TRANSITION YEAR

The Transition Year group have been very busy over the last month. Well done to all the boys for the enthusiasm and effort they have shown in the programme so far. Among the activities they have been involved in so far are:

- Trip to Delphi Adventure Centre
- Car maintenance
- Debating and Public Speaking
- Bridge lessons
- Trips to National Gallery and walks around Killiney and Bray Head



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are happy to announce the full opening of our new hair and beauty salon and nail bar in the BBQ centre, Shankill.

The salon is owned and managed by myself, Sarah Shanlland. I am a local girl who has been locally trained and am extremely excited to be opening a salon in the area.

Our full opening hours are
Monday to Saturday from 9:00am until 5:30pm
Late night opening hours on Thursday until 7:30pm

We are proud to be the only salon in the area using the very popular hair care products by



Our team is made up of six fully trained and professional staff including our hair styling team, nail technician and beauty therapist Angela Kelly, formerly of Claire Coltons, Dun Laoghaire.

We offer a range of beneficial offers to help you relax and enjoy your treatment at an affordable, competitive rate.

Discounted rates for O.A.P's, students and children from Monday through to Saturday.

"Occasions" Packages and Hair Extensions are available on request

We can offer full nail care, waxing, spray tans, massage, aromatherapy and reflexology along with many more treatments for you to choose from, you can call into us for our full list price list.

There are a few ways to look us up and keep up to date with all of our special offers:

Follow us on FACEBOOK at [Vogue Hair Design](#)

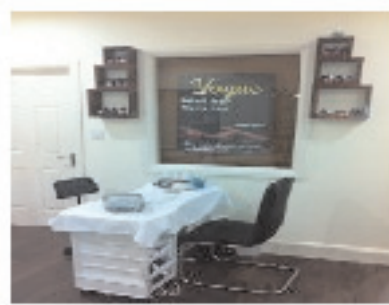
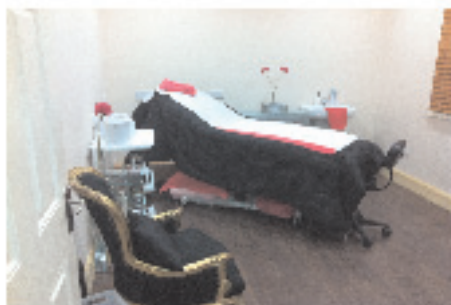
Join our mailing list via e-mail at voguehairdesign@hotmail.com

Call us on (01) 2824852 or 0862187496

via text on 086 21 87496

or

feel free to come in and introduce yourself to us here at
[Vogue Hair Design, The BBQ Centre, Shankill, County Dublin](#)



Free Parking is available on site at the BBQ Centre.

I would also like to take this opportunity to thank the staff and clients for your generous donations to our charity event day on Sunday, September 25th 2011 which was in Aid of Jenny Brady (love life) cancer treatment fund. We were very happy to have raised €550.00 for Jenny on the day.

She truly is an inspiration to us all

PLANNING APPLICATIONS

NOTICE from SCAN re PLANNING APPLICATIONS

We are aware that some of the notices about planning applications and decisions are out of date by the time you receive your SCAN but feel that our readers wish to know what is going on in their area. We would like to remind you to keep a look out for new planning notices and, if you feel that they could be of interest to you, go to the Planning Office in Dun Laoghaire-Rathdown Town Hall, Marine Road and request to see the plans.

D11A/0331 PERMISSION
GRANTED 6/9/11

Liam Gibbons, 31 Shrewsbury Road, Shankill

2 storey detached house with roof space accommodation and new vehicular entrance on site to side.

D11A/0433 SEEKING PERMISSION
14/9/11

Ian & Gillian Henderson, Rathmichael Haven, Ferndale Road, Rathmichael.

Retention of

- Basement swimming pool, sauna changing room and toilet facilities
- Ground floor kitchen rear extension
- first floor bedrooms extension
- Granite wing walls at roadside entrance.

Permission for

- Modifications to improve sight lines at entrance
- Ramped pavements to external perimeter of dwelling house
- Installation of passenger lift to serve basement, ground and first floor rooms
- Elevation alterations
- Internal modifications to make

property suitable for persons with disability

- Extensions of first floor landing
- Completion of finishes and services.

D11B/0303 SEEKING PERMISSION
14/9/11

Robert and Joy Gallagher, 15 Rathmichael Woods, Shankill.

Front porch with finishes to match existing dwelling, P/1941/10 & D10B/0315

D11B/0266 PERMISSION
GRANTED 23/9/11

Colm Doyle, DMVF Architects, Mount Carmel, 12 Aubrey Park, Shankill

Demolition of 7 sq.m. and construction of 30 sq. m. 2 storey extension to rear of detached bungalow to include first floor windows to rear and several roof lights to the sides etc.

D11A/0314 APPEAL AGAINST
REFUSAL OF PERMISSION
21/9/11

Hantise Ltd & Ashman Properties Ltd, Ballycorus Road, Kiltiernan, Dublin 18

Development of 3.64 hectares site for:

- Burial Ground on 0.42 ha.
- Crematorium
- Urn and ash burial area.
- Garden Reflection Pavilion
- Columbarium/Remembrance Walls
- Pedestrian & vehicular access from Ballycorus Road
- 76 car parking spaces
- Waste water treated on site
- Extensive landscaping

D11A/0050 APPLICATION
WITHDRAWN 30/9/11

Patricia Jackson, Rear of 205 New Vale, Shankill.

Construction of a single storey detached house, with 3 bedrooms, driveway, 2 parking spaces and new entrance gates off New Vale.

D11A/0380 PERMISSION REFUSED
29/9/11

Alex Holfield, Heronford Lane, Shankill.

Construction of single storey detached house with septic tank, percolation area, entrance gates, access avenue etc.

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Phone 408 2018 **Fax** 408 2090

Mail Dail Eireann, Dublin 2
or Department of Foreign Affairs and Trade,
80 St Stephen's Green, Dublin 2.

Website www.labour.ie

Advice Every Monday 9.30 am

Centre (except Bank Holidays)

Park House, Library Road

Dun Laoghaire

(at entrance to Rosefield's Car Park)

Local News

Dear Resident,

I am pleased to announce that the Minister of State at the Department of Transport, Tourism and Sport has announced the allocation of funding to a number of Projects in Dublin as part of the 3rd round of a Capital Grant Scheme for Local Authority backed Sports Projects. This funding is being allocated to projects which will boost participation in sport. I have listed some of them for your information.

Blackrock Park	Outdoor Exercise Equipment	€18,808
Cabinteely Park Pitch	Pitch Works	€16,929
Cabinteely Park Pitch	Pitch Drainage	€5,058
Coolavin Muga	Floodlighting	€8,308
Dunedin Park	Pitch Drainage	€2,529
Kilbogget Park	Pitch Drainage	€7,587
Shanganagh Park	Pitch Drainage	€5,058

If you need assistance with any matter, Local or National please do not hesitate to call to my Advice Centre any Monday morning (except Bank Holidays) at 9.30am, Park House, Library Road, Dun Laoghaire. I will be opening a new Constituency Office in central Dun Laoghaire soon and I will let you know the details of that new Office nearer the time. You can write to me at Dail Eireann, Dublin 2 or at the Department of Foreign Affairs and Trade, Iveagh House, 80 St Stephen's Green, Dublin 2. My contact number is 4082018/4082019; Fax: 4082090; email: eamon.gilmore@oic.ie or log onto www.labour.ie

Best wishes,



EAMON GILMORE T.D.
TANAISTE AND MINISTER FOR FOREIGN AFFAIRS AND TRADE
LABOUR PARTY LEADER



Some 27 years ago a chance meeting occurred in Shankill village between the late Chris Cuffe and our present Men's Captain, Diarmuid McAree. This meeting resulted in the idea of a tennis club for Shankill being suggested to the Corbawn Lane Residents Association. Both men were former UCD tennis players and were keen to set up a club in the area which they felt was

IF THINGS GO WRONG AND YOU NEED THE **St. Vincent de Paul**
Phone: 087 696 2785 or leave a message in St. Anne's Church

